

ARCP Decision Aid: Core Psychiatry Training

Date: July 2022

The Core Psychiatry Training decision aid outlines the requirements for a satisfactory ARCP Outcome/completion of key progression point (outcomes 1 and 6).

This document can be used in conjunction with the main curriculum document and the trainee's Placement Specific Personal Development Plans (PDPs).

The Psychiatric Supervision and Educational Supervisor reports outline progression and recommended ARCP outcome.

Activity/Domain	HLO Key Capability Domain	CT1	CT2	CT3	Progression Notes
Psychiatric Supervision Report (PSR)	All	2 Psychiatric Supervision Reports	2 Psychiatric Supervision Reports	2 Psychiatric Supervision Reports	
Educational Supervisor Report (ESR)	All	1 Educational Supervisor Report	1 Educational Supervisor Report	1 Educational Supervisor Report	
Placement Specific Personal Development Plans (PDPs)	All	Commence PDP for each placement. Continue to develop as placement progresses.	Commence PDP for each placement. Continue to develop as placement progresses.	Commence PDP for each placement. Continue to develop as placement progresses.	PDPs to be completed at start of each post. PDPs feed into the PSR.
Reflective Practice	All	Evidence of reflective practice	Evidence of reflective practice	Evidence of reflective practice	It is recommended that trainees provide evidence of reflective practice throughout training.
Multi-source feedback (MSF)	All	Mini-PAT as per recommendations	Mini-PAT as per recommendations	Mini-PAT as per recommendations	
Supervised Learning	All	See Silver Guide (appendix 4) for recommended WPBAs	See Silver Guide (appendix 4) for recommended WPBAs.	See Silver Guide (appendix 4) for recommended WPBAs.	
MRCPsych Examination	HLOs 1, 2, 9			All three examination components (Papers A, B and CASC) to be completed by CT3 prior to entering ST4.	Critical Progression: Cannot proceed to ST4 training unless passed all three examination components.
Key Clinical Capabilities	HLO 2 – Professional Skills	Demonstrated through PDP, Psychiatric Supervision and Educational Supervisor Reports Recommended WPBAs outlined in silver guide.	Demonstrated through PDP, Psychiatric Supervision and Educational Supervisor Reports Recommended WPBAs outlined in silver guide.	Demonstrated through PDP, Psychiatric Supervision and Educational Supervisor Reports Recommended WPBAs outlined in silver guide.	Appendix 4 in the Psychiatry Silver Guide outlines the recommended number of WPBAs per year.

Psychotherapy Capabilities	HLO 2.2 – Clinical Skills	2 CbDGA, 1 short case and 1 long case to be completed prior to progressing to ST4.			Critical Progression: Must complete 1 long case and 1 short case prior to ST4 which is overseen by a Medical Psychotherapy Tutor.
Addiction Psychiatry	HLO 2.2 – Clinical Skills			Recommend the completion of 2 CbD WPBAs in Addiction Psychiatry, overseen by an Addiction Psychiatry Tutor.	It is recommended that trainees complete two WPBAs to meet addiction psychiatry requirements.
Electro-Convulsive Therapy (ECT)	HLO 2.2 – Clinical Skills	Recommended that trainees undertake ECT treatments overseen by a trained clinician and evidenced by WPBA (DoPS)	Recommended that trainees undertake ECT treatments overseen by a trained clinician and evidenced by WPBA (DoPS)	Recommended that trainees undertake ECT treatments overseen by a trained clinician and evidenced by WPBA (DoPS)	Critical Progression: It is recommended that trainees undertake ECT treatments overseen by a trained clinician in ECT and provide evidence via WPBA prior to progressing to ST4. It is recommended that trainees undertake at least two DoPS to evidence ECT requirements.
Developmental Psychiatry Capabilities	HLO 2.2 – Clinical Skills				Recommended all trainees undertake a 6-month post in CAMHS and/or ID.
Emergency Psychiatry	HLO 2.2 – Clinical Skills	Evidence of gaining Emergency Psychiatry capabilities as detailed in the Psychiatric and Educational Supervisor reports.	Evidence of gaining Emergency Psychiatry capabilities as detailed in the Psychiatric and Educational Supervisor reports.	Evidence of gaining Emergency Psychiatry capabilities as detailed in the Psychiatric and Educational Supervisor reports.	Critical Progression: Must provide evidence of obtaining emergency psychiatry requirements. Completion of a recommended 55 out of hours shifts/50 cases by the end of CT3.
Statutory Approval	HLO 3.1 – Legal and Organisational Frameworks in your UK Jurisdiction			Meet the requirements to apply for relevant statutory approval where appropriate.	Recommended that trainees meet requirements of statutory approval prior to entering ST4, in line with requirements outlined in legislation within their UK jurisdiction.

Quality Improvement Project	HLO 6.2 – Quality Improvement	Evidence of undertaking training in quality improvement, or involvement in a quality improvement project, or involvement in a clinical audit	Evidence of undertaking training in quality improvement, or involvement in a quality improvement project	Evidence of involvement in a quality improvement project	
Teaching/assessment	HLO 8 – Education & Training	Evidence of teaching activities and feedback. Active participation in Clinical, Educational and Psychiatric supervisory processes.	Evidence of teaching activities and feedback. Active participation in Clinical, Educational and Psychiatric supervisory processes.	Evidence of teaching activities and feedback. Active participation in Clinical, Educational and Psychiatric supervisory processes.	
Research Capabilities	HLO 9- Research & Scholarship	Evidence of involvement in critical appraisal and research.	Evidence of involvement in critical appraisal and research.	Evidence of involvement in critical appraisal and research.	

For full details of ARCP outcomes and their definitions, please refer to the Gold Guide ([10th Edition](#)), including the section “Outcomes from the ARCP” and Appendix 3i – Exemplar ARCP Outcome Forms.