Trancultural Special Interest Group Executives Meeting
21 September 2020 at 20:15

Minutes
Donna Arya

Present
Shahid Latif (Chair)
Santosh Mudholkar
Donna Arya
Fabida Aria
Ruairidh McKay
Ayesha Ahmed
Sarwat Nawrose (Finance Officer)
Imran Malik
Suraju Adeyemo

Apologies
Emmeline Lagunes Cordoba
Rahat Ghafoor
Hasanen Al-Taier

1. Introductions

2. TSIG Elections
   - Shahid asked people to come forward for officer positions and/or nominate for the upcoming elections for the TSIG Chair and Finance Officer position. The current chair and finance officer position will come to an end on 21 July 2021

3. TSIG Conference 2021:
   - Due to the ongoing COVID19 situation and guidelines, it is unlikely that the conference will go ahead as a physical meeting. It is therefore agreed that we start focusing on a virtual conference. It was highlighted that the college has already arranged multiple virtual conferences which have been well attended and a success.
   - The date agreed by all those who were present was Monday 8th February. It was agreed that like in previous years it will be a full day event.
   - The following have agreed to put their names forward as speakers
Hasanen and Donna to do a combined presentation
Ayesha: Faith-based health justice talk.
Suraju confirmed that a psychiatrist that he knows who resides in Nigeria is keen to present. He informed the executives that she is quite keen and a senior psychiatrist and would like to present her own work which she has conducted in Nigeria. This was agreed pending confirmation of the content of the presentation.
Santosh volunteered that he would also like to present and would confirm the topic
Emmeline was not present at the meeting but had already volunteered and shown a keen interest to present at the conference.
Ruairidh stated that as he had just become an executive member he wants to get a better understanding of the work conducted by TSIG and would arrange a similar smaller conference between RCPsych TSIG and RCPsych Scotland
It was also discussed which keynote speaker and other renowned names in transcultural mental health we should approach for presentations. The names discussed were Prof. Dinesh Bughra, Prof. Afzal Javed, Prof Kam Bhui and Prof Simon Dein
Shahid will contact Catherine Langley, Team Administrator/PA, Royal College of Psychiatrists to book out 8 February 2021 for the full day.
Imran and Suraju offered to help coordinate the conference on the day.

4. Local conferences:
Sarwat organised an event in West London related to cultural formulation and mental health. He suggested that he would like to repeat this under the umbrella of the SIG.
Shahid and Fabida are in discussions for a local event between LPT and NHFT.
Yasir Abbasi, Maudsley Dubai are arranging a mental health conference on the 13th and 14th of November 2020. They have offered for some joint sessions with the SIG. Both Shahid and Hasanen and will be presenting at this event.
Ruairidh will explore arranging the culture and mental health event in Scotland. This will be in 2021
Shahid had a conversation with the College regarding the use of the RCPsych logo. It was confirmed that the logo can only be used if there is joint work between the college and the other organisation.

5. Survey
Shahid is keen to look at conducting a survey related to culture and mental health. He requested any ideas or themes. This could be formulated as part of a potential publication. The only thing to be conscious of is that it does not overlap with work that is already being done by the College in other areas. Ideas will be welcome.
6. Any other business
   - Santosh: Suggested that we update the TSIG page of the College website. Updates to be sent to Fabida for newsletter.
   - Suraju: Highlighted the success of the videos that were made by TSIG. He suggested that we need to consider more videos that are culturally relevant topics. It was suggested that the executive team comes back with ideas. Shahid highlighted that the videos which are on the College website were very popular and inspired others to do something similar. Ayesha suggested that it would be useful to think of fresh new topics around covid-19 and culture.
   - Fabida: Suggested that we need to think about widening our membership and also to think about Welsh membership of EC.

7. Meeting in 4 weeks time. Donna will again arrange a doodle poll to be sent with dates around mid-October time.

   Close of meeting