**Royal College of Psychiatrists**

**Volunteering & International Psychiatry Special Interest Group (VIPSIG)**

**Committee Meeting Minutes**

Friday 11th November 2016

Royal College of Psychiatrists, London

**Present**

Peter Hughes, Sophie Thomson, Gergana Manolova, Kazufumi Yoshida, Shaazneen Ali, Stephen Attard. Mariana Siapera Ruairi Page by SKYPE

**Apologies**

Mandip Jheeta, Raman Rashwany , Jane Mounty, Sally Browning, Jhoti

* Previous minutes approved
* World health organisation focus on depression this year...very welcome

* Future plans

An event open to all professional

 Free but donations at Springfield PFA plus HIG. Date to be decided

Marketting ? Universities , MHPSS, MHIN,

* Structure of volunteering scheme changing. Proposal to make it a charity. Decision to be made on 2 Dec. This group needs a lead immediately. May take time
* CNWL volunteering group- no new update
* Malawi group still looking for volunteers , short and long time. Contact Scottish Malawi link.
* Doctors of the world. PH met. Not needing more volunteers at present
* Retirement conference mentioned VIPSIG. Sally is the link.
* ST to develop thinking about contacting other SIGs and College members.
* European psychiatric assoc did not accept our submission
* RCPsych was accepted submission for next year's conference .75 mins Global Volunteering. Lynne Jones. And Peter Ventevogel, Stania Kamara.Peter Hughes.
* Sierra Leone post filled.
* Kings Somiland project has new grant from SPHEIR. Plan in developmental stage. Will needs people for medicine Africa work.

In summary there are Opportunities in Somiland and Sierra Leone

* Mh GAP training. Nurse who received donation is doing well
* Launch mhGAP version 2. New mhGAP released on Geneva , with PFA, dementia, psychosocial interventions , thinking healthy for perinatal depression, IPT,
* Demand for more weekends training . Using new mh GAP. Venue needed and people who can organise .

Action: Contact divisions to find interest. PH to contact divisions. Ruiri will speak with Mandip and Louay re Birmingham or Edinburgh. Spring.

* PH contacted the Other Colleges but no answers. British Psychological Society?
* Conference organisers. Human rights agenda. ? consider speakers eg who can speak on Gujurat project re changes in restraint. Price ? £50. LSHTM speaker? CRPD. Speaker ?
* AOB. Maldives training Shaazneen Ali reports it is going well. Fully funded . Dates to be announced..
* Kazufumi Yoshida talked about psychiatric first aid in Japan. Still developing community care in Japan. PH mentions PFA in USA widespread.
* Marianna Siapera asked about whether we are trying to improve knowledge in UK trainees.. Ghana programme is part of SPR training.

Core trainees in UK know more than many trainees in LAMIC.

* Facebook useful to spread news about possibilities like Palestine.
* College website also a possible site for news.
* Gergana Manolova mentioned Bulgarian national health centre re developments in mental health there.
* PH going to 2 day conference on British Pakistani Association.
* ST reports on successful training in Myanmar
* PH just back from Nepal training , using version 2 mhGAP,and will be off to Pakistan in a few weeks. Syrian task force has not yet organised the next planned meeting. Govt Looking at developing training in mental health. Details will be on Facebook.
* Discussion re £1000. Donation from adult faculty Possibly printing manuals. SA suggest choosing poorest countries.project for the year.
* Editor newsletter  . need more involved as editors
* Other dates and future events

Spring open event PFA out of London RP lead

Contact divisions PH

BPS and other contacts. PH

MhGAP weekend Springfield March

Filming

MhGAP printings in poorest countries.

* Date conference on human rights ...feedback to working group from group re speakers
* Encourage people to look on Facebook for opportunities for volunteering
* Encourage psychiatrists to register with College Volunteer scheme.

Dates for next year

27 Jan

24 March

18 August

17 Nov

All London based for 2017