

Rainbow LGBTQ+ SIG: Annual Report to Council 2022

The Sexuality and Gender Diversity Special Interest Group

Activities:

This year saw the SIG to work closely with the College on the survey to understand LGBTQ+ psychiatrists' experience of discrimination, bullying or harassment in the UK- this work generated several meetings for ongoing collaboration with SIG and College members, the College EDI leads, and various stakeholders.

During 2022 the Rainbow LGBTQ+ SIG has held the following meetings/events:

Date	Venue/Location	Subject/purpose of meeting/nos of attendees
04.02.2022	Online	Working with Transgender Patients- SIG exec Dr Elinor Hynes chaired the session. 80 attendees (Divisional event)
09.06.2022	Online	'Bringing your whole self to work'- SIG exec and finance Officer Dr Josep Vilanova chaired the session. 227 attendees (free member webinar)
23.06.2022	In person, RCPsych IC, Edinburgh	Informal annual meeting of members to collate ideas and plans for future activities. The meeting was also joined by EDI presidential leads Dr Lade Smith and Dr Raj Mohan and was well attended Approx. 35 attendees (the highest number for an SIG drop-in at Congress this year).
26 and 27 May 2022	RCPsych	Dr Josep Vilanova attended panel discussion in PTC conference 120 attendees.

29.07.2022	Online and in-person- AGM	SIG AGM meeting- this was one of the first hybrid meetings. Report submitted. 17 attendees
01.10.2022	In-person	BIPA conference- Dr Pavan Joshi and Dr Jahagirdar led the workshop- LGBT mental health- our patients and us.
23.11.2022	Online	CCQI- EDI event- Dr Elinor Hynes led a session
25.11.2022	Online- Teams	Annual Joint SIG Meeting with RCPsych- Chaired by Dr Trudi Seneviratne
Throughout 2022	Virtual	<ul style="list-style-type: none"> • Executive committee meetings attended by majority of committee members • Meetings with College EDI lead and College teams on LGBT matters.

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Background

In February 2001 a Special Interest Group in Gay and Lesbian Mental Health was established in the College to promote discussion and research, provide expertise within the College and contribute to education. The group subsequently extended its remit to include Gender diversity and mental health.

We have 1,700 members as of December 2022. The Group's current aims are to:

- promote and research the mental health of LGBTQ+ people
- promote training for all mental health professionals regarding the mental health of LGBTQ+ people
- support and advocate for LGBTQ+ mental health professionals
- advise on local and national policy relating to LGBTQ+ mental health

The group is open to anyone and everyone who has an interest in LGBTQ+ matters.

Executive Committee



Name	Role
Dr Pavan Joshi	Chair
Dr Maire Cooney	Immediate Past Chair
Dr Josep Vilanova	Finance Officer
Dr Louise Theodosiou	Social Media Officer
Dr Alan Mackenzie	Website Officer
Prof Helen Killaspy	Committee Member
Dr Daniel Hodgson	Committee Member
Dr Jonathan Gibb	Committee Member
Dr Elinor Hynes	Committee Member
Dr Rajesh Mohan	Presidential Lead for Race and Equalities

Rainbow SIG: Annual Report to Council 2020

Commentary

Objectives for 2022 were to:

1. To continue to promote the mental health of LGBTQ+ people, to challenge discrimination faced by patients and promote equality for LGBTQ+ staff
2. To hold at least one educational event for College members on matters of importance to LGBTQ+ people
3. To support the RCPsych in achieving the aims outlined within the Equalities Action Plan and to assist the College in becoming part of the Stonewall Workplace Equality Index
4. To continue to meet with the College President quarterly
5. To increase the involvement of College members in the work of the SIG
6. Hold an annual business meeting

We have undertaken the following activities in 2022:

1. This year saw the SIG to work closely with the College on the survey to understand LGBTQ+ psychiatrists' experience of discrimination, bullying or harassment in the UK- this work generated several meetings for ongoing collaboration with SIG and College members, the College EDI leads, and various stakeholders
2. Represented the LGBTQ+ mental health matters at the meetings related to the College practice and policy in areas of importance to LGBT+ people, including the ongoing Equalities Agenda
3. Contributed to the RCPsych pride celebrations in June 2022

4. Chaired several training events for LGBTQ+ mental health
5. We supported the RCPsych in achieving the aims outlined within the Equalities Action Plan and assisted the College in becoming part of the Stonewall Workplace Equality Index
6. We held 4 Executive Committee meetings throughout this year and ABM in July 2022
7. We met RCPsych President on quarterly meetings, had regular meetings with EDI manager and attended annual College SIG meeting in November

We are therefore delighted to have achieved our stated aims for 2022

Objectives for 2023

1. To continue to promote the mental health of LGBTQ+ people, to challenge discrimination faced by patients, and promote equality for LGBTQ+ staff
2. To hold at least one educational event for College members on matters of importance to LGBTQ+ people
3. To continue to support the RCPsych with the aims outlined within the Equalities Action Plan.
4. To continue to meet with the College President quarterly
5. To increase the involvement of College members in the work of the SIG
6. Hold an annual business meeting

Pavan Joshi, Rainbow SIG Chair

December 2022