## Transcultural SIG Annual Conference

**Date:** Monday 8 and Tuesday 9 February

**Online Course** 

11.00



Monday 8 February		
Time	Session	
09.15	Welcome by Chair of Transcultural SIG  Dr Shahid Latif	
09.20	Dr Adrian James, President RCPsych	
Session 1 Chair: Dr Imran Malik		
09.30	Challenges to Cultural Psychiatry Professor Dinesh Bhugra	
9.50	Global Psychiatry: Global challenges & opportunities  Dr Afzal Javed	
10.10	Q&A	
10.20	Break	
Session 2 Chair: Dr Imran Malik		
10.40	Sentencing of ethinic minorities in forensic psychiatry  Dr Donna Arya and Dr Hasanen Al-Taiar	
	Use of psychotropic medications in patients with severe mental	

illness across cultures

Dr Fabida Aria

11.20	Q&A
11.30	Cultural/Traditional Festivities and Mental Health Dr Emmeline Lagunes
11.50	The impact of becoming a refugee on mental health Thogeer Hussain, Karishma Tailor and John O'Shaughnessy
12.10	Q&A
12.20	Closing remarks Dr Trudi Seneviratne, Registrar RCPsych

Tuesday 9 February		
Time	Session	
09.15	Welcome by Chair of Transcultural SIG  Dr Shahid Latif	
09.20	Mr Paul Rees, CEO RCPsych	
Session 1 Chair: Dr Hanif Soomro		
09.30	Ethnic Inequalities in Severe Mental Illness Experiences and Outcomes: is there enough evidence for actions?  Professor Kamaldeep Bhui	
9.50	Cross-Sectional Study of the Relationship Between Ethnicity/Culture and Occupational Classes with Mental Health Well-Being in the UK Aliza Ayaz	
10.10	Q&A	
10.20	Break	
Session 2		

## Session 2

Chair: Dr Hanif Soomro

10.40	Transcultural Considerations of Disclosures of Traumatic Experiences of War and Conflict- what does it mean to suffer Dr Ayesha Ahmad
11.00	<b>Yoga: from culture to neuroscience</b> Dr Santosh Mudholkar
11.20	Q&A
11.30	Social Media and Mental Health Advocacy: confronting the culture of silence  Dr Gbonjubola Abiri
11.50	Cultural adaptation of Psychotherapies for Psychosis in Low and Middle income countries  Dr Saadia Muzaffar
12.10	Q&A
12.20	Closing remarks Dr Kate Lovett, Dean RCPsych