

VIPSIG COMMITTEE MEETING MINUTES, 8th March 2019, RCPsych, London

Present: Sophie Thomson, Jane Mounty, Heather Dipple, Mandip Jheeta, Sally Browning
Apologies: Ruairi Page, Anis Ahmed, Emily Lewis, Bradley Hillier

Minutes of last meeting:

Discussed and agreed

Matters Arising:

1. mhGAP- Training in Aberdeen scheduled for 14/15th September. More information to follow
Training run by trainees in Global MH at KCL for fellow trainees will be held on 30/31 March
Further discussion: how do we improve uptake of the training we can provide internationally?
ST pointed out that 50% of College members and fellows are international graduates with links to various diasporas. We could produce a series of educational modules to offer and arrange local teaching and follow-up via Skype. This would be supported by the International Advisory Committee.

JM suggested we monitor our mhGAP training using a questionnaire.

Following discussion of content, ST said she would compose a questionnaire and send it out for comments.

2. Volunteer Day, organised by Ellen Cook for October:

Discussion of suggestions for content-

How the Volunteers department works and it's relationship to VIPSIG

Range of possibilities for volunteering

Roles and responsibilities of trustees of MH charities

Volunteering as part of career development

It's value to the NHS

A statement of support about these from the College

Practical issues for volunteers

3. VIPSIG book -

Discussion of content -combine well-known authors and personal accounts

Suggestion from library rep that we link with the College Publications dept

Cover practicalities and challenges

Get view from a local psychiatrist (HD will ask colleague in Addis Ababa)

Agenda Items:

4. Regional Reps:

HD has met with other experienced and/or interested colleagues in Leicester but needs contacts for other parts of the region. This is likely to be a problem for all regional reps. Once colleagues are identified, a regional forum could be arranged.

The College meeting might be an opportunity for reps to get together with each other and with interested colleagues who can be linked to their regional rep.

5. Project Updates:

Anis is waiting to hear more about the Bangladesh project.

Peter H continues a range of activities

mhGAP feedback from Myanmar is being reviewed by ST. Role play demonstrations and participation seen as particularly useful.

Uganda: Ellen is refining the request

Guatemala: no further news. JM will suggest they contact Ellen Cook.

mhGAP has been relaunched as a national strategy in Ethiopia. (HD). This led to discussion of being aware of national strategies and being helpful in mediating between vision and delivery,

6. Updates from Chair

The College President will attend the next meeting

7. Planned Events:

PFA/HIG day. Room booked for 13th September. Limit of 50 places. College members only or multi-disciplinary? If open, likely to get 5-10% non-members. If so, don't need to restrict.

ST and PH will lead but need volunteers for small groups and role plays. Need someone with experience in humanitarian settings -HD will ask a colleague.

JM and MJ will draft a flyer.

Charges: £60 standard, £30 trainees/retired, free for students- but booking essential. (Previous problems when people turned up on the day and meeting was oversubscribed.

8. Library:

Fiona Watson attended as library rep and told us about facilities - these will go into next mailshot from ST.

Suggested contacting Publishing Team about VIPSIG book - invite to next meeting.

9. Next meeting:

College President attending. Aim to discuss benefits for training, statement of support from College, support for SIG.

VIPSIG book to be on agenda

ST and RP will set agenda

10. Website:

Send items for Resources page

Produce videos of senior psychiatrists in other countries promoting local mental health awareness in their own languages.

11. Essay competition:

MJ has requested a copy of the archive from Mark Turner. Advertisement to go out in next mailshot.

12. Finance update:

Finances are healthy (MJ). Discussion of how to spend - has to be for educational support within charity requirements. Print mhGAP and other training material locally? Need to consider criteria and check College rules. Requests can be considered.

13. AOB:

nil

14. Next meetings:

The President will attend the next meeting on **14th June**, (not 7th, as previously arranged.)

PFA/HIG on 13th September

Committee meeting 8th November