Rainbow SIG

The Sexuality and Gender Diversity Special Interest Group

Annual Report to Council 2018

Activities
During 2018 the Rainbow SIG has held the following meetings/events:

<table>
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<tr>
<th>Date</th>
<th>Venue/Location</th>
<th>Subject/purpose of meeting/no. of attendees</th>
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| 25.6.18  | Birmingham: International Congress | Annual Business Meeting  
Attended by majority of Exec. and 7 other participants |
| 25.06.2018 | Birmingham: International Congress | Session: Suicide in Vulnerable Groups  
To a large audience; well attended session |
| 23.03.2018 | London + Teleconference | EXEC meeting – attended by majority of exec. in person or conference call |
| 17.08.2018 | London + Teleconference | EXEC meeting – attended by majority of exec. in person or conference call |

Background

In February 2001 a Special Interest Group in Gay and Lesbian Mental Health was established in the College to promote discussion and research, provide expertise within the College and contribute to education

We have 929 members

The Group’s current aims are to promote and research the mental health of LGBT people, promote training for all mental health professionals regarding the mental health of LGBT people, to support and advocate for LGBT mental health professionals and to advise on mental health, social and other local and national policy relating to LGBT mental health.

The group is open to anyone and everyone who has an interest in LGBT issues regardless of their own sexuality.

Executive Committee

<table>
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<tr>
<th>Name</th>
<th>Role</th>
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<td>Máire Cooney</td>
<td>Chair</td>
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Commentary

Objectives for 2018

1. To continue to promote the mental health of LGBT people and to challenge discrimination
2. To survey our membership about a new name for our SIG and to gauge priorities for our members
3. To hold at least one educational event for college members on matters of importance to LGBT community

We have undertaken the following activities in 2018:
1. Continued work on Church of England’s teaching document for the House of Bishops
2. Represented RCPsych at meetings of UK counselling and psychotherapy organisations to agree MoU on reparative therapy
3. Contributed to RCPsych Position Statement PS02/18: Supporting Transgender and Gender-Diverse People
4. Reviewed and updated our SIG page on RCPsych Website
5. Conducted a membership survey, attracting 208 responses. Results discussed at AGM 2018
6. Promoted the work of our SIG by distributing 2500 postcards and rainbow lanyards to all delegates at RCPsych International Congress 2018
7. Changed the name of our SIG, following liaison and consultation with membership, to promote inclusivity and better reflect current our SIG aims and objective.
8. Chaired and contributed to a Session at International Congress 2018: Suicidality in Vulnerable Groups
9. Attended and contributed to RCPsych SIG Chair’s College event

We are therefore delighted to have achieved our stated aims for 2018
Objectives for 2019

1. To continue to promote the mental health of LGBT people and to challenge discrimination
2. To hold at least one educational event for college members on matters of importance to LGBT community

Máire Cooney

Rainbow SIG Chair

Jan 2019