

Royal College of Psychiatrists
Volunteering & International Psychiatry Special Interest Group (VIPSIG)
Committee Meeting Minutes

2/3/18 Royal College

Present

Sophie Thomson (Chair), Ruairi Page (Secretary), Jane Mouny, Sally Browning

Apologies

Peter Hughes, Athula Sumathipala, Bradley Hillier,
Mandip Jheeta

EXECUTIVE MEETING

No specific matters arising. Proceed to general meeting.

GENERAL MEETING

Minutes of last meeting

Discussed and feedback received

Matters arising

PROJECT UPDATES

ST thanked the attendees for making the journey.

Discussed Dr Anis Ahmed's presentation at the last meeting. AA has been in contact with Peter Van Der Vogal regarding starting a project in Rohingya. PVDV has been in contact with Sophie re: opportunity there; Sophie is still waiting to hear back with more information.

ST: PVDV is interested in mhGAP training in Rohingya. Will circulate information when this is made available.

Team are unsure as to availability of Springfield Hospital from further mhGAP trainings.

Day conference- Jane has been unable to discuss this with BH yet but this

QR code for feedback: Team are very interested in using this. RP will discuss further

VIPSIG regional reps: RP put forward idea on regional reps per LETB and will formulate email to VIPSIG volunteers

Ellen Cook has discussed with ST about incorporating about the importance of E-learning into next VIPSIG conference. To be discussed further when discussing the annual conference.

College have provided funding into private organisation to help fund volunteering. ST has queried what the vision/motives are for the funding. ST asked president of the group as to vision for global volunteering.

Current funding is allocated from College general fund.

Need to suggest ways for which funding can be generally used

Volunteer handbook: Need for this to be added to the website as it has been completed and is ready to go live on the website.

Database of people who have attended mhGAP discussed.

Discussed option of claiming for travel to meetings. This option is carried out from the other SIGs.

JM: Global mental health module for TrON: Topics discussed: Volunteering opportunities. PFA/HIG. Mental health in disaster zones. Refugee mental health. CPD online- Discussed option of PH writing CPD module on PFA/HIG.

JM: Discussed topics of TrON for human rights, volunteering, medical emergencies

Discussed human rights module; would need participation of a lawyer, CPD online for how to look after yourself

Discussed aims of mhGAP:

Promote global mental health

Have bank of global volunteers

4 different groups: Med students, trainees, qualified psychiatrists, retired psychiatrists

Discussed roles of each group

UK based volunteering

Keeping track on learning, training and education of psychiatrists

House of Lords discussing volunteering globally

FINANCES

MJ- Finance officer unable to attend

Future events

Planned events:

Day conference-

mhGAP in London or Birmingham

PFA

e-Learning Conference

£900 spent on accreditation from GP college

Discussed with ex-president of GP College. Interest in going ahead with GP mHGAP course. Advised such a course would have to be in the week, ST has discussed with PH about doing it under CALC, proposed date 29 May 2018, would need volunteers for small group work

Titles discussed:

JM, SB, JM: Brilliant idea.

Need to advertise it 6 weeks in advance due to GP rotas being completed 6 weeks in advance.

Discussed: Everyone at meeting is in agreement to go ahead with the day and to use CALC. Cost of day would be £120 which would include printing of a mhGAP manual each, which would cost around

Day conference-

Titles: Refugees, Culture bound syndromes, e-Learning,

Date: Aim at end of September

JM: Discussed option of doing bi-annual day conference. Last conference very heavily focussed on mental health of refugees.

RP discussed interest in E-learning

SB discussed refugees is very key topic. For day conference, would need to include other topics as well, using day conference to help recruit volunteers

ST: Thought about doing modules and videos, likes idea of making the conference more workshop based, HEE England- modules (basic mental health), could use

JM: Feels relieved about idea on E-Learning. Thinks too short time to prepare day conference in time for September. Discussed workshop on E-learning. Would please the college. All faculties interested in refugees. Discussed about medicine Africa- inviting speaker on medicine Africa, CPD online, workshops,

ST will look for dates. General thoughts on dates: JM thinks it should be this year. How to setup our educational platform?

Discussed videos: RP discussed that he has done CASC videos for trainees taking college exams, similar to mhGAP videos

JM attended a simulation training day, said it went really well, learning through being videod

Decided on topic of e-learning. Topics for e-learning: Medicine Africa, mhGAP, internet based teaching, value of simulation in training

Need for further meeting to discuss further meeting to arrange day conference

Discussed use of doodle poll for key people to arrange meeting for day conference. Can attend via skype

JM discussed calling it a workshop instead of conference

Title: E-learning workshop

Discussed week of 24/September for provisional date, ST will liase with Jonathon from the college to arrange the VIPSIG workshop

Website:

Lena Jawad has agreed to do joint work with Brad to look at joint working re: website. Mark Turner has asked Lena to attend for College website training. Lena has asked for Bio and Picture,

one line, interests, for executive committee. PH has completed 1 page of resources for the website. PH currently running the facebook page for VIPSIG.

Spirituality SIG resource page- very impressive

ST has discussed effort for the next 6 months into the website

Discussed need to invite Mark Turner to the next meeting to discuss website.

mhGAP training:

Interest in holding Birmingham course. ST would be happy to support RP and MJ. Exploring opportunity of mhGAP training in Birmingham next Spring 2019, and one in London next Summer 2019. MSc Global Health group are looking at preparing a mhGAP training with ST and PH supervising.

PFA/HIG event: ST will speak to Louay to see if he is keen on organising event again.

Project updates

Discussed updates re: Malawi SMMHEP group, looking for further volunteers

RP met with Professor Sumathipala who is interested in setting up mhGAP training in Colombo, Sri Lanka

ST gave update re: Rohingya crisis. ST is still awaiting an answer from Myanmar group re: memorandum of understanding(MOU)

JM concerned about Myanar project uncertainties.

Essay competition:

JM: Needs catchy title- Subject- Use of e-learning in Global mental health. 2000words. Open to medical student, trainees, consultants in the first 5 years. Presentation at the workshop. Open now until deadline of beginning of August. (1 August 2018)

AOB

RP agreed to production of videos to emulate mhGAP, to work on this as a project

JM: Would be good to determine who is on exec committee, and have list of job roles, SIG rules do not allow for multidisciplinary members on the exec committee, JM discussed opening up the group

to multidisciplinary members. JM discussed opening up meetings to multi-disciplines. Need to clarify who is on the exec, need to be psychiatrists/ trainees.

Action plan

JM Workshop: Obtain date, do doodle poll for planning meeting, look into guest speakers

SB: Is keen to be involved in all projects and planning

RP: Video session, liase with AA about Feedback, arrange October meeting in Birmingham

Dates of next committee meetings

Next meetings-

22 June 2018 4pm College, with video linking facilities

19 October 2018 2pm- Birmingham