**Agenda for EPSIG Executive Committee 7pm 18 April 2023**

**Via MS Teams**

1. Welcome to all attendees but especially to 2 new EC members: Reem Abed, new coopted member and Elena Titova-Chaudhry Psychiatric Trainee Committee (PTC) rep on EPSIG; and to note any apologies for absence (Paul St John-Smith, PSJS)
2. Chair’s report/remarks (PSJS)
3. Financial Report (Riadh Abed, RA)
4. Feedback from 5th EP International Symposium 10 March 2022 (verbal, and formal feedback sent previously) (ALL) and forward planning for:
   1. AGM 2023, Friday 8 September followed by webinar by Derek Tracy (RA, PSJS and all)
   2. Events 2023 and 24 (ALL)
5. Feedback from the Trainee Workshop on 27 January 2023 (See appendix 1 & 2, below) (Tom Carpenter and (RA)).
6. Engagement with medical schools and medical students on undergrad education on evolution (Feedback by Reem Abed)
7. Charles Darwin essay prize for trainees update (Annie Swanepoel (AS) and panel)
8. Report by newsletter editor (AS)
9. Progress on evolutionary educational podcast on RCPsych website (Geoff Lawrence-Smith)
10. Proposals for collaboration with Cambridge University and Lessons from their Evolutionary Medicine/Psychology Teaching Program (Nikhil Chaudhary).
11. Revinew from YouTube channel advertising (Adam Hunt).
12. Updates on Collaboration with EP section at WPA and Irish EPSIG (RA)
13. AOB including suggestions/ideas and date of next meeting (All)

**Appendix 1**

**Program for EPSIG Trainee Engagement Workshop 27 January 2023**

**Royal College of Psychiatrists, London**

10 am Welcome, outline of for the day and Introductions (Riadh Abed and everyone) 30 minutes

10:30-11:00 How Can the Evolutionary Perspective Help Psychiatric Trainees? (Tom Carpenter) 30 minutes

111:00 -11:130 Mismatch as a Central Concept in Evolutionary Medicine: What Does it Mean and Why is it Important? (Riadh Abed) 30 minutes

11:30-11:45 coffee/tea break

11:45-12:30 Breakout groups to discuss the relevance of mismatch to various psychiatric disorders followed by feedback to the whole group 45-60 minutes

12:30-13:15: Lunch

13:15-14:00 Evolutionary Perspectives on Substance Misuse and Addictions (Paul St John-Smith) 45 minutes

14:00-14:30 The Irish Experience of Setting up the Evolutionary Psychiatry SIG: Lessons, Plans, Scope for Collaboration etc. (Henry O’Connell) 30 minutes

14:30-15:00 The Turkish Experience of forming an Evolutionary Psychiatry Group. Muzaffer Kaser (30 minutes)

15:00-15:15 coffee/tea break

15:1516:30 Breakout groups to discuss improving Trainee Engagement in the work of EPSIG/Future Directions to promote evolutionary thinking and education followed by Plenary Session, feedback and Action Plan Formulation (75-90 minutes)

Open discussion followed by closing remarks

5 pm Close

**Appendix 2**

The conclusions from the Trainee Engagement Workshop 27 January:

1. To make this workshop into an annual EPSIG event and was agreed that I book a room at the college for a Friday at the end of February 2024 (depending on availability).
2. To form an EPSIG Core Trainee Group which can become an ‘EPSIG Trainee Executive Committee’ with Tom as chair and Geoff as consultant representative on it. A suggestion of 5 trainee members was mentioned but this is not written in stone. The group will be tasked with proposing an outline program for the next workshop in 2024 and submitting this to the EPSIG EC. It is open to the group to consult with the officers of EPSIG (chair and finance officer) at any time via email regarding any of these matters.
3. To convert the existing WhatsApp group to an EPSIG Trainee Engagement group and include all interested trainees as well as the EPSIG officers, Geoff and Henry. This will be open to all trainees interested in evolution and psychiatry in UK and Ireland.
4. Trainees will try to get evolutionary topics on their Trusts’ CPD program as far as possible.
5. We will continue to welcome interested trainees who wish to participate from the continent (provided we are not overwhelmed by numbers, which seems unlikely at present).