

ROYAL COLLEGE OF PSYCHIATRISTS
VOLUNTEERING & INTERNATIONAL PSYCHIATRY SPECIAL INTEREST GROUP (VIPSIG)



ORIENTATION TO

WHO mhGAP Humanitarian Intervention Guide & WHO Psychological First Aid

PRACTICAL INTERACTIVE WORKSHOP

**GLOBAL EMERGENCY MENTAL HEALTH
ONE-DAY DUAL TRAINING EVENT**

**Friday 13th September 2019
RCPsych London
10:00-16:30**

£80

(£40 trainees & retirees, £free medical students)

Booking essential, places limited

6 CPD points as agreed by peer group

Royal College of Psychiatrists, 21 Prescot Street, London E1 8BB

**A practical orientation to using WHO HIG & PFA in humanitarian settings
in low- and middle- income countries**

Facilitated by: **Drs Sophie Thomson & Peter Hughes**, experienced Consultant Psychiatrists

Humanitarian Intervention Guide is clinical guide on mental, neurological and substance use disorders for people who work in a range of emergency settings from e.g. armed conflicts to natural and industrial disasters.

Psychological First Aid is supported by a growing international consensus on how to support people in the immediate aftermath of extremely stressful events. It involves providing humane, supportive and practical help in serious crises.

Applicability and transferable skills for UK. Valuable for all grades. Trainees & students very welcome.

Booking: <https://www.rcpsych.ac.uk/events/conferences/detail/2019/09/13/default-calendar/vipsig-orientation-to-who-mhgap-humanitarian-intervention-guide>

Further info: Catherine Langley, Catherine.Langley@rcpsych.ac.uk

ORIENTATION TO WHO mhGAP Humanitarian Intervention Guide & WHO Psychological First Aid

**PRACTICAL INTERACTIVE WORKSHOP
ONE-DAY TRAINING
Friday 13th September 2019**

Leads: Drs Sophie Thomson & Peter Hughes

Facilitators: Drs Jane Mounty, Mandip Jheeta, Ruairi Page & Louay El-Tagy

****Please bring a copy of the mhGAP HIG & PFA with you to the event, there will be a very limited number of copies available on the day**

0930	Registration
10.00	Introduction & audience's objectives
10.15	Humanitarian Intervention Guide (HIG) & General Principles of Care
11.00	COFFEE
11.30	Acute stress, PTSD & Suicide
13.00	LUNCH
14.00	HIG Practical Exercises
14.30	Psychological First Aid (PFA)
15.00	TEA
15.30	PFA Practical Exercises
16.00	Q&A & Plenary
16.30	Close