

## Rainbow SIG

### The Sexuality and Gender Diversity Special Interest Group

#### Annual Report to Council 2018

#### Activities

During 2018 the Rainbow SIG has held the following meetings/events:

Date	Venue/Location	Subject/purpose of meeting/no. of attendees
25.6.18	Birmingham: International Congress	<b>Annual Business Meeting</b>  Attended by majority of Exec. and 7 other participants
25.06.2018	Birmingham: International Congress	<b>Session: Suicide in Vulnerable Groups</b>  <b>To a large audience; well attended session</b>
23.03.2018	London + Teleconference	<b>EXEC meeting – attended by majority of exec. in person or conference call</b>
17.08.2018	London + Teleconference	<b>EXEC meeting – attended by majority of exec. in person or conference call</b>

#### Background

In February 2001 a Special Interest Group in Gay and Lesbian Mental Health was established in the College to promote discussion and research, provide expertise within the College and contribute to education

We have 929 members

The Group's current aims are to promote and research the mental health of LGBT people, promote training for all mental health professionals regarding the mental health of LGBT people, to support and advocate for LGBT mental health professionals and to advise on mental health, social and other local and national policy relating to LGBT mental health.

The group is open to anyone and everyone who has an interest in LGBT issues regardless of their own sexuality.

#### Executive Committee

Name	Role
Máire Cooney	Chair

Michael King	Financial Officer
Helen Killaspy Josep Vilanova Alan McKenzie Louise Theodosiou Jonathon Gibb	Executive members

## Commentary

### Objectives for 2018

1. To continue to promote the mental health of LGBT people and to challenge discrimination
2. To survey our membership about a new name for our SIG and to gauge priorities for our members
3. To hold at least one educational event for college members on matters of importance to LGBT community

### We have undertaken the following activities in 2018:

1. Continued work on Church of England's teaching document for the House of Bishops
2. Represented RCPsych at meetings of UK counselling and psychotherapy organisations to agree MoU on reparative therapy
3. Contributed to RCPsych Position Statement PS02/18: *Supporting Transgender and Gender-Diverse People*
4. Reviewed and updated our SIG page on RCPsych Website
5. Conducted a membership survey, attracting 208 responses. Results discussed at AGM 2018
6. Promoted the work of our SIG by distributing 2500 postcards and rainbow lanyards to all delegates at RCPsych International Congress 2018
7. Changed the name of our SIG, following liaison and consultation with membership, to promote inclusivity and better reflect current our SIG aims and objective.
8. Chaired and contributed to a Session at International Congress 2018: *Suicidality in Vulnerable Groups*
9. Attended and contributed to RCPsych SIG Chair's College event

We are therefore delighted to have achieved our stated aims for 2018

## **Objectives for 2019**

1. To continue to promote the mental health of LGBT people and to challenge discrimination
2. To hold at least one educational event for college members on matters of importance to LGBT community
- 3.

Máire Cooney

**Rainbow SIG Chair**

Jan 2019