



AGENDA

	<p>Overview</p>
<p>Introductions</p>	<p>Present: Nicola, Rina, Rebecca, Nisha, Lizzy, Raka and RCPsych CEO Paul Rees.</p> <p>Apologies:          Claire          Estela          Ruby          Zoé</p>
<p>RCPsych CEO Paul Rees</p>	<p>It was great meeting with Paul rees. He took our suggestions on board and also invited the group to be more involved in College work.</p> <p>“Paul Rees, the Chief executive of the Royal College of Psychiatrists attended the WIMHSIG meeting recently. Following on from the meeting Paul suggested that I contact you to seek more information about the WIMHSIG and also if possible to request for your input in our draft Membership Strategy. We would like to explore if the College could host and or support in the co-ordination of the WIMHSIG events”.</p> <p>The College has asked for further information and Nicola has responded. We look forward to hearing something positive!</p> <p>“An additional suggestion is to host the meetings regionally so we can obtain better engagement and your views would be very welcome. Furthermore, I have attached the draft Membership Strategy and would be grateful for suggestions or comments.”- The draft membership will be circulated to members showing an interest to be involved in this work. College aims to have a membership strategy by July 2018.</p>

<p>Women in Mind (WIM) events</p>	<p>Digital traffic in relation to WiM events:  Mark Turner, Digital Content Officer at RCPsych has provided some stats from the website:  Interview with Harriet Harman- 31 views  Shami Chakrabarti- 33 views  Clare Gerada- 171 views  (Stats only from YouTube videos and not Vimeo, hence under-represented).</p> <p>Event 22<sup>nd</sup> cancelled as invited guest Amanda Root cancelled it close to the event date.</p> <p>All financial costs borne by IoPPN.</p> <p>Recent survey shows more interest in knowing journeys of women psychiatrists in leadership positions. Funding from RCPsych? – In discussion with Paul Rees as noted above.</p> <p>Suggestion for next guests during the meeting- Geraldine Strathdee, Cathy Newman. Nicola and Claire are already working on this. Nisha had lot of good suggestions and may want to get more involved with this.</p>
<p>CPD</p>	<p>Domestic Violence and Mental Health- 7 December 2018. Registration open and being circulated to members as well as to larger College members. For any queries please contact Claire.</p>
<p>Career</p>	<p>Careers survey: 57 responses  Main themes:  63% were not part of the previous WIPSIG.  40% were either not aware of the SIG or not participated in any SIG activities.  31% - main themes-  Childcare, retirement, career progression, mentoring, networking and leadership  Currently members source of support: informal peer groups, coaching, BMA, MWF, RCPsych website.  Main themes for future work for the SIG: Members would like to see more of mentoring, return to practice and leadership activities.  66% did not use or remember career development activities  82% wanted a doctor adviser within PSS specialised in women's issues</p> <p>Invited at PSS meeting. Outcome: Suggestion of a joint return to practice half day workshop, suggested names: Liz McDonald (perinatal psychiatrist), Jan Falkowsky  Topics: returning to practice after maternity leave, returning after retirement, returning after sick leave, mentoring, balancing work with caring responsibilities</p>

	<p>Liaise with Rosa and Amy (trainee rep PSS) to work on a return to practice resource- around pregnancy (?) (featured in survey)</p> <p>Invite PSS to next exec meeting. Share survey results with PSS. Raka and Rebecca will work on this further.</p>
Other	<p>IC2018 WMHSIG symposium: Wed 27 Jun- Domestic Violence and Abuse (DVA), Domestic Homicides and Mental Health Services: optimising the response to DVA by mental health services. See: <a href="https://www.rcpsych.ac.uk/pdf/Full%20programme%20v21(2).pdf">https://www.rcpsych.ac.uk/pdf/Full%20programme%20v21(2).pdf</a></p> <p>Paul Rees suggested that writing in the new RCPsych magazine for members, INSIGHT might be another good way of reaching out to more members. He said he would write a blog about his meeting with WHMSIG today. We took a picture together for his blog.</p> <p>Another important suggestion from the meeting was to have WHMSIG reps from the 11 divisions of College to organise informal social events and WHMSIG events. This could also impact on the College membership strategy. This suggestion will be circulated to the members and could also be discussed at the social being planned at the congress.</p> <p>Nicola is keen to step down as the Chair and ask members to come up for the position of the Chair. If more than two members are interested then a college election would be initiated.</p> <p>WHMSIG is preparing a Position statement on sexual harassment at work. Nicola said that on behalf of College, we should be the voice for this. We are waiting to hear back from the College regarding this. The initial drafts have already been circulated to President Wendy Burn.</p> <p>Paul Rees suggested that WHMSIG could consider having a representative at the Education and Training Committee.</p>
Website	<p>WIM events have attracted some traffic to the website. Survey shows some members read minutes to keep aware.</p> <p>A trainee from Melbourne found the website helpful and has contacted us to start a Women in Psychiatry group in Australia.</p> <p>It was discussed that RCPsych webpage could perhaps have some members only forums as many women respondents to the career survey have said that they would like to network more with other members to know their journeys as women psychiatrists.</p> <p>Rina gave a good update regarding the website.</p>
Social media	<p>345 followers on twitter. Only SIG with a twitter presence.</p>

	<p>RCPsych has 66k followers. Career related posts tagging RCPsych would attract more members. PTC has 3722 followers.</p> <p>It would be a good idea to tag RCPsych and PTC on tweets to get the leverage on their follower numbers. Tweets relevant to College activity would certainly be retweeted by them. Next suggestions are to tweet about our CPD and College symposium by tagging them.</p> <p>We tweeted Paul Rees's visit. It didn't get too much traffic as some tagging had different privacy settings. We would retweet soon to get the twitter conversation going.</p>
Membership and involvement.	<p>IC2018 social – There is there an appetite for those from WMHSIG attending the congress to have a meeting. Claire and Lizzy will organise this.</p>
AOB	<p>Request for input for Women's Mental Health Taskforce: Fourth Meeting - 15th May 2018 11:00 - 1:00pm. Still no updates.</p>
Next Meeting	<p>Next exec meeting at IC2018 was not considered a good option as most exec members are not attending. <b>The next meeting is therefore at RCPsych on 6<sup>th</sup> July at 5.30pm.</b></p>