

**Annual study day - A Stolen Childhood :
Gangs and Grooming**



AFPSIG Exec Meeting Minutes - March 2018



AUTUMN 2018 NEWSLETTER

ADOLESCENT FORENSIC PSYCHIATRY SPECIAL INTEREST GROUP



DEAR ALL AFPSIG MEMBERS

HEIDI HALES, AFPSIG CHAIR,
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Apologies for the absence of a newsletter for a year. We had hoped to produce a quarterly newsletter; this was clearly delusional optimism! Time flies when you are having fun - or perhaps working hard. So much has happened over the last year. In October, Enys Delmage, our exec independent sector rep, left for the hills and mountains of New Zealand. His swan song was to arrange our first free evening seminar, at the College, on the age of criminal responsibility. It was a great evening, well attended and educational. His summary is in this newsletter. Thank you Enys for that evening and all your work for adolescent secure services here. He remains in the exec as our international rep. Paul Monks has taken over as independent rep on the exec. We have also said 'hast luego' to Cesar Lengua, who retired near Christmas. He has done so much work for adolescents in secure, that it is hard to know where to start. More recently Cesar has been the lead organiser of our consultation group and the SIG exec rep on the child and adolescent faculty, but he has held so many roles before. Thank you Cesar. But as I see Cesar's name crop up here and there I know that his knowledge is not lost and he continues to contribute to thinking about how we provide services in this country. David Kingsley has stepped into the role of our rep at the child and adolescent faculty and is very active in highlighting the needs of young people in secure there.

Over the last year I have been reflecting on how we can effect change. It seems to me that it is important for clinicians to work for this from within and without - with clinicians being embedded within services working towards improving our services and our College and others campaigning for the side. Both are important. The work of AFPSIG and its members this year are great examples. Oliver White, in his role as rep onto the forensic faculty had been involved in their input into discussions on future revisions to the mental health act, holding the voice of detained young people. Alixe Lewis, as prison sector rep, is offering a clinician's voice into NHSE specialist commissioning and the MoJ, working towards further improvement of custodial services and healthcare input for young people in the secure estate. Tina Irani has been our AFPSIG representative in the review/ update of the Healthcare Standards for Children and Young People In Secure Settings, a piece of work commissioned by NHSE and led by The Royal College of Paediatrics and Child Health. Our SIG, with the support of the forensic faculty, has linked with the BMA and Royal College of Paediatrics and Child Health, to call for a ban on children or young people being held in conditions of, de facto, solitary confinement (defined as more than 22hours without meaningful human contact). The joint statement was presented at Westminster with the support of several members of Parliament in April. There is now a review by the Joint Human Rights Committee. into solitary confinement and restraint for young people in all secure settings. This was one of the most challenging topics to come consensus on but we succeeded and we submitted an AFPSIG

EXECUTIVE COMMITTEE

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PAUL MONKS	INDEPENDENT SECTOR

response.

There have been several new major health initiatives. SECURE STAIRS is a major new initiative to provide trauma informed, psychologically lead services embedded into and implemented by staff in non hospital secure services for young people. The aim is for individual care plans for all young people and could be transformative to the care offered across all services. Alongside implementation there is evaluation over 3 years - so watch this space. There are also on going rumours about where the first secure school may be, what it will look like and, indeed, how the juvenile justice estate will change over the next few years.

Forensic CAMHS has been rolled out across the England with staggered 'go live' dates. This service, too, is being evaluated over 3 years. Well done Nick for all your work in this area.

There are clinical networks embedded within the implementation of both SECURE STAIRS and FCAMHS. We also now have a supportive low secure clinical network working alongside the medium secure clinical network. In England we all should be connected. There are also many exciting developments in our other home countries. Within AFPSIG we hope to continue task to support and integrate our colleagues all of our home countries and those spread far and wide. We continue to contribute an annual contribution to EFCAP and Richard Church represents us on their board. They have an annual conference well worth attending; we get reduced fees in view of the College contribution.

We have had discussions in our executive about how we respond to consultations. When we were a young group one person responded to consultation requests, this developed into a group that had an open invitation, now all members of the exec are informed of all requests. If you would like to be involved - please email.

In fact, there are many opportunities to become involved including helping us respond to consultations, arranging our annual study day, doing an evening seminar on your expertise and joining the exec. We still have an AFPSIG meeting at the child and adolescent and forensic faculty meetings and the Exec meet in June / July to agree plans for the following year. Minutes of this meeting are put in the AFPSIG college webpage. We are open to new ideas and fresh enthusiasm. COME JOIN US.

Finally, we have our annual study day on Monday 19th November - **A Stolen Childhood: Gangs and Grooming**. We have a great line up of clinical, police, government and academic speakers and an opportunity in the afternoon to discuss and debate with the experts. See the link above to the webpage for the provisional programme and how to book



ADOLESCENT FORENSIC SPECIAL INTEREST SESSION: TO PLEAD OR NOT TO PLEAD – 21.09.17

ENYS DELMAGE
CONSULTANT ADOLESCENT FORENSIC PSYCHIATRIST

The AFPSIG were delighted to be able to host and facilitate an evening session considering the Practice Directions and their impact on young defendants. The panel consisted of Professor Eileen Vizard CBE, Consultant Child and Adolescent Psychiatrist and honorary senior lecturer at UCL Great Ormond Street Institute of Child Health, Shauneen Lambe (Joint Chief Executive Officer at Just For Kids Law, barrister in the UK and attorney in the USA, Dr. Laura Janes, Legal Director and legal consultant at the Howard League for Penal Reform and Dr. Enys Delmage, Consultant in Adolescent Forensic Psychiatry.

Dr. Hales introduced the event and Dr. Delmage presented some slides in relation to the concepts of fitness to plead in Crown Courts, the absence of statutory processes for fitness to plead in summary courts (i.e youth and magistrates' courts) and the distinctions between fitness to plead and effective participation. This was summarised in the

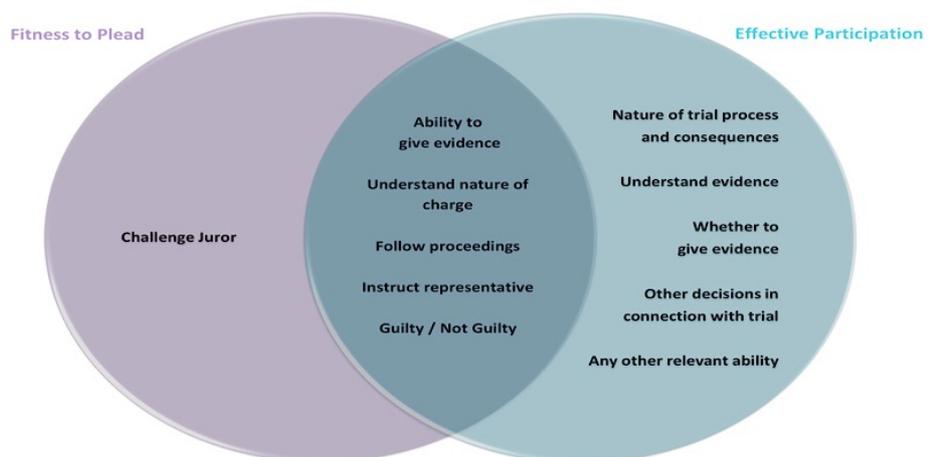


diagram below.

The panel went on to discuss the role of the various potential court adaptations, and the extent to which they can truly be said to increase an individual's ability to effectively participate, and also considered the role of the intermediary in this context. We finally discussed the law commission's recommendations in relation to unfitness to plead, and the minimum age of criminal responsibility, with lots of comments from the audience who had evidently had experience of working with young defendants in court. Afterwards we stayed behind for drinks and further discussion – the success of the event will drive consideration of a future event in the north of England.



NORTHERN IRELAND UPDATE

PHIL ANDERSON

CONSULTANT FORENSIC PSYCHIATRIST

FORENSIC CHILD AND ADOLESCENT MENTAL HEALTH SERVICE FOR NORTHERN IRELAND

The Forensic Child and Adolescent Mental Health Service for Northern Ireland [FCAMHS:NI] has been undergoing a review of the service structure in terms of In-Reach CAMHS to the regional juvenile custody facility and Community FCAMHS. This has been in particular context of the appointment of a Consultant Psychiatrist and a full multidisciplinary team compliment. The service has previously provided a consultation model and is in the process of moving to include the provision of shared clinical responsibility as per NHS England specifications. We are in a process of consulting our stakeholders about this development and how we can provide this service on a regional and equitable basis. There is a joint ministerial review on the regional secure care and juvenile custody facilities awaited. This has been delayed due to the current political difficulties in Northern Ireland. To some extent, further service developments including In-Reach into secure care will be difficult to progress until this review has been published.

*We would love to hear from you! Email feedback, suggestions, and articles to Heidi (heidi.hales@nhs.net) or
Waleed (waleedahmed@nhs.net)*