

## ARCP Decision Aid: Higher Psychiatry Training (all specialties)

Date: July 2022

The Higher Psychiatry Training decision aid outlines the requirements for a satisfactory ARCP Outcome/completion of key progression point (outcomes 1 and 6).

This document can be used in conjunction with the main curriculum document and the trainee's Placement Specific Personal Development Plans (PDPs).

The Psychiatric Supervision and Educational Supervisor reports outline progression and recommended ARCP outcome.

Activity/Domain	HLO Key Capability Domain	ST4	ST5	ST6	Progression Notes
Psychiatric Supervision Report	All	1 Psychiatric Supervision Report.	1 Psychiatric Supervision Report.	1 Psychiatric Supervision Report.	One PSR per placement – two placements, two PSRs.
Educational Supervisor Report	All	1 Educational Supervisor Report.	1 Educational Supervisor Report.	1 Educational Supervisor Report.	Please review the recommended outcomes listed in the ES report.
Placement Specific Personal Development Plans (PDPs)	All	Commence PDP for each placement. Continue to develop as placement progresses.	Commence PDP for each placement. Continue to develop as placement progresses.	Commence PDP for each placement. Continue to develop as placement progresses.	PDPs to be completed at start of each post. PDPs feed into the PSR.
Reflective Practice	All	Evidence of reflective practice.	Evidence of reflective practice.	Evidence of reflective practice.	Recommended that trainees provide evidence of reflective practice throughout the course of their training (e.g., through reflective reports, group discussions, etc.)
Multi-source feedback (MSF)	All	Mini-PAT as per recommendations.	Mini-PAT as per recommendations.	Mini-PAT as per recommendations.	
Supervised Learning	All	See Silver Guide (appendix 4) for recommended WPBAs.	See Silver Guide (appendix 4) for recommended WPBAs.	See Silver Guide (appendix 4) for recommended WPBAs.	Please review WPBAs in conjunction with the Educational Supervisor Report.
Key Clinical Capabilities	HLO 2 – Professional Skills	Demonstrated through PDP, Psychiatric Supervision and Educational Supervisor Reports.  Recommended WPBAs outlined in silver guide.	Demonstrated through PDP, Psychiatric Supervision and Educational Supervisor Reports.  Recommended WPBAs outlined in silver guide.	Demonstrated through PDP, Psychiatric Supervision and Educational Supervisor Reports.  Recommended WPBAs outlined in silver guide.	Appendix 4 in the Psychiatry Silver Guide outlines the recommended number of WPBAs per year.
Emergency Psychiatry	HLO 2.2 – Clinical Skills	Evidence of gaining Emergency Psychiatry capabilities as detailed in the Psychiatric and Educational Supervisor reports.	Evidence of gaining Emergency Psychiatry capabilities as detailed in the Psychiatric and Educational Supervisor reports.	Evidence of gaining Emergency Psychiatry capabilities as detailed in the Psychiatric and Educational Supervisor reports.	<b>Critical Progression:</b> Must complete recommended specified emergency psychiatry requirements.  Completion of a recommended 55 out of hours shifts/50 cases by the end of ST6.

<b>Psychotherapy</b>	<b>HLO 2</b>	Evidence of undertaking psychotherapy.	Evidence of undertaking psychotherapy.	Evidence of undertaking psychotherapy.	Evidence of undertaking psychotherapy by the end of ST6.  Recommended completion of SAPE/PACE WPBAs.
<b>Statutory Approval</b>	<b>HLO 3.1 – Legal and Organisational Frameworks in your UK Jurisdiction</b>	Recommended that trainees obtain statutory approval in line with requirements outlined in their UK jurisdiction.			Recommended that trainees obtain statutory approval in line with requirements outlined in their UK jurisdiction.  In most cases we expect that trainees will be eligible to obtain statutory approval within 12 months of starting higher training (WTE).
<b>Equality &amp; Diversity</b>	<b>HLOs 1, 2</b>	Demonstrate evidence of consideration of structural inequalities, intersectionality and discrimination.	Demonstrate evidence of consideration of structural inequalities, intersectionality and discrimination.	Demonstrate evidence of consideration of structural inequalities, intersectionality and discrimination.	
<b>Health inequalities</b>	<b>HLOs 2, 4</b>	Demonstrate evidence of understanding the impact of health inequalities on access to care and long-term health outcomes.	Demonstrate evidence of understanding the impact of health inequalities on access to care and long-term health outcomes.	Demonstrate evidence of understanding the impact of health inequalities on access to care and long-term health outcomes.	
<b>Quality Improvement Project</b>	<b>HLO 6.2 – Quality Improvement</b>	Recommend <b>1</b> complete audit project.	Recommend <b>1</b> complete audit project.	Recommend <b>1</b> complete audit project.	Recommendation of 1 complete audit project per annum.
<b>Teaching/assessment</b>	<b>HLO 8 – Education &amp; Training</b>	Evidence of teaching activities and feedback.  Active participation in Clinical, Educational and Psychiatric supervisory processes.	Evidence of teaching activities and feedback.  Active participation in Clinical, Educational and Psychiatric supervisory processes including demonstrating evidence of supervision skills.	Evidence of teaching activities and feedback.  Active participation in Clinical, Educational and Psychiatric supervisory processes including demonstrating evidence of supervision skills.	
<b>Research Capabilities</b>	<b>HLO 9- Research &amp; Scholarship</b>	Evidence of involvement in critical appraisal and research.	Evidence of involvement in critical appraisal and research.	Evidence of involvement in critical appraisal and research.  For CAP trainees: Must have undertaken a systematic review.	Substantial evidence of involvement in research practice.  For CAP trainees, evidence that they have undertaken a systematic review.