**SESIG Business Meeting**

**3pm Thursday 16th March**

**PHIL, 93 Water Lane, Leeds**

In attendance: Alan Currie (Chair), Allan Johnston (Finance Officer), Amit Mistry, Simon Taylor, Renato Merolli, Tim Rogers, Shubhinder Shergill, Reshad Malik, Carolyn Nahman, Pamela Walters, Gary Woods, Thamer Tanoon.

Other positions within SESIG

There are 2 large projects to pursue in the next 6 months. Several members will be helping with each. Tim Rogers and Phil Hopley will lead on ‘The Competencies of a Sports Psychiatrist’. Amit Mistry will lead on ‘exercise Interventions’.

**Actions – Tim, Phil, Amit**

There was discussion on communication among members. Many SIGs have a newsletter with dedicated editor. It was suggested that a communications team of Shubhinder Shergill, Tim Rogers and possible one other look into this. Whatsapp was suggested as a good means of sharing information in the aftermath of the strategy day. All agreed to supply mobile numbers to allow this to be established. Tim and Shubhinder will work on a brief half-page ‘comms strategy’.

**Actions – Tim, Shubhinder**

Many college groups have a ‘user representative’ and Allan agreed to develop this idea and perhaps approach a sportsperson to input into the work of SEPSIG.

**Actions – Allan J**

Frequency of Meetings

There was agreement that stand alone business meetings were inefficient but that face-to-face meetings were valuable. The proposal can be summarised as follows

1. Face to face business meeting of 60-90 minutes maximum but with guest speakers or educational topics adding around 2 hours of CPD.
2. Plan to alternate meetings between London and another venue (as the International Congress does). Pam will investigate a possible central London venue and Tim a venue in Enfield.
3. Next meeting is provisionally September, 2017
4. Project leads should establish e-mail groups for their work and there will be a ‘whatsapp’ group too (mobile numbers to Shubhinder).

**Actions – Pam, Tim, Shubhinder**

Suggestions for College Meeting

The deadline for workshops submissions is usually mid September of the previous year. A ‘whatsapp’ group will be established to generate ideas. ‘Competencies’ is an early suggestion. Alan will co-ordinate ideas.

**Actions – All, Alan**

Finances

We now have an account at college. Any surplus from the registration fees for the strategy day will go there. Running a conference is a risky way to generate income but can be effective. Some organisations run meetings jointly with a conference organising company to spread the risk.

If we do generate any income in the future then there was agreement that educational events and a students or trainees essay prize would be worthwhile.

Any Other Business

Alan reported that a CPD module on sports psychiatry on the RCPsych website is in the final stages of preparation

**Next meeting – September 2017 (venue and date tbc)**