

Royal College of Psychiatrists

Pan American

Division Newsletter



May 2017 (Issue 29)

Dear Colleagues



Dhanapal Natarajan
Chair

This month is dominated by our divisional activities during the 170th Annual Meeting of the American Psychiatric Association (APA) taking place in San Diego, between May 20th and May 24th.

We hope that you will be able to attend the networking reception for the Division which is scheduled from 5.30pm to 7.00pm, on Saturday 20th May 2017, at the Aqua Terrace, San Diego Bay Front Hotel, 1 Park Boulevard, San Diego CA92101. It will be attended by the outgoing president, Prof. Sir Simon Wessely and Dr. Wendy Burns, our president-elect. The RCPsych registrar, Dr Adrian James, the dean, Dr Kate Lovett and the treasurer, Dr Jan Falkowski, will also be in attendance. The reception will also give us the opportunity to thank our outgoing chair, Dr Natarajan, for this dedication and service to the division as he will be stepping down in June. As seen in his picture, he has already started relaxing in casual wear and cool sunglasses!



Sophia Frangou
Vice Chair

The division is also represented within the scientific program of the APA. Our symposium (Session ID: 3135) is entitled “Defining Neurobiological Correlates of Risk and Resilience to Mood and Psychotic Disorders” and is taking place on Tuesday may 23rd, at 2:00 PM–5:00 PM, in Room 28A, Upper Level, San Diego Convention Center. The symposium features presentations by Dr. Sophia Frangou, Icahn School of Medicine at Mount Sinai, Dr Mary Phillips, University of Pittsburgh and Dr. Phillip Mitchell, University of New South Wales.

We are looking forward to seeing you at the APA and we would welcome pictures and details of other activities undertaken by our members that we can feature on twitter and on the division’s website.



As always, we look forward to your thoughts and comments at panamericandivision@rcpsych.ac.uk

Dhanapal Natarajan

Sophia Frangou

Kenneth Kaufman

This and That

Job Board

The Job Board can be accessed at http://jobs.rcpsych.ac.uk/home/index.cfm?site_id=16082 The site accepts job postings from employers and allows job seekers to search for jobs and create personalized alerts based on their interests. Please note that the **postings are international** (not just UK) and include clinical and academic posts at all levels of seniority.

* **RCPsych PanAm Book club** * The book club features books (recommended by our members). The topic has to be relevant to psychiatry and neuroscience from either a scientific, literary or societal perspective. Self-nominations by authors who are college members are welcome. Please provide a brief comment for each recommendation but this is optional. Any ideas? Please send them in at panamericandivision@rcpsych.ac.uk! NB: Inclusion of a book in the PanAm Book Club does not imply endorsement or promotion by the RCPsych.

Book of the Month

The Mask of Sanity

By Jacob Appel (Permanent Press, 2017)

Recommended by Sophia Frangou: A gripping psychological portrayal of psychopathy authored by a leading psychiatrist (<http://www.jacobmappel.com/>)

Previously featured

Introduction to Syndemics: A Critical Systems Approach to Public and Community Health

By Merrill Singer (Jossey-Bass, 2009)

Head in the Cloud: Why Knowing Things Still Matters When Facts Are So Easy to Look Up

By William Poundstone (Little, Brown and Company, 2016)

Walking the Medicine Wheel: Healing Trauma & PTSD

By David Kopacz and Joseph Rael (Beautiful Painted Arrow)

Millichap Books/Pointer Oak, 2016

Re-humanizing Medicine: A Holistic Framework for Transforming Your Self, Your Practice, and the Culture of Medicine

By David Kopacz (Ayni Press, a division of John Hunt Publishing, 2014)

The Emotional Life of Your Brain

By Richard J. Davidson, Sharon Begley

Avery; Reprint edition (December 24, 2012)

Journeys into the Bright World

by Marcia Moore and Howard Alltounian (Para Research, 1978)

Freely accessible at <http://pdf.textfiles.com/books/journeysbrightworld.pdf>

The Doors of Perception

By Aldous Huxley (Harper Perennial Modern Classics 2009)

The Age of Wonder: The Romantic Generation and the Discovery of the Beauty and Terror of Science,

by Richard Holmes (HarperCollins, 2008)

Marijuana: The Unbiased Truth about the World's Most Popular Weed

By Kevin Phill (Hazelden 2015)

Algorithms to Live By: The Computer Science of Human Decisions

By Brian Christian and Tom Griffiths (Henry Holt and Co 2016)

Why You Love Music: From Mozart to Metallica--The Emotional Power of Beautiful Sounds

By John Powell (Little, Brown and Company 2016)

Introductory Textbook of Psychiatry, Sixth Edition

By Donald W. Black and Nancy C. Andreasen (APA 2014)

(Comment by Sophia Frangou: A good textbook for residents and students updated to reflect changes in the DSM5)

Sacred Pathways: The Brain's role in Religious and Mystic Experiences

By Todd Murphy; Foreword by His Holiness The Dalai Lama and A. Persinger; 2015

NeuroTribes: The Legacy of Autism and the Future of Neurodiversity

By Steve Silberman (Penguin 2015); Winner of the 2015 Samuel Johnson Prize for non-fiction

The Digital Doctor: Hope, Hype, and Harm at the Dawn of Medicine's Computer Age

By Robert Wachter (McGraw-Hill Professional 2015)

The Well-Tuned Brain: Neuroscience and the Life Well Lived

By Peter Whybrow (WW Norton & Company 2015)

The Heart and the Bottle

By Oliver Jeffers (HarperCollins Publishers 2015)

(Comment by Sophia Frangou: An unbelievably tender book that helps children understand death and loss; it is also available as an animated film read by Helena Bonham-Carter: <https://itunes.apple.com/gb/app/heart-bottle-for-ipad/id407795360?mt=8>)

Gratitude

By Oliver Sachs (Knopf 2015)

A Passion for Science: Stories of Discovery and Invention

By Suw Charman-Anderson (Editor) (Kindle ebook 2015)

Furiously Happy: A Funny Book About Horrible Things

By Jenny Lawson (Flatiron Books 2015)

Brain Renaissance: From Vesalius to Modern Neuroscience

By Marco Catani and Stefano Sandrone (Oxford University Press, 2015)

Shrinks: The Untold Story of Psychiatry

By Jeffrey A. Lieberman and Ogi Ogas (Little, Brown and Company, 2015)

The Future of the Brain: Essays by the World's Leading Neuroscientists

By Gary Marcus and Jeremy Freeman (Princeton University Press, 2014)

Drugs, Without the Hot Air

By David Nutt (UIT Cambridge, 2012)

Meeting Announcements

2017

Society of Biological Psychiatry, 72nd Annual Scientific Meeting and Convention, May 18-20, Hilton San Diego, San Diego, CA, USA

American Psychiatric Association, 170th Annual Meeting May 20-24, San Diego, CA, USA

World Federation of Societies of Biological Psychiatry, 13th World Congress of Biological Psychiatry, 18-22 June, Copenhagen, Denmark. Visit the congress website for details: <http://www.wfsbp-congress.org/welcome2017.html>

International Congress of the Royal College of Psychiatrists, June 26-29, Edinburgh International Conference Centre, UK. Visit the congress website for details: <http://www.rcpsych.ac.uk/congress>

European College of Neuropsychopharmacology, 30th Congress, September 2-5, Paris, France, Visit the congress website for details: <http://www.ecnp-congress.eu/>

Canadian Psychiatric Association, 67th Annual Conference, 14 – 16 September, Shaw Centre, Ottawa, Canada. Visit the congress website for details: <http://www.cpa-apc.org>

World Psychiatric Association, 17th WPA World Congress of Psychiatry “Psychiatry of the 21st Century: Context, Controversies and Commitment” 8-12 October, Berlin, Germany. Visit the congress website for details: <http://www.wpaberlin2017.com>

XXV World Congress Of Psychiatric Genetics, Oct 13- 17, Orlando, Florida, US, Visit the congress website for details <http://www.wcpg2017.org/>

American Academy of Child and Adolescent Psychiatry, 64th Annual Meeting, October 23-28, Marriott Wardman Park and Omni Shoreham Hotels, Washington, DC

2018

European Psychiatric Association, 26th Congress, 3-6 March, Nice, France. Visit the congress website for details: <http://www.epa-congress.org/>

Please feel free to submit information on meetings or teaching events you may be organising nationally or locally and which may be of interest to the Pan American Division members to panamericandivision@rcpsych.ac.uk