

Mentoring and Coaching Event 2023

Wednesday 11 October 2023 | 10am – 3.15pm

Online via Zoom

“Doing do-able jobs: optimising coaching and mentoring in peer support and professional development.”

Time	Presentation
9:55am	Virtual room opens
10:00 – 10:10am	Welcome and introductions Dr Andrew Leahy, West Midlands Division Mentoring Lead, and Dr Sunil Nodiyal, Northern & Yorkshire Division Mentoring Lead
Morning Session Chair: Dr Sunil Nodiyal	
10:10 – 10:30am	Coaching, Mentoring or Supervision: Same difference? Dr Jeya Balakrishna, Associate Registrar for Coaching & Mentoring, RCPsych Finance Officer, Adult Faculty Exec; Member of LMC Consultant Psychiatrist, Defence Primary Healthcare, MOD
10:30 – 11:00am	“How will mentoring/coaching benefit me and my patients?” Dr Andrew Leahy, West Midlands Division Mentoring Lead
11:00 – 11:30am	Keynote (interview): “How coaching/mentoring influenced my life and career” Dr Billy Boland, College Trustee & Immediate Past Chair of Adult Faculty, Executive Medical Director, South West London and St George's Mental Health NHS Trust; in conversation with Dr Jeya Balakrishna
11:30 – 11:45am	Morning break
11:45am – 12:10pm	“Current climate, and barriers to seeking mentorship, or coaching” Dr Rajesh Nadkarni, Medical Director & Deputy Chief Executive Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
12:10 – 12:30pm	My experience of mentoring and coaching Dr Gwen Collin, Member RCPsych C&M Working Group ST5 Leeds Partnership NHS Trust

12:30 – 12:50pm	When to seek peer support and how to do this? Prof Bhairavi Sapre, Consultant Psychiatrist, Visiting Professor, University of Chester, North West Division Mentoring Lead
12:55 – 1:15pm	Experience of mentoring and coaching initiatives Dr Renato Merolli, SAS Rep in the LMC, SAS Psychiatrist Humber Teaching FT
1:15 – 2:00pm	Lunch break
Afternoon Session Chair: Dr Andrew Leahy	
2:00 – 2:10pm	Welcome back and intro to group work Dr Andrew Leahy and Dr Sunil Nodiyal, Divisional Mentoring Leads
2:10 – 2:30pm	Breakout rooms/group discussions: “How mentoring and/or coaching could improve your practice and how to advocate for it in job plan” Facilitated by Dr Andrew Leahy, and Dr Sunil Nodiyal, Divisional Mentoring Leads, and Dr Paul Walker, Northern & Yorkshire Division Chair
2:30 – 2:50pm	Feedback from group discussions
2:50 – 3:10pm	‘Doing what works’: sharing ideas and initiatives about coaching & mentoring across all grades and career stages. (Open discussion facilitated by event leads)
3:10 – 3:15pm	Final comments and feedback forms Dr Andrew Leahy and Dr Sunil Nodiyal
3:15pm	Close

The Conference Committee reserves the right to change the programme without prior notice.

**Please note, the main conference talks will be recorded, with the exception of the breakout rooms. The recording will be made available to all registered delegates for two months following the live event.