



**Transcultural Psychiatry
Annual Conference 2022**

Mental health across cultures - the past,
the present & the future

MARCH 7th 2022 / VIRTUAL CONFERENCE

PROGRAMME - AM SESSION

9.15 am	Registration
9.30 am	Welcome <i>Dr Fabida Aria , Chair of transcultural psychiatry RCPsych special interest group</i>
9.35 am	“The importance of a transcultural perspective” <i>Opening address by Dr Adrian James, President of Royal College of psychiatrists</i>
9.50 am	“Improving wellbeing in the workplace, across cultures” <i>Mr Paul Rees MBE, CEO Royal college of psychiatrists</i>
9.55 am	Chair <i>Dr Saadia Alvi</i>
10.00 am	“Exploring structural racism in NHS through the lens of British Empire” <i>Dr Santosh Mudholkar, Consultant psychiatrist</i>
10.20 am	“Structural inequality and culturally informed care” - Race and Equality leads for Royal college of psychiatrists <i>Dr Raj Mohan and Lade Smith,</i>
10.40 am	Question and Answer session
10.55 am	Tea/ Coffee break
11: 08 am	Chair <i>Dr Saadia Muzaffar</i>
11:10 am	Psychiatry Training : Applying a Transcultural Lens <i>Professor Subodh Dave, Dean , Royal college of psychiatrists</i>
11.30 am	“Impact of Cultural Adaptation of Interventions - A Global View” <i>Professor Shanaya Rathod</i>
11.50 am	“White Man’s Ethics, Multicultural Britain and the Psychiatrist: Navigating Moral Ambiguity in Clinical Practice” <i>Dr Mayura Deshpande</i>
12.10 pm	Question and Answer session
12.30 pm	Lunch , poster viewing, book presentation

PROGRAMME - PM SESSION

1. 15 pm	Chair <i>Dr Sarwat Nauroze</i>
1.20 pm	Opening afternoon sessions and announcing poster prize winner "What can the college do for transcultural psychiatry" <i>Dr Trudi Seneviratne, Registrar, Royal college of psychiatrists</i>
1.45 pm	"Racism and mental health in times of covid-19 Pandemic" <i>Dr Meryam Schouler-Ocak</i>
2.05 pm	Question and Answer session
2.20 pm	Tea/coffee break
2.30 pm	Chair <i>Dr Suraju Adeyemo</i>
2.35 pm	"Migration, cultural capital and acculturation" <i>Professor Dinesh Bhugra CBE</i>
2.55 pm	"Mental health literacies, culture and wellbeing: Why science is not enough" <i>Professor Raghu Raghavan and Professor Santosh Chaturvedi-</i>
3.15 pm	Question and Answer session
3.30 pm	Discussion panel- How can the transcultural psychiatry group help improve outcomes for patients across cultures- Chairs/President of diaspora groups and SIG members - <i>Dr Chinwe Obinwa, Dr Shahid Latif, Dr Mojtaba Shiri-Feshki, Dr Ananta Dave</i>
4.00 pm	CLOSE <i>Dr Shahid Latif</i>



BIOGRAPHY OF SPEAKERS



Dr FabidaAria

Chair of the RCPsych transcultural psychiatry special interest group

Dr Fabida Aria is a consultant psychiatrist and associate medical director for adult and older age mental health services at Leicestershire Partnership NHS Trust.

She is a fellow of Royal college of psychiatrists, chair of the RCPsych transcultural psychiatry special interest group, specialist advisor for the RCPsych MTI scheme and regional advisor for Leicestershire, Northamptonshire, and Rutland.

Her interests include improve quality of life in patients with severe mental illness, reducing inequalities and continuous quality improvements.



Dr. Adrian James

President of Royal College of psychiatrists

Adrian was elected President in 2020. He holds this role until 2023 and leads the RCPsych on behalf of its members and associates.

Adrian is Consultant Forensic Psychiatrist at Langdon Hospital in Dawlish, Devon. He is a former Medical Director of Devon Partnership NHS Trust and founding Chair of the School of Psychiatry at the Peninsular Deanery (2006-2008).


He was the elected Chair of the South West Division of the Royal College of Psychiatrists (2007-2011) and sat on the College Council in this capacity. In 2010 he was appointed Chair of the Westminster Parliamentary Liaison Committee of the Royal College of Psychiatrists (attending the three main Party Conferences 2011-14 in this capacity).



He was Clinical Director for Mental Health, Dementia and Neurology, working for NHS England South West (2013-2015, interim from 2012-13). He has also acted as a Reviewer and Clinical Expert for the Healthcare Commission and its successor organisation the Care Quality Commission.

He has chaired expert review groups on Integrated Care Systems, Cannabis, Prevent and Learning from Deaths. In addition, he set up the Quality Improvement Committee and the Workforce Wellbeing Committee at the College.

His priorities as President are:

- establishing a pathway to parity for mental health services
 - equality and diversity
 - sustainability
 - workforce wellbeing.
- 



Mr. Paul Rees


MBE, CEO Royal college of psychiatrists

Paul Rees MBE joined the Royal College of Psychiatrists as Chief Executive in November 2016 – and working with the College Honorary Officers he has led on the transformation of the organisation, a process underpinned by the rollout of a values-based approach.

Having won the Louis Armstrong CEO Leadership Award in the membership sector ‘memcom’ awards in 2020, Paul received an MBE for services to mental health, and to equality, diversity and inclusion on 1 January 2022.

Working alongside the Officers, Paul has overseen the modernisation of the organisation – leading to the transformation of College IT, stronger membership communication, more effective engagement with government and the public, and a dynamic employee relations strategy.

In 2018, Paul led the introduction of a values-based approach – driven by the values of Courage, Innovation, Respect, Collaboration, Learning and Excellence (known as the C.I.R.C.L.E values).




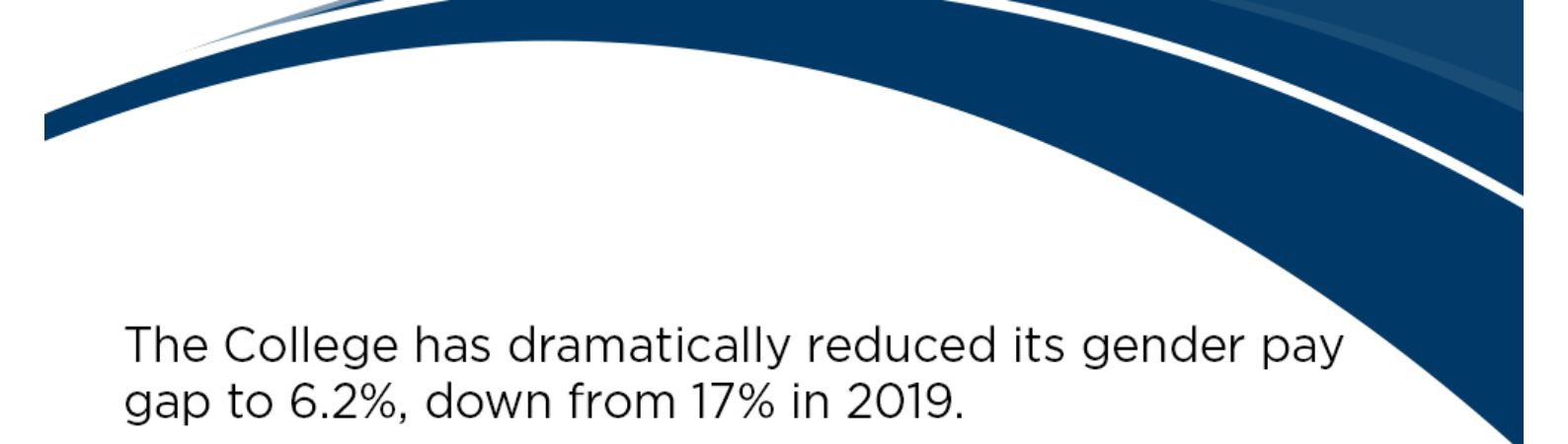
Being a forward-looking organisation, the College has successfully adapted to the challenges of the pandemic, becoming a virtual organisation overnight on 18 March 2020, and going on to rapidly migrate all its services and activities online, while remaining on a financially sustainable footing.

Working with former President Professor Wendy Burn CBE and current President Dr Adrian James – as well as others such as the Presidential Leads on Race and Equality Dr Shubulade Smith CBE and Dr Raj Mohan – Paul has ensured the College adopts a proactive approach to promoting equality, diversity and inclusion.

Since 2018, the College has introduced major celebrations of key diversity events – such as Pride, Black History Month, the International Day of Disabled Persons, International Women’s Day, South Asian History Month and World Mental Health Day.

It also published a radical 29-point Equality Action Plan in January 2020, which promotes equality, diversity and inclusion for College members and staff, mental health workers, and patients and carers.





The College has dramatically reduced its gender pay gap to 6.2%, down from 17% in 2019.

It has also joined the Stonewall Diversity Champions scheme.

The College won Charity of the Year in the European Diversity Awards in 2019.


The College's stance on equality, diversity and inclusion has inspired other medical royal colleges to take a stronger position on this important issue.

It also won Highly Commended in the UK membership 'memcom' awards in 2021 for Best Member Support during COVID.

And won Marketing Campaign of the Year in the UK membership 'memcom' awards in 2020 for its successful Choose Psychiatry campaign

Paul began his career as a journalist working at the Times, Sunday Telegraph and BBC national network news.

A move into communications saw him co-lead the successful right to roam campaign as Head of Communications at the Ramblers Association, which led to the Countryside and Rights of Way Act 2000.



Later, as Head of Campaigns and Communications at the National Housing Federation, Paul led the campaign which brought about an end to the pre-payment meter tariff charged by the 'Big Six' energy companies to low-income households for gas and electricity - saving £100m a year for less affluent families.

As Director of Communications at the Charities Aid Foundation, he ran an award-winning campaign in 2012 that successfully persuaded the Chancellor to drop his proposed 'charity tax' on large donations, a tax that would have cost the charity sector £500m per year.

In other roles, Paul worked as Director of Communications on the Victoria Climbié and Zahid Mubarek public inquiries and held the post of Head of Communications at the Home Office.

As Director of Communications at the Association of University Teachers, he co-led a successful, national campaign to protect the pay and conditions of university lecturers.

Meanwhile, working as Director of Policy and Engagement at the Royal College of General Practitioners, he worked with the Honorary Officers to lead the Put patients first: Back General Practice campaign - which saw the Government and NHS England publish the General Practice Forward View - which committed them to ring-fencing 11% of the NHS budget in England for general practice



Dr. Saadia Alvi

***SpR General Adult Psychiatry
South Yorkshire***

Former IMGs Representative to RCPSYCH (PTC). As part of this role, she has been co-opted member of Trainees Support Committee Rcpsych.

She is Exec member of Transcultural Special Interest Group RCPsych

She has presented IMGs in Rapid Task and Finish Group RCPsych, a group authorised by Prof Wendy Burn during initial rise of COVID-19 pandemic to address health inequalities. She has also presented IMG trainees in Diaspora Committee RCPsych.



Dr. Santosh Mudholkar

Consultant psychiatrist

Dr Mudholkar has broad clinical experience in mental health for the last 30 years and worked in Forensic Psychiatry in U.K. for the last two decades across the spectrum of secure care and Offender Mental Health. Dr Mudholkar is a Fellow of Royal College of Psychiatrists and works as Consultant Forensic Psychiatrist at Rampton High secure Hospital, Nottinghamshire Healthcare NHS Foundation Trust, U.K. Dr Mudholkar's clinical interests include disorders of impulsivity and personality disorders, Adult ADHD, psychiatric co-morbidities and complex presentations, assessment and treatment of sex-offenders and cultural aspects of Psychiatry.


Dr Mudholkar is Equality Champion and CPD Lead for RCPsych Trent Division. He is interested in British and Indian history and studied "Britain and it's Empire" at University of Oxford. Dr Mudholkar is the immediate past President of British Indian Psychiatric Association (BIPA). As an International Medical Graduate (IMG) himself, Dr Mudholkar is sensitive to the issues of racism, health inequalities and barriers to career progression for BAME doctors in NHS in U.K.

Dr Mudholkar graduated in Medicine in Mumbai, India in the early 1990s and completed MD (Psychological Medicine) in Mumbai. During his psychiatry training in India he worked as a volunteer with a leading national non-governmental organisation (NGO) to provide psychiatric rehabilitation to survivors of earthquake in Maharashtra, India for a year. Dr Mudholkar successfully defended his MD thesis on “Communal riots and Psychosis”.

Dr Mudholkar moved to London, U.K. in mid-1990's and completed core psychiatry training with Charing Cross General Psychiatric Training scheme, London. He was awarded MSc (Clinical Psychiatry & Research) at Imperial College, London in 2000. He completed higher training in Forensic Psychiatry in London.

Dr Mudholkar was Associate Registrar (Membership Engagement), Royal College of Psychiatrists 2016-2020. During this period, he was Clinical Co-Editor, RCPsych Insight (the first College membership magazine).

The focus of Dr Mudholkar's talk will be the British Empire and its legacy. In his talk he plans to provide an historical overview of origins and expansion of British Empire, its global impact and how it changed British way of life back home over the last four centuries and led to & evolution of British cultural identity. Dr Mudholkar will touch on key points of British history and politics before



discussing governance of British Empire and role of monarchy. The talk will explore the historical origins and evolution of racism in modern Britain through the lens of British Imperialism.



Dr. Raj Mohan

Equality leads for Royal college of psychiatrists

Dr. Rajesh Mohan is a consultant rehabilitation psychiatrist at the South London and Maudsley NHS Foundation Trust and chair of Faculty of Rehabilitation and Social Psychiatry of the Royal College of Psychiatrists, London. He completed his psychiatry training in India before coming to the UK.

Dr. Mohan is the fellow of the Royal College. In 2020, he was appointed as one of the two presidential leads for Race and Equality (other being Dr Lade Smith) at the RCPSych. The college leads are tasked with implementation of the RCPSych Equality action plan for all members and College members as well as patients and carers within the mental health services.

Dr Mohan teaches at King's College, London and campaigns for better funding for mental health services, equality and justice.



Dr. Lade Smith

*Equality leads for Royal college
of psychiatrists*

Dr Shubulade (Lade) Smith is the Clinical Director for the Forensic Service at SLaM. She is the Lead for the Acute Forensic Pathway and is responsible for admissions to the service.

Training: Dr Smith trained in medicine at Guy's Hospital Medical School before completing her psychiatric training at the Bethlem and Maudsley Hospitals and Institute of Psychiatry.

Research/Special Interests: - Advancing mental health equality; Black mental health; intensive care and emergency psychiatry; side effects of psychotropic medications; physical health in SMI (schizophrenia, bipolar disorder and other psychotic disorders); women's mental health; Mental Health Law.

Additionally, she was 'Psychiatrist of the year' for 2019.




Dr. Saadia Muzaffar

Dr Saadia Muzaffar is a consultant gen adult psychiatrist having trained in Exeter and gaining her CCST in 2013.


She is experienced in using many modalities of psychotherapy, such as CAT, group analysis, psychodynamic psychotherapy, running Balint groups for psychiatric trainees and went on to train further in cognitive analytic therapy as she believes in taking a holistic approach to a person's difficulties.

She is also a CASC examiner at the Royal College of Psychiatrists, UK and an educational and clinical supervisor for General practice and Core psychiatric trainees in the Wessex Deanery.



She is the IMG champion for southern health foundation trust and also set up the Medical advisory committee and chairs this.

She is also the co author of a book chapter on 'Psychotherapies for psychosis in Low and middle income countries ' and has delivered lectures on borderline personality disorder at local teaching workshops and internationally as well. Her current interests remain medical ethics ,transcultural psychiatry , recovery focussed service-user care , mental health of women, and BAME communities, trauma and abuse , impact of childhood attachments on mental health and wellbeing of adults.





Prof. Subodh Dave

Dean, Royal college of psychiatrists.

Professor Subodh Dave is the Dean for the Royal College of Psychiatrists and a consultant for Derbyshire Healthcare Foundation Trust. He is passionate about co-production and patient involvement in Quality Improvement and has lead work within psychiatry education to that effect. He has held a range of Medical Education posts and has assisted with the psychiatric curriculum both nationally and internationally.

He is a keen runner and champion of well-being services for doctors and other healthcare workers. He serves on various committees, driving representation and improvement for differential attainment, social justice in medical curricula, and equality and diversity.



Prof. Shanaya Rathod

Dean, Royal college of psychiatrists.

Prof Rathod is a Consultant Psychiatrist and Director of Research, Southern Health NHS Foundation Trust. She is a visiting Professor to the University of Portsmouth and the mental health clinical lead for Wessex Clinical Research Network. She is also the trustee of The Centre for Applied Research and Evaluation International Foundation.

Following her postgraduate medical education, she has completed a doctorate in medicine, Certificate course in Managing health services with the Institute of health care management, acquired a certificate of Advance Medical leader with British Association of Medical Managers, Masters in Leadership and Coaching and Mentoring credential. She has been a Fellow with the National Institute of Health and Care Excellence and the mental health clinical lead of the Wessex Academic Health Sciences Network.

She has influenced national strategy through her leadership and research over the years and has held a number of leadership roles in the NHS in medical and clinical management. She has published books, book chapters, papers in peer reviewed journals and lectured extensively at national and international events.

Recent Awards:

- Dedicated Psychiatrist (Hampshire) 2020
- Global Health and Pharma Awards
- Excellence Award - PACT 2020
- Excellence Award for Cultural Adaptation of Cognitive Behaviour Therapy - Pakistan Association of CBT, 2017
- Outstanding Chief Investigator runner up
- Clinical Research Network Wessex, 2017
- The National Positive Practice in Mental Health Mindset Quality Improvement Award: Highly Commended, 2016



Dr. Mayura Deshpande

Psychiatrist

Mayura Deshpande is a consultant in forensic psychiatry in Hampshire, the national specialty advisor in secure care to NHS England and Improvement, and an honorary senior lecturer in the University of Southampton. She has a longstanding interest in ethics and law and has been chair of the RCPsych Professional Practice & Ethics Committee for some years.



Dr. Sarwat Nauroze.

Dr Sarwat Nauroze is a consultant psychiatrist in Ealing Crisis Assessment and Treatment Team and clinical lead for local services in West London NHS Trust where he has worked for 20 years.

He is also a senior clinical lecturer and Academic Tutor at Imperial College School of Medicine. He has been a member of Transcultural Special Interest Group's executive committee for past 5 years




Dr. Trudi Seneviratne

*Registrar, Royal college
of psychiatrists*

Dr Trudi Seneviratne (OBE, FRCPPsych) has been Registrar of the College since 2020. In this role she has overall responsibility for policy, public education, revalidation and membership engagement.

Trudi qualified as a medical practitioner in 1992, having trained at St Bartholomew's Medical School, London; she completed her psychiatric training both at St. Bartholomew's and later, as a research registrar at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN).


Dr Trudi Seneviratne has been a consultant adult and perinatal psychiatrist at South London & Maudsley NHS Foundation Trust since 2002. She is also the Clinical Director for the Psychological Medicine Clinical Academic Group and Lewisham Directorate at the Trust, supporting the clinical, academic and educational aspects of a range of services: general adult, liaison, crisis, rehabilitation services and specialist services: Neuropsychiatry, Eating disorders, Perinatal.



She has been an active educator over the years and with colleagues, has published/disseminated numerous research papers, particularly in the area of perinatal mental health. She has collaborated on a range of activities including service development, the use of mother and infant interaction videos, service evaluation, quality improvement and outcomes research. She has held national leadership and management roles; she is a current member and previous vice-chair of the National Clinical Reference Group, NHS England; Chair of The Perinatal Faculty, Royal College Psychiatrists (2016-2020).

In 2019, she was awarded an Order of the British Empire for services to Perinatal Psychiatry and the President's medal of the Royal College of Psychiatrists.

She enjoys the arts as a way of relaxing particularly music and painting and actively promotes the importance of arts therapies as therapeutic modalities.






Prof. Meryam Schouler-Ocak.

Professor for Intercultural Psychiatry and Psychotherapy, additionally, specialist for neurology, psychotherapy, particularly in trauma focused psychotherapy and in EMDR - therapy.


She is chair of Research Unit on Intercultural Migration and Care Research, Social Psychiatry at Charité – Universitätsmedizin Berlin. Prof. Schouler-Ocak received the Order of Merit by the Federal Republic of Germany 2014.

Prof. Schouler-Ocak is board member of European Psychiatric Association (EPA); chair of Committee on Ethical issues of the EPA; chair of Section on Transcultural Psychiatry of the World Psychiatric Association (WPA-TPS) and coopted board member of the World Association of Cultural Psychiatry (WACP). She is also chair on Section of Intercultural Psychiatry and Psychotherapy, Migration of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN) and President of the German-Turkish Association for Psychiatry, Psychotherapy and Psychosocial Health (DTGPP).



Since 2020, she is also chair of the working group on “Providing mental health care for migrants and refugees” (WG for the Action Plan 2020–2023 of WPA).

Her research interests focus on intercultural psychiatry and psychotherapy, trauma and trauma-related disorders, mental health and healthcare of immigrants, refugees, asylum seekers and ethnic minorities, suicidality and diversity.





Dr. Suraju Adeyemo

Suraju Adeyemo is a Fellow West African College of Physicians (FWACP), MRCPsych and currently, an ST5 in old age psychiatry working with Lancashire and South Cumbria foundation NHS.

He coordinates the ABP-UK CASC GROUP; a free online CASC preparation group that is contributing positively to helping IMG to pass the CASC examination.

He is also the Vice-chairman Research Forum Lancashire and South Cumbria NHS; a monthly forum that was started recently with the aim of increasing knowledge of research and publication among mental health professionals within the trust

He is currently one of the executive members of transcultural SIG with a special interest in Mentorship, Research, and Neuromodulation



Prof. Dinesh Bhugra

MA, MSc, MBBS, DSc(Hon), PhD, FRCP, FRCPE, FRCPsych, FFPHM, FRCPsych(Hon), FHKCPsych(Hon), FACPsych(Hon), FAMS(Singapore), FKCL, MPhil, LMSSA, FAcadME, FRSA, DIFAPA


President, Royal College of Psychiatrists (2008-2011)

President, World Psychiatric Association (2014-2017)

President, British Medical Association (2018-2019)

Professor Emeritus of Mental Health and Cultural Diversity, Kings College London


As President of the WPA, he led on and crafted 30 Position Statements on various topics. including characteristics of a good psychiatrist some of which have strongly influenced policy in governments around the world. He established Presidential task Forces on Child abuse and Neglect, Inter-personal Violence, Prisoner mental Health care, Migrant health care, LGBT populations' mental health care and those of people with intellectual disabilities. He created programmes for mental health promotion and appointed Good Will Ambassadors from Bollywood and Hollywood along with patients and religious leaders. He established 6




WPA Collaborating centres in different parts of the world to share research, policy, and training. Following a survey of discrimination against people with mental illness in 193 countries, he developed Bill of Rights for Individuals with mental Illness signed by 60 organisations which was followed by Bills of Rights for Children and young people and for those with intellectual disabilities. As part of the First Global Agenda Council of the World Economic Forum and in this role helped produce a document on mental health in the workplace.


As President of the BMA he led on medicine's social contract, launch of equity campaign and survey of burnout among doctors and medical students.

In 2013, he chaired the enquiry into racism in Cardiff Medical school and all the recommendations were accepted by the University and follow-up in 2021. In 2016, he chaired an enquiry into the patient care and abuse in Hong Kong on behalf of the Government of Hong Kong.





He has authored/co-authored over 500 scientific papers, chapters , editorials and 40 books. Several of his books have won awards and three have been translated into Mandarin and Japanese. His Oxford Textbook for Public Mental Health won Book of the Year award in 2019. In the same awards Practical Cultural Psychiatry was highly recommended. He is the Editor of the International Journal of Social Psychiatry and International Review of Psychiatry.





Prof. Raghu Raghavan


Professor Raghavan holds a chair in mental health at De Montfort University, Leicester. His work focusses on in mental health and disability, cultural diversity, participatory research and co-production. He is the Director of Mary Seacole Research Centre - an interdisciplinary research institute focussing on mental health, migration, ethnicity and culture at De Montfort University. He is also a co-director of Leicester Centre for Mental Health Research (LMHR) a collaborative research centre with De Montfort University, Leicestershire Partnership NHS Trust and the University of Leicester. He leads inclusive community engagement and research on disability, mental health, resilience wellbeing in the UK and in India with diverse cultural and migrant communities using innovative interdisciplinary approaches (creative arts-based methodology). He has published widely with over 100 publications on the theme of mental health, disability, and health inequalities of diverse cultural communities




Prof. Santosh Chaturvedi

Santosh Kumar Chaturvedi is an Indian researcher and Professor of Psychiatry. Chaturvedi has been the Dean of Behavioural Sciences, Head of Department of Psychiatry, Head of Psychiatric Rehabilitation Services and Head, Department of Mental Health Education at NIMHANS, Bangalore. He has also been the part of Speaker's Research initiative of parliament of India. Chaturvedi's work revolves around consultation-liaison Psychiatry, Chronic Pain & Somatization, Neuropsychiatry and Quality of life research, Psycho-oncology & Palliative Care and Cultural Psychiatry. He is Head of the Department of Mental Health Education and has been the Head of the Department of Psychiatry and Psychiatry Rehabilitation Services in the past.

Dr. Chaturvedi is an Honorary Member of the World Psychiatric Association and member of many international and national societies and associations. His main areas of research and work have been consultation liaison psychiatry, chronic pain and somatization, neuropsychiatry, quality of life research,



psycho-oncology and palliative care, and cultural psychiatry. He has received national awards by the Indian Council of Medical Research on three occasions and awards by the Indian Psychiatric Society - DLN Murthy Rao Oration and Tilak Venkoba Rao Oration - and Poona Psychiatric Association on many occasions. He is the Editor in Chief of the Journal of Psychosocial Rehabilitation and Mental Health, published by Springer Nature. He has numerous publications in various international and national journals.






Dr. Chinwe Obinwa,


Dr Chinwe Obinwa is a Consultant Forensic Psychiatrist and a trainer for Forensic Higher Specialist Trainees. She is a Clinical Director of Forensic and Rehabilitation Division, Derbyshire Healthcare Foundation NHS Trust.

She graduated from University of Jos, Nigeria and undertook her mandatory National Youth Service in Lagos where she was posted to Yaba Psychiatric Hospital Lagos in 2000. There she fell in love with the field of psychiatry and commenced her specialist training there. She emigrated to the United Kingdom in 2004 to continue with her psychiatric training.

Dr Obinwa is a member of the West African College of Physicians (Faculty of Psychiatry) and Royal College of Psychiatrists, with experience of working in various subspecialties in psychiatry, including specialist female only and offender services at all levels. She has particular expertise in the forensic assessment of complex cases, involving multiple agencies who present a significant risk of harm to others. She has particular interest in Occupational Psychiatry, Neuropsychiatry as well as Medical Education.



She is the President of the Association of Black Psychiatrists, UK (ABP-UK). ABP-UK is a supportive platform to optimise the contribution and impact of Black Psychiatrists to mental health care through education, training, mentoring and networking in the UK. The Inaugural Meeting was held on 22 October 2020 and it celebrated Black Contribution to Innovation in Psychiatry. It has gone on to work with allies in the Diaspora Group and the Royal College of Psychiatrists.





Dr. Shahid Latif

Dr Shahid Latif is a General Adult Consultant Psychiatrist working at Northamptonshire Healthcare NHS Foundation Trust.

He has also been Clinical Director for the Trust for the Adult and Forensic Directorate since 2011

He currently Chairs the Royal College of Psychiatrists (RCPsych) Trent Division

He has a keen interest in Culture and Mental Health and has over the years organised and facilitated regular workshops and delivered lectures on this not only with the college and NHS trusts but also through partnerships with universities and the world psychiatry Association. He held the position of Chair of the RCPsych Transcultural SIG from July 2016 until June 2021.

His main area of work in this area includes a publication and multiple posters on Beliefs in Jinn, Blackmagic and Evil Eye among Muslims; age, gender and first language influences published in The International Journal of Culture and Mental Health, May 2011, 4:1, 68-77

His other roles include RCPsych Advisory Appointment Committee, College Assessor, RCPsych CASC examiner and RCPsych mentor for IMGs

He is also the Medic lead for the MTI programme and recruitment of IMGs via and clinical attachments in Northamptonshire Healthcare NHS Foundation Trust.

He was also instrumental in setting up the GMC Sponsorship Programme for International Medical Graduates in the Trust.

He was awarded Clinical excellent awards in 2011 and again in November 2017 and was also nominated for the NHFT Patient's Choice Awards and the National Wyndham Awards in 2018


He became Fellow of the Royal College of Psychiatrists in September 2017



Dr Latif was also elected Chair for the British Pakistani Psychiatrists Association in 2021

In October 2021, he arranged an event at the Pakistan High Commission, which was a collaboration between PHC, the Royal College of Psychiatrists and Northamptonshire Healthcare NHS Foundation Trust to mark World Mental Health Day. This was aired across various media channels and social media.

He is on the panel of experts on mental health and culture with BBC Asian Network and regularly attends a hosts of media programs.







Dr. Ananta Dave

Dr. Ananta Dave is the President of British Indian Psychiatric Association. She works as a Consultant Child & Adolescent Psychiatrist and Medical Director at Lincolnshire Partnership NHS Foundation Trust. She is the BIPA President elect. She is a Fellow of the Royal College of Psychiatrists and holds a Master's degree in Medical Ethics and Law. Along with seeing patients presenting with complex and multiple problems, she did set up and led the Autism Disorders clinic in her previous service. She was the Named Doctor for Child Safeguarding in her previous role at Dudley & Walsall Mental Health Partnership NHS Trust, Clinical Director for Quality & Safety, and Chaired Trust's Suicide Prevention group.

Dr. Dave is a member of the Executive Committee of the Child & Adolescent Faculty of the Royal College of Psychiatrists with the specific roles of Safeguarding and Policy Joint Lead. She is passionate about helping develop a leadership culture which promotes the well-being of the workforce and is actively involved in mentoring and supporting doctors in difficulty.



Dr Ananta Dave chaired the Royal College of Psychiatrists Task and Finish Group to look into growing concerns about the disproportionate impact the pandemic is having on BAME (Black, Asian and Minority Ethnic) staff. The group was asked to rapidly develop recommendations on how mental health services in the UK can support BAME staff. Dr Dave was awarded a 2019 Churchill Fellowship, an overseas research grant by the Winston Churchill Memorial Trust, which she used to learn about US strategies for preventing doctors from dying by suicide, and how these might be applied in the UK. Dr Ananta Dave travelled to the United States to learn from areas of good practice in preventing suicide among doctors.





Dr. Mojtaba Shiri- Feshki.

Dr Mojtaba Shiri- Feshki (aka Moj Feshki) is a consultant in Forensic child and adolescent psychiatry in North East of England. He is the chairman of Iranian Diaspora Association in Psychiatry (IDAP) .

Dr Moj Feshki graduated from Meli university of medical science-Tehran -Iran. He completed his core psychiatric training in Nottingham and higher specialty training in Newcastle. He has also obtained certificate in medical education from Newcastle University.

Dr Moj Feshki has been working in Republic of Mali, Republic of Ghana and the Republic of Azerbaijan as a part of Red Cross and Red Crescent medical supports. He has participated in Global mental health collaborative working group (UN project).

Executive Members

Members	Position
Dr. Fabida Aria	Chair
Dr. Praveen Kumar	Finance Officer
Dr. Shahid Latif	Committee Member
Dr. Hasanen Al- Taiar	Committee Member
Dr. Donna Arya	Committee Member
Dr. Rahat Ghafoor	Committee Member
Dr. Saadia Muzaffar	Committee Member
Dr. Ayesha Ahmed	Committee Member
Dr. Hanif Soomroo	Committee Member
Dr. Santosh Mudholkar	Committee Member
Prof. Santosh Chaturvedi	Committee Member
Dr. Ruaridh Mckay	Committee Member
Dr. Farha Omer	Committee Member

Executive Members

Members	Position
Dr. Emmeline Lagunes Cordoba	Committee Member
Dr. Sarwat Nauroze	Committee Member
Dr. Suraju Adeyemo	Committee Member
Dr. Damodar Chari	Committee Member
Dr. Saman Khan	Committee Member
Dr. Saadia Alvi	Committee Member
Prof. Arabinda Chowdhury	Committee Member
Dr. Ayesha Ahmed (Cleveland clinic, Abu Dhabi)	Committee Member

Thanks

To Dr. Neelima Yadav, Teresa Raynor and RCPsych team
for their support.