Friday 20th March 2020  
Venue: Royal College of Psychiatrists  
21 Prescot Street, London E1 8BB  

Programme Organisers: Dr Alison Gray

‘Spirituality and Mental Health:  
What does the NHS Provide?’

Members of the college and interested professionals are invited to attend a discussion and mapping exercise to see what research and development activity is occurring around the theme of Spirituality in today’s NHS and other health service providers.  
Does your hospital/trust/board have a chaplain? Is there a group which leads on spirituality? Do they have a spirituality policy? If so, are any of the staff aware of this?  

Experts in the field will present their projects and all attending are invited to apply to be selected to present their relevant research, or the current activity of their health provider.

10.00 Registration and Coffee  
10.30 Welcome and Notices: Dr Alison Gray, Chair SPSIG  
10.35 Assessment, measurement and talking about Spirituality.  
The Revd. Dr Neil Cockling, The “Belief in Recovery” project.  
The Revd. Philip Evans, Dr Paul Wallang, Measuring outcomes of spirituality and faith in mental health.  
Jo Barber, Measuring mental health in the clinical setting: what is important to service users?  
Dr Lucy Grimwade, Spirituality Assessment in Clinical Child & Adolescent Mental Health Services.  
Dr. Abdul Mujeeb Mohammed, Staff views on Spirituality and Mental Health  
Dr Ginevra Read, Teaching Mindfulness to Medical Students.
12.00 Small Groups: How to talk about spirituality and mental health with patients and colleagues?

13.00 Lunch

13.45 Approaches to care at the interface of Spirituality and Mental Illness.

Dr Nick Stafford, Understanding Mental Illness, Inspiring care, for faith community leaders of all religions.

Dr Chetna Kang, Planning & developing services which include a spiritual approach.

The Revd. Philip Turner, Chaplaincy in the Mental Health Unit

Merve Cetinkaya & Rumeysa Gurbuz Sufism, well-being and mental health, and Sufi music therapy.

Dr Robert Gordon, Loneliness within the inpatient setting: a potential spiritual target to reduce suicidal risk.

15.00 Small Groups: Carving the future of spirituality in MH services: Planning and developing services

16.00 Tea

16.15 Feedback from groups and plenary discussion

17.00 Close of Meeting