

Getting experience in psychiatry

Psychiatry placements

Over half of foundation doctors complete a psychiatry placement where you can:

- Gain experience and develop clinical skills of working in psychiatry
- Get involved in audits, quality improvement projects, research and teaching

What if I can't do a foundation placement in old age psychiatry?

- Organise a taster week in old age psychiatry
- Shadow the liaison psychiatry team in your local acute hospital
- Undertake a psychiatry themed audit or quality improvement project in your other placements
- Consider an 'F3' year working in a locum post as a core trainee in psychiatry
- Contact the Old Age Faculty at the College for more information, or get in touch with your local friendly old age psychiatry consultant!

What if I haven't had any experience in old age psychiatry?

You can still apply for core training.

Mental health problems and illnesses like dementia are so prominent in older people that they are often admitted to general hospitals. You're almost guaranteed to see these types of cases on your other foundation rotations.

How can I find out more about Old Age Psychiatry?

Become a Foundation Associate of the College for free and get:

- Discounted rates for the College's International Congress
- Free electronic subscription to the College's award-winning journals BJPsych, BJPsych Bulletin and BJPsych Advances
- Regular e-newsletters to keep up to date with what's happening in psychiatry and at the College
- Free events for medical students and foundation doctors
- 10% discount on RCPsych Publications
- Discounted subscription to the College's eLearning site CPD Online

For further info - www.rcpsych.ac.uk



@RCPsychOldAge

A Career in Old Age Psychiatry



"...in old age psychiatry, the teams I have worked with are the most cohesive... this is where I have seen the biopsychosocial model and teamwork, communication and mutual support really come into play."

Higher trainee in old age psychiatry

