



AGENDA

	Overview	Actions
Introductions	<p>Present:</p> <p>Beena Rajkuma; Ruth Reed; Phillipa Greenfield; Raka Maitra; Claire Wilson; Fiona Duncan; Rebecca Horne; Anna Sri; Lizzie Tyrrell Bunge; Julia Barber; Jo Bowen; Malini Mahesan; Rina Gupta; Anna Sri; Rajandeep Mann; Rosalind Ramsay; Ilaria Galizia,</p> <p>Apologies: Ruby Osorio, Syeda Ali, Estella Weldon</p>	

<p>Committee members and roles</p>	<p>Beena Rajkumar – Chair – Elected member Ruth Reed – Chair- Elected member Phillipa Greenfield – Finance officer- Elected member Raka Maitra- Secretary – Nominated member Claire Wilson- Academic Lead- Nominated member Fiona Duncan – PTC rep for WMHSIG Anna Sri- Core trainee rep-Nominated member Lizzie Tyrrell Bunge- former Core Trainee Rep - Nominated member Estela Welldon- Arts and Media lead- Nominated member Rina Gupta- Website lead- Nominated member Rebecca Horn- Career lead- Nominated member Ruby Osorio- International lead- Nominated member Syeda Ali- Former Finance officer- Elected member, now Nominated member Rajandeep Mann- Nominated member Julia Barber - Nominated member Ilaria Galizia- Nominated member</p> <p>Rosaline Ramsay- PSS Lead RCPsych– Co-Opted member Sarah Davies- LTFT Special advisor RCPsych- Co-opted member</p>	
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<p>25 year celebrations</p>	<p>Insight magazine will feature an article on WHMSIG 25 years celebrations. BR has sent write up. Final write up not finalised yet. RM has sent collage of members who sent their pictures.</p> <p>25 Women project approved by RCPsych. Stories of 25 women psychiatrists focusing on 'unsung heroes' and women who have overcome life challenges to thrive in their careers. Tamasin and Gemma from RCPsych coordinating with RR and BR. Nomination forms sent out. Less than 10 nominations so far? Deadline for nomination extended to 13th November. RR and BR coordinating with Keith Bradnam re digital resource for 25 women.</p> <p>DISCUSSION: Plan to meet to discuss entries for 25 Women following closing date on 13th November. Ruth has been liaising with RCPsych Insight magazine and BR and RR have to finalise article for this.</p> <p>Philippa fed back that there was a meeting with Keith. College will be helping with minor bits of editing. PG has found female film maker (Inshra) who has agreed to make up to 6 minute film to advertise 25 stories project. Plan is for this to launch in March and there will be a blog on College website that will go into more detail with the 25 female psychiatrists. Some funding will need to come from SIG budget for this. Following discussion with Keith areas of funding need to be clarified re College vs SIG budget.</p> <p>Ros Ramsay mentioned about original founding member Anne Cremona and wondering if she'd been approached about being involved. She had to petition college with certain number of signatures to get SIG started. Ros has her contact details and she's still a practising psychiatrist. BR and RR to discuss.</p> <p>RM suggested that there is a College archive and if footage was to be used from this as part of the project they also have an available budget.</p>	
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<p>Conference</p>	<p>The annual conference date is 4th December 2020.</p> <p>Session1: Chair CW Speaker 1:Yasmin Alibhai-Brown Title: 'Barriers to gender and race equality: past and present' Speaker 2: Mandu Reid Title: 'Leadership on the line' Speaker 3: Sivan Rubinstein Title : TBC</p> <p>Session 2: Chair BR Speaker: Nimco Ali Title : TBC</p> <p>Session 3: Chair RR Speaker 1: Caroline Walker and Clare Gerada (in conversation) Title : TBC Speaker 2: Kizzy Crawford Title : TBC</p> <p>Session 4: Panel discussion : Chair Rubina Pabani Panel discussion 'How can mental health professionals challenge sources of discrimination in those for whom we care?'</p> <p>Events on RCPsych page.</p> <p>DISCUSSION and FEEDBACK from CW:</p> <p>One month away from conference. Need to start with publicity drive. Hoping that there may be good attendance due to online format. Last year there was quite a few last minute signups. CW will chase College staff about advertising. RR has asked that the finalised agenda is circulated around to all on SIG email list. Attendance was 106 last year. Needs to be advertised amongst trainee groups as widely as possible. Fee for this conference is £75 for RCPsych members and £80 for non-members. Cheaper for trainees. Fiona will distribute throughout the PTC. Event will be recorded. Event is now on the event sections of the RCPsych.</p>	<p>Conference programme formalised.</p>
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<p>Women in Mind (WIM) events</p>	<p>Recent Women in Mind event with Abigail Burdess and Susie Orbach on 26th October 2020. Topic : 'Confinement- exploring our identities during quarantine' with a focus on gender roles and caring responsibilities. Online event on MS Teams Live. There were 200 attendees.</p>	<p>Awaiting recording edit.</p>
<p>Finances</p>	<p>Update from PG.</p> <p>Current: £5, 892 Planned expenditure: 1. Conference: £2,409 (CALC £2,309 plus £100 for the platform) We will need 36 delegates to break even. 2. Essay prize: £100 3. 25 year celebration – plan to use our Budget to cover this if not used by the college.</p> <p>DISCUSSION: Need to clarify re £3k that's not reflected in the budget at present from income from last years conference. Philippa to clarify as CALC are claiming that the income should come to them. Claire to send correspondence showing that this isn't the case for PG to use as evidence and chase up.</p> <p>Forecast on spending: Essay prize - £100 25 Women project – film - full quote is £5,500 but hoping the College will give us some funds towards this.</p>	

<p>Essay</p>	<p>Essay topic this year "The Female Psychiatrist in the 21st Century: A Vision of The Future" CW and RjM are judges.</p> <p>BR asked if Anne Cremona (WMHSIG founder) can possibly advertise essay prize. Winner to be included in panel discussion at the conference.</p> <p>CW and RjM have sent the essay theme to the College which needed to be signed off by the Education & Training Committee who didn't meet until early October meaning that there wasn't long for entries to come in. Discussed fact that due to delay in exams and extra clinical duties there have been less entries than last year. 2 very different entries have come through. Someone emailed CW asking for the marking scheme for the essay which was turned down as other entires didn't have access to this. Discussion re extending deadline - feels unfair on other entrants who've submitted on time. CW and RjM will decide a winner and let them know.</p>	
<p>Newsletter</p>	<p>First newsletter sent out! AS designed and compiled the first newsletter.</p> <p>AS has MRCPsych exams coming up 15th Dec so requested some support from other members for this newsletter. Aim for March for next newsletter to come out as celebratory release.</p> <p>RR has asked for bulletin style newsletter before March summarising SIG activity. RH suggested including PSS details in the newsletter.</p>	<p>Next newsletter?</p>

Career	<p>RM met with PSS and former PTC member re the pregnancy related guide. It was discussed that personal stories will be taken out from the original document. Instead of PTC publication , it'll now be help-sheets from PSS. The name possibly will be changed to parental guidance. PG keen to be involved.</p> <p>RM coordinated with PHP to start a group for women doctors with children with complex needs. First group started. Plans to extend it to parents and not restrict to women. Clare Gerada keen to be involved with WMHSIG to further this.</p> <p>Webinar and podcast update - idea around webinar on the topic of domestic abuse. Louise Howard had spoken at an event on this topic and had suggested that this is circulated. Might be a good idea to send this out for members to be able to listen to alongside bulletin pre-March. PG has offered to pull this together once Prof Howard's talk has been released. RR will ask Sandy to make short summary of this talk to use in bulletin. Link to useful resources for clinicians. Guidance from Jean Feeder regarding recording DV disclosures in clinical practice - aimed at primary care but is relevant other clinicians.</p>	
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Other	<p>25th November is the International Day of Elimination of Violence Against Women. PG coordinating with Ella Merchant from RCPsych. Podcast International day of violence against girls and women- RR to update.</p> <p>RR and BR chaired Round table discussion at RCPsych.</p> <p>RR and BR attended INCADVA (Inter-Collegiate & Agency National DVA) forum. RR and BR informed re relevant updates for RCPsych are: Women's Aid are due to launch a publicity drive around impact of DA on MH and trauma. Possible DA training in medical schools with possible WMHSIG involvement. DA Bill needs further work and input that may require further input from College. Louise raised the DAPO issues and explained the college would look at these more fully.</p> <p>RR, BR and PG working on the possibility of putting together a webinar via the College Thursday programme if possible on DA and MH during COVID.</p> <p>In AGM in June it was discussed to extend support to Vanessa Raymont re getting in touch with women psychiatrists. RR suggested SIG bulletin , Psychiatric trainees' committee, Adults of working age and Liaison faculty newsletters/communications.</p> <p>Zoé Mulliez leaving Policy team. New post advertised. Hence contact in RCPsych contact for WMHSIG re Policy is unclear.</p> <p>WMHSIG to be invited to equality steering group.</p>	
Website	No further updates.	

Social media	<p>773 followers on twitter. Raka and Claire continue to tweet regarding events.</p> <p>Jo Bowen has >4,000 members and is happy to get involved with Twitter.</p>	
Membership and involvement.	<p>Jo Talbot Bowen – to be co-opted?- Has been very active and key player on 25 women project. Vote taken for Jo to be added into the committee. Unanimous support for Jo to joint the committee.</p> <p>Malini Mahesan, who joined us for AGM and keen to join further meetings, and Carmel Durkin who joined AGM and active in 25 Women Project.</p> <p>RR suggested that all exec members to make a commitment to a specific action as there are a lot of tasks.</p>	

<p>AOB Next Meeting</p>	<p>PSS update from Ros</p> <p>Service set up 10 years ago. Psychiatry trainee who had BPAD who committed suicide and killed her young child. Following on from reflection and investigation from this the Practitioner Health Service was set up in London (now available throughout England). Following on from this the PSS was set up as a confidential phone service.</p> <p>Running of the service: Manager who takes calls and responds to emails as a triaging function. They can either be sign posted to other services or link them up with a peer support psychiatrist where as much as possible they don't know each other. They also make up leaflets. Peer support psychiatrists meet 3 times per year and have supervision and CPD time.</p> <p>Issues brought to the service are often quite complex and longstanding. Calls come from mixture of trainees, SAS doctors and consultants. Trainee involvement as peer support psychiatrists has also strengthened links with the PTC.</p> <p>Themes that come up for female psychiatrists: work-life balance, dealing with difficult colleagues.</p> <p>Philippa asking if PSS have provided leaflets regarding DV and SA as this appears to be a taboo subject for female psychiatrists. PSS have been asked to provide a chapter to Cambridge University Press around the subject of abuse. Potential to co-work to produce in the future.</p> <p>Feedback is generally good from users of the service.</p> <p>Equality, Diversity and Inclusion page on RCPsych website. Mie O has contacted RR and BR - for EDI gender page - suggestions on what they should add to this page, for example any previous blogs, list of our former female presidents etc. FD & LTB to look into.</p> <p>Deadline for proposal for Congress coming up. CW to put proposal in on Women & Girls MH during COVID. Everyone in agreement for this.</p> <p>RjM has been speaking to the transcultural SIG about cross working with us. RjM to speak to Ruby who is international representative on the committee.</p> <p>Contact of PG - wants to do podcast to mark 25th November (White Ribbon day) action against violence enacted against women and girls. Prof Howard happy to be involved and to provide a recording.</p>	<p>Date, Time, Venue</p>
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