

Royal College of Psychiatrists

Pan American

Division Newsletter



April 2018 (Issue 40)



Sophia Frangou
Chair



Kenneth Kaufman
Vice-Chair



Allan Tasman
Financial Officer

Dear Colleagues

Following the recent election, we welcome to the Division [Prof. Kenneth Kaufman](#) as Vice-chair and [Prof Allan Tasman](#) as Financial Officer. [Prof. Sophia Frangou](#) will continue in her role as chair. Prof. Kaufman is well known to all the members of the Division because of his dedicated and long-standing contribution which started with his appointment as Financial Officer and most recently as Acting Vice-Chair. Prof Tasman brings with him a wealth of experience as he has previously served as president of the American Association of Directors of Psychiatric Residency Training, of the Association for Academic Psychiatry, of the American Association of Chairs of Departments of Psychiatry, of the American Psychiatric Association, of the Pacific Rim College of Psychiatrists. Together we hope that we continue to enrich the work of the Division and address the needs and aspirations of its members.

The College has a very significant presence this year at the annual meeting of the American Psychiatric Association (APA). The meeting is taking place at the Javits Center in New York city, between the 5th and 9th of May. Please mark your diaries!

Saturday May 05th, 8:00am–11:00am, Room 1A14 (First Level), Javits Center, 655 West 34th Street, New York

Session Title: Body-Behavior-Brain Interactions in Psychosis (Session ID: 2017)

Chair/presenter: Professor Sophia Frangou, (Icahn School of Medicine at Mount Sinai)

Chair/presenter: Matcheri S. Keshavan (Harvard Medical School)

Presenter: Christoph U. Correll (Donald and Barbara Zucker School of Medicine at Hofstra/Northwell)

Presenter: Professor Swaran Singh (University of Warwick, UK)

The presentations of this symposium summarize the current knowledge about the nature and prevalence of metabolic and glycemc dysregulation in psychosis, its association to medication, its effect on neuroimaging phenotypes and its implication for care planning and service provision.

Sunday 6th May, 14:00 -15:00, Olmstead Room (7th floor), Marriott Marquis Hotel, 1535 Broadway, New York Reception: Pathways to Excellence

The College is hosting this reception which is included in the official program of the APA. This is a new initiative for the College and the Division. It aims (a) to promote and showcase the excellent work of the College in service development and education, and (b) facilitate networking between US-UK clinicians and academics. This year the reception will feature the [Neuroscience Project](#), as an exemplar of pathways to excellence in education, and the College's guidance on [Standards on Early Intervention in Psychosis Services](#), as an exemplar of the College's contribution to improving the standards of care.

We are looking forward to seeing you at the APA!

Sophia Frangou

Kenneth Kaufman

Allan Tasman

This and That

✳️Job Board✳️

The Job Board can be accessed at http://jobs.rcpsych.ac.uk/home/index.cfm?site_id=16082 The site accepts job postings from employers and allows job seekers to search for jobs and create personalized alerts based on their interests. Please note that the **postings are international** (not just UK) and include clinical and academic posts at all levels of seniority.

✳️ **RCPsych PanAm Book club** ✳️ The book club features books (recommended by our members). The topic has to be relevant to psychiatry and neuroscience from either a scientific, literary or societal perspective. Self-nominations by authors who are college members are welcome. Please provide a brief comment for each recommendation but this is optional. Any ideas? Please send them in at panamericandivision@rcpsych.ac.uk! NB: Inclusion of a book in the PanAm Book Club does not imply endorsement or promotion by the RCPsych.

Book of the Month

Soul Made Flesh: The Discovery of the Brain--and How it Changed the World

By Carl Zimmer (Atria Books; Reprint edition, 2005)

Previously featured

Dreamland: The True Tale of America's Opiate Epidemic

By Sam Quinones (Bloomsbury Press; Reprint edition 2016)

Behave: The Biology of Humans at Our Best and Worst

By Robert M. Sapolsky (Penguin Press, 2017)

Against empathy: A case for rational compassion

By Paul Bloom (HarperCollins, 2016)

The Unity-Based Family: An Empirical Study of Healthy Marriage, Family, and Parenting

By HB Danesh and Azin Nasserri (Cambridge Scholars Publishing, 2017)

Brain Apps: Hacking Neuroscience To Get There

RG Best and JM Best (Booklocker.com, 2017)

The Grey Zone: A Neuroscientist Explores Border Between Life And Death

By Adrian Owen (Scribner, 2017)

When Breath Becomes Air

By Paul Kalanithi (Random House, 2016)

Brainwashed: The Seductive Appeal of Mindless Neuroscience

By Sally Satel, Scott O. Lilienfeld (Basic Books, 2015)

The Ministry of Utmost Happiness

By Arundhati Roy (Knopf, 2017)

For all of you who love India and "The God of Small Things"

The Mask of Sanity

By Jacob Appel (Permanent Press, 2017)

Introduction to Syndemics: A Critical Systems Approach to Public and Community Health

By Merrill Singer (Jossey-Bass, 2009)

Head in the Cloud: Why Knowing Things Still Matters When Facts Are So Easy to Look Up

By William Poundstone (Little, Brown and Company, 2016)

Walking the Medicine Wheel: Healing Trauma & PTSD

By David Kopacz and Joseph Rael (Beautiful Painted Arrow)

Millichap Books/Pointer Oak, 2016

Re-humanizing Medicine: A Holistic Framework for Transforming Your Self, Your Practice, and the Culture of Medicine

By David Kopacz (Ayni Press, a division of John Hunt Publishing, 2014)

The Emotional Life of Your Brain

By Richard J. Davidson, Sharon Begley

Avery; Reprint edition (December 24, 2012)

Journeys into the Bright World

by Marcia Moore and Howard Alltounian (Para Research, 1978)

Freely accessible at <http://pdf.textfiles.com/books/journeysbrightworld.pdf>

The Doors of Perception

By Aldous Huxley (Harper Perennial Modern Classics 2009)

The Age of Wonder: The Romantic Generation and the Discovery of the Beauty and Terror of Science

by Richard Holmes (HarperCollins, 2008)

Marijuana: The Unbiased Truth about the World's Most Popular Weed

By Kevin Phill (Hazelden 2015)

Algorithms to Live By: The Computer Science of Human Decisions

By Brian Christian and Tom Griffiths (Henry Holt and Co 2016)

Why You Love Music: From Mozart to Metallica--The Emotional Power of Beautiful Sounds

By John Powell (Little, Brown and Company 2016)

Introductory Textbook of Psychiatry, Sixth Edition

By Donald W. Black and Nancy C. Andreasen (APA 2014)

(Comment by Sophia Frangou: A good textbook for residents and students updated to reflect changes in the DSM5)

Sacred Pathways: The Brain's role in Religious and Mystic Experiences

By Todd Murphy; Foreword by His Holiness The Dalai Lama and A. Persinger; 2015

NeuroTribes: The Legacy of Autism and the Future of Neurodiversity

By Steve Silberman (Penguin 2015); Winner of the 2015 Samuel Johnson Prize for non-fiction

The Digital Doctor: Hope, Hype, and Harm at the Dawn of Medicine's Computer Age

By Robert Wachter (McGraw-Hill Professional 2015)

The Well-Tuned Brain: Neuroscience and the Life Well Lived

By Peter Whybrow (WW Norton & Company 2015)

The Heart and the Bottle

By Oliver Jeffers (HarperCollins Publishers 2015)

(Comment by Sophia Frangou: An unbelievably tender book that helps children understand death and loss; it is also available as an animated film read by Helena Bonham-Carter:

<https://itunes.apple.com/gb/app/heart-bottle-for-ipad/id407795360?mt=8>)

Gratitude

By Oliver Sachs (Knopf 2015)

A Passion for Science: Stories of Discovery and Invention

By Suw Charman-Anderson (Editor) (Kindle ebook 2015)

Furiously Happy: A Funny Book About Horrible Things

By Jenny Lawson (Flatiron Books 2015)

Brain Renaissance: From Vesalius to Modern Neuroscience

By Marco Catani and Stefano Sandrone (Oxford University Press, 2015)

Shrinks: The Untold Story of Psychiatry

By Jeffrey A. Lieberman and Ogi Ogas (Little, Brown and Company, 2015)

The Future of the Brain: Essays by the World's Leading Neuroscientists

By Gary Marcus and Jeremy Freeman (Princeton University Press, 2014)

Drugs, Without the Hot Air

By David Nutt (UIT Cambridge, 2012)

Meeting Announcements

2018

XXXIII Argentine Congress of Psychiatry, 18-21 April, City of Mar del Plata, Argentina
Visit the congress website for details: www.apsa.org.ar

American Psychiatric Association, 171st Annual Meeting, May 5-9, New York, NY, USA

Society of Biological Psychiatry, 73rd Annual Scientific Meeting and Convention, May 10-12, Hilton New York, New York, NY, USA. Visit the congress website for details:
https://sobp.societyconference.com/conf_website/c29icC5zb2NpZXR5Y29uZmVyZ/

International Congress of the Royal College of Psychiatrists, June 24-27, Birmingham, ICC Birmingham, UK. Visit the congress website for details:

<http://www.rcpsych.ac.uk/congress>

Canadian Psychiatric Association, 68th Annual Conference, Sep 27 - 29, Westin Harbour Castle Hotel, Toronto, Canada. Visit the congress website for details: <http://www.cpa-apc.org>

European College of Neuropsychopharmacology, 31st Congress, October 6-9, Barcelona, Spain, Visit the congress website for details: <http://www.ecnp-congress.eu/>

XXVI World Congress Of Psychiatric Genetics, Oct 11- 15, Glasgow, Scotland, Visit the congress website for details <http://www.wcpg2018.org/>

American Academy of Child and Adolescent Psychiatry, 65th Annual Meeting, October 22-27, Washington State Convention Center and Sheraton Seattle, Seattle, WA

Please feel free to submit information on meetings or teaching events you may be organising nationally or locally and which may be of interest to the Pan American Division members to panamericandivision@rcpsych.ac.uk