

DIGITAL PSYCHIATRY SPECIAL INTEREST GROUP



SPECIAL INTEREST GROUP PROPOSAL

SIG NAME: DIGITAL SPECIAL INTEREST GROUP

REPRESENTS:

We believe that it is important that the Royal College and our profession provide evidence-based leadership within the field of mental health and technology.

This SIG offers a visible and positive representation of the College, by combining professional expertise and cultural awareness in the field, to further strengthen the College's profile as a progressive organisation and the interests of College members in the transformation of clinical practice and culture by digital technology.

It will be of interest to:

- College members across all nations and faculties who have an interest in how technology can be used as a tool to shape psychiatric practice.
- Psychiatry trainees and medical students with an interest in digital mental health

AIMS:

The SIG will primarily focus on four areas: technology in clinical practice, research insights, educational opportunities and community building.

Technology in clinical practice

We will provide opportunities for clinicians to share their experiences of technology in their clinical practice and how this can be optimised. We will also provide opportunities for clinicians to learn about governance and will act to promote digital transformation across mental health services in order to improve clinical care.

Technology and Digital Mental Health- Research insights

We will provide clinically relevant opportunities for members to learn about digital psychiatry innovations in mental health both within the UK and internationally. This will include discussion regarding novel diagnostic and therapeutic developments in mental health.

Technology and Digital Mental Health- Educational opportunities

We will work alongside medical schools to encourage medical students to learn more about the emerging field of Psychiatry through promoting and teaching about digital solutions and innovations. This would include hosting events such as Hackathons.

Technology and Digital Mental Health- Community

We will provide a hub for all psychiatrists, trainee doctors and medical students across the UK interested in digital psychiatry. We aim to encourage networking (including with other key MDT profession groups) through events, education and joint research).

OUTPUTS:

- Annual meeting for SIG members with a socially relevant theme of interest (e.g. behavioural addiction and gaming, social media and mental health etc) including Hackathon/ideathon for SIG members, trainees and medical students.
- Contribution to best practice guidance for clinicians relating to incorporation of digital technologies in the delivery of mental healthcare.
- Contributing to and creation of educational materials eg. CPD modules
- To collate and update a list of educational resources for those wishing to enhance their skills and knowledge of digital mental health.
- Producing an e-newsletter for members of SIG
- A social media presence for the SIG to generate member interest
- Supporting contribution to position statements and media representation and engagement in relation to digital mental health.

EXECUTIVE:

Co-Chair: David Rigby, Specialty Registrar in General and Older Adult Psychiatry, East London NHS Foundation Trust

Co-chair: Romaine Gad el Rab, Speciality Registrar in General Adult Psychiatry, South London and Maudsley NHS Foundation Trust, Creative Producer at Hyphen-Labs.

Treasurer: Alex Till, Specialty Registrar in Forensic Psychiatry, Health Education North West.

Other members of the executive:

Stephen Kaar, Speciality Registrar in General Adult Psychiatry with Subspeciality in Addictions. South London and Maudsley NHS Trust. Trustee of Gaming the Mind.

Shivani Patel, Specialty Registrar in Child and Adolescent Psychiatry, South London and Maudsley NHS Trust.

Giri Madhavan, Consultant Psychiatrist, Coventry and Warwickshire Partnership NHS Trust

Frances Debell, Core Trainee in General Adult Psychiatry, South London and Maudsley NHS Foundation Trust, Trustee Gaming the Mind.

Peter MacRae, Consultant Adult Psychiatrist, East London NHS Foundation Trust.

Sandeep Mathews, Consultant Forensic Psychiatrist, Greater Manchester Mental Health NHS Foundation Trust.

Ayesha Rahim, Consultant Psychiatrist, Chief Clinical Information Officer, Lancashire & South Cumbria NHS Foundation Trust

Donald Servant, Consultant Forensic Psychiatrist, West London NHS Trust. Trustee of Gaming the Mind.

Sachin Shah, Speciality Registrar, South West London & St George's Mental Health NHS Trust. Trustee Gaming the Mind.

Panchu Xavier, Deputy Medical Director for Quality & Patient Safety, Mersey Care NHS Foundation Trust.

Mariana Pinto Da Costa, Consultant Psychiatrist East London NHS Foundation Trust, Doctoral Research Fellow at Queen Mary University of London

Pranveer Singh, Consultant Psychiatrist, Essex Partnership University Foundation NHS Trust

Kapil Bakshi, Consultant Psychiatrist and Deputy Medical Director, Norfolk and Suffolk NHS Foundation Trust

OTHER STRATEGIC LINKS:

- RCPsych Informatics Committee (who have been involved in development of this proposal)
- European and International links E.g. APA Mental Health Innovation Zone and APA Committee on Telepsychiatry
- Registered charities in England, Scotland, Wales and Northern Ireland (for example Mind, Scottish Association for Mental Health, Hafal, Gaming the Mind, HackMentalHealth and others)
- UKIE (The UK trade body for the games and interactive entertainment industry)
- British Psychological Association- Cyberpsychology section
- Research bodies E.g. Health Innovation Network