

## **AFPSIG Exec Face-Face meeting, RCPsych - 23 June 2017**

### **Attendance**

Present: Heidi Hales, David Kingsley, Cesar Lengua, Enys Delmage, Alixe Lewis, Suzanne Coghlan, Richard Church, Ollie White (by phone)

Other Exec Members: Waleed Ahmed, Ernest Gralton, Laxmi Kathuria, Nick Hindley, Catherine Mangan

### **Review of this year**

#### ***Changes to Exec***

Ollie has now completed his term in office as financial officer – many thanks for all your hard work. David Kingsley has now taken over as financial officer – welcome. This is a 4year term.

Enys is moving to New Zealand. He is currently the Independent Sector rep which can be advertised to the SIG to be involved. We agreed to coopt Enys back as an international rep. We need to advertise out for a new Independent sector rep, which is likely to be from the low secure / PICU networks.

#### ***Membership of NHS bodies***

CAMHS CRG – Enys Delmage, David Kinglsey, Tina Irani, Nick Hindley (for all regions – there is a secure and non secure rep = 2x4 clinicians on the CRG)

FCAMHS CAG – chair is Ollie White

Health and Justice CRG – rep for adolescent is Alixe Lewis

Medium Secure Network – lead is Mayura

Low Secure Network – lead – not yet known

Prison Mental Health Services Quality Network – rep Alixe Lewis

EFCAP - link is Richard Church

#### ***CAMHS CRG feedback – Enys / David***

The service specs for low and medium secure were discussed. PICUs were also discussed, with a maximum length of stay of 8 weeks, with a referral at 6 weeks to a low secure.

There is now a low secure network – the lead role was advertised but we are not aware of who got this post.

Of note, the jobs programme for the CRG was sent for ratification to the DoH and was sent back with some things removed. NHS England fund the CRGs and therefore have final say on the agenda.

#### ***H&J CRG feedback – Alixe***

Alixé is the only adolescent forensic rep and the CRG is mainly primary care, addictions and pharmacy. From this meeting, there is a recommendation to meet with Andy Cosgrove as CAMHS CRG chair in order to build up links.

The Royal Pharmaceutical Society have a rep on the H&J CRG which is adult focussed. They have invited Alixe to discuss this further in terms of implications for those in secure services for young people.

Ollie noted that he fedback to the forensic faculty on Wednesday that there is little adolescent forensic input into the H&J CRG.

### **PMHSQN – Alixe**

These were initially written to for adult prison services and Royal College of Psychiatry peer review of prison health services. It is planned to be a yearly audit. It has now been agreed that any peer review will include an adolescent forensic clinician on the team. However, as we are commissioned against College standards, which are about to be reviewed, it is important to be mindful of this.

### **QNIC standards – David / Enys**

David and Enys have been involved in redrafting the QNIC standards for secure hospitals for young people.

### **Finances**

Current balance £4791

Income from conference £4950 & Cost is conference £3169. Therefore surplus was £1781. We donated £500 to EFCAP.

### **AFPSIG annual day conference**

This was the second year our conference was arranged by CALC and it has been more successful in terms of advertising and less stressful in terms of arranging.

Full cost tickets were £95. 80 people attended with 58 paying. We provided some assisted places. Income generation was £1781.

### **Consultations – Consultation Group - David / Enys / Cesar and Heidi**

We have not made so many consultations as the processes have changed slightly within the college with a more collegiate response joining faculties. We have however contributed to:

Council of Europe Visit – Prevention of Torture and Inhuman/Degrading Treatment or Punishment
Minimal Age of Criminal Responsibility in Scotland
Lammy Review - BAME representation in the Criminal Justice System
Prisons Reform & Courts Bill
NICE quality Standards
CR174 – Safe patients

A BMA ethics document about working with young people in segregation / isolation in prisons has been circulated for consultation, when sent around to the AFPSIG exec prior to this meeting, Nick Hindley suggested that it be shared with the CRG/ CAG – therefore one recommendation from our SIG is for the BMA to consider sharing with the secure CAG. Alixe and Heidi will prepare a SIG response. This has also been shared with the informal

clinicians working in secure care network and discussed this morning. For a response from clinicians working within the secure estate; a response will be sent from that group too.

### **Updates**

#### *EFCAP – Richard Church*

Many countries are developing their own EFCAP – and EFCAP acknowledge that AFPSIG is the UK group. Nick Hindley was our rep on the advisory board but has stepped down; it is for AFPSIG to nominate his successor. Richard Church is an ‘officer’ as part of the executive. We agreed to nominate Richard to be on the advisory board. Next congress is in Venice May 2018. Of note, CAPMH journal are making an open access journal on adolescent forensic with a fee, deadline 30.6.17. On discussion we noted it was important to maintain a link with EFCAP and therefore agreed to continue to pay £500 into EFCAP.

#### *Peter Misch sent his apologies and gave feedback*

He has sent information out about a PREVENT and counter terrorism conference he attended and one planned in the UK.

#### *CAMHS faculty feedback – Cesar*

The new chair for the CAP Exec is Dr Dubicka. CAMHS faculty is a very active faculty and it had the following work streams in 2016:

- Prevent (Cesar Lengua)
- Public Mental Health (Mike Shaw)
- Service Models and revision of CR182 (Andrew Hill-Smith)
- Professional support for trainees and consultants (Helen Rayner)
- CAMHS currency testing steering group/data sets (Madhav Rao, David Foreman)
- When and when not to admit children and young people (Bernadka Dubicka)

The following priorities have been identified for 2017:

- Promoting specialist CAMHS and the role of CAP
- Recruitment and retention
- Schools

Leads will be assigned in due course

Kathryn Pugh & Andy Cosgrove presented on Specialist CAMHS at the strategy meeting in January 2017.

#### *Forensic faculty feedback – Ollie*

Professor Pamela Taylor is the current chair. The Queens speech included the Conservative pledge to redevelop the Mental Health legislation and the College are preparing a response and considering their position regarding potential revisions. Ollie is directly involved with this work via the Forensic Faculty Exec. It will be important to consider any revision in relation to young people.

The Royal College document CR174: Safe Patients, Quality Services is currently under revision. This outlines the roles of psychiatrists in each subspecialty. Ollie, Cesar and Heidi have reviewed this on behalf of the AFPSIG and added in adolescent forensic psychiatry roles into both the Forensic and Child & Adolescent sections. The CR174 revisions have been discussed in both forensic and CAMHS faculty meetings.

#### *Independent Sector – Enys*

Development of the low secure network is in development. The issue of research is being discussed more and this may happen more across the low secure network. David is meeting with David James about a CRG research group for service based research.

### *Trainee update – Suzanne*

Suzanne's dual training post in Oxford will be available in coming year or so- she is due to finish in early 2018.

There are other 5year posts in Wessex and Yorkshire (appointed to start February 2016). In some recent interviews for dual training posts, no one was appointed to the posts as the applicants did not meet the required standard.

Some FCAMHS service development in Dublin and Belfast. We noted that, with the development of forensic CAMHS, there will be a sudden demand for more adolescent forensic psychiatrists. CAMHS schemes may be attracted to coupling to forensic numbers.

### **Newsletter**

We have prepared and sent out 3 newsletters. Thank you Waleed for all the hard work. The next one is due in July – please can we have contributions.

### **Feedback from Membership**

Only 4 responses from the questionnaire sent out on Survey Monkey to members of SIG and attendees at the conference. This may have been because some Trusts do not allow Survey Monkey. It was noted that a feedback questionnaire can be requested before we send out certificates at any conference we hold.

### **Plans for Next Year**

#### **Conference**

Likely date will be March next year.

Suggestions of topics for topics:

- Fitness to Plead & Effective Participation - but concern that we have covered some of this 2 years ago. There was a Lord Chief Justice made a practice direction about young people in court which was very helpful. This has been pared back over the years, with a revisit in 2014 and 2016. It may be helpful for AFPSIG to send a response to the directions, though not invited.
- PREVENT and Counter Terrorism – topical and lots being presented already – but often not young person focussed and so a day focussing on young people within health, education and safeguarding – are there known pathways into radicalisation?
- Cyber security and young people
- Problems mental staff have working in institutions
- Can join - Ethical issues in managing risks in young people – ethics of seg and PREVENT
- Risk and placement in least restrictive options – 'Managing risk, patient rights and least restrictive options'

### **Annual Plans**

Next day conference in March at RCPsych – we need to finalise topic

To try to plan a masterclass in Effective Participation in September

To continue to pay £500 EFCAP as this keeps the links

To continue to link into student and junior psychiatry conferences to highlight increasing jobs becoming available in adolescent forensic psychiatry

### **Jobs to do**

Advertise within SIG for Independent Sector Rep to replace Enys - Heidi

Heidi to find room for day conference – end of March - Heidi

Enys will send out the Effective Participation directions and ask for exec input – and then coordinate a response – Enys

To plan a masterclass about effective participation for September one evening in RCPsych – Enys / Heidi / Cesar (can ask about video conference)

Next Face to face AFSIG Exec meeting

Friday 15<sup>th</sup> June 2018, 1-3pm. Royal College of Psychiatry