

ARCP Decision Aid: Core Psychiatry Training (Example)

Draft Example for Consultation: 2nd July 2021

The Core Psychiatry Training decision aid outlines the requirements for a satisfactory ARCP Outcome/completion of key progression point (outcomes 1 and 6).

This document can be used in conjunction with the main core curriculum document and the trainee's Placement Specific Personal Development Plans (PDPs).

The Psychiatric Supervision and Educational Supervisor reports outline progression and recommended ARCP outcome.

Activity/Domain	HLO Key Capability Domain	CT1	CT2	CT3	Progression Notes
Psychiatric Supervision	All	2 Psychiatric Supervision Reports.	2 Psychiatric Supervision Reports.	2 Psychiatric Supervision Reports.	Input into ARCP process.
Educational Supervision	All	1 Educational Supervisor Report.	1 Educational Supervisor Report.	1 Educational Supervisor Report.	Input into ARCP process.
Placement specific personal development plans (PDPs)	All	Commence PDP for each placement. Continue to develop as placement progresses.	Commence PDP for each placement. Continue to develop as placement progresses.	Commence PDP for each placement. Continue to develop as placement progresses.	PDPs to be completed at start of each post. PDPs feed into the PSR.
Reflective Practice	All	Evidence of reflective practice.	Evidence of reflective practice.	Evidence of reflective practice.	We recommend that trainees undertake reflective practice throughout core training.
Multi-source feedback (MSF)	All	Mini-PAT as per recommendations.	Mini-PAT as per recommendations.	Mini-PAT as per recommendations.	
Supervised Learning	All	See Silver Guide (appendix 3) for recommended WPBAs.	See Silver Guide (appendix 3) for recommended WPBAs.	See Silver Guide (appendix 3) for recommended WPBAs.	
MRCPsych Examination	HLOs 1, 2, 9	Paper A.	Paper A/B.	All three examination components (Papers A, B and CASC).	Critical Progression: Cannot proceed to ST4 training unless passed all three examination components.
Key Clinical Capabilities	HLO 2 – Professional Skills	Demonstrated through PDP, Psychiatric Supervision and Educational Supervisor Reports. Recommended WPBAs outlined in silver guide.	Demonstrated through PDP, Psychiatric Supervision and Educational Supervisor Reports. Recommended WPBAs outlined in silver guide.	Demonstrated through PDP, Psychiatric Supervision and Educational Supervisor Reports. Recommended WPBAs outlined in silver guide.	Appendix 3 in the Psychiatry Silver Guide outlines the recommended number of WPBAs per year.
Psychotherapy Capabilities	HLO 2.2 – Clinical Skills	2 CBDGA.	2 CBDGA.	1 short case and 1 long case to be completed prior to progressing to ST4.	Critical Progression: Must complete 1 long case and 1 short case prior to ST4 which

				2 CBDGA.	is overseen by a Medical Psychotherapy Tutor.
Addiction Psychiatry	HLO 2.2 – Clinical Skills			Recommend the completion of 2 CbD WPBAs in Addiction Psychiatry, overseen by an Addiction Psychiatry Tutor.	It is recommended that trainees complete two WPBAs to meet addiction psychiatry requirements by the end of CT3.
Developmental Psychiatry Capabilities	HLO 2.2 – Clinical Skills				Recommend all trainees undertake a 6 month post in CAMHS and/or ID in core training.
Emergency Psychiatry	HLO 2.2 – Clinical Skills	Evidence of gaining of Emergency Psychiatry capabilities as detailed in the Psychiatric and Educational Supervisor reports.	Evidence of gaining of Emergency Psychiatry capabilities as detailed in the Psychiatric and Educational Supervisor reports.	Evidence of gaining of Emergency Psychiatry capabilities as detailed in the Psychiatric and Educational Supervisor reports.	Critical Progression: Must complete specified emergency psychiatry requirements. 55 out of hours shifts/50 cases by the end of CT3.
Statutory Approval	HLO 3.1 – Legal and Organisational Frameworks in your UK Jurisdiction			Be ready to apply for statutory approval (Section 12 or equivalent).	Recommended that trainees are ready for statutory approval prior to entering ST4, and to have gained approval within first 6 months of higher training (ST4).
Quality Improvement Project	HLO 6.2 – Quality Improvement	Recommend 1 complete audit project.	Recommend 1 complete audit project.	Recommend 1 complete audit project.	
Teaching/assessment	HLO 8 – Education & Training	Evidence of teaching activities and feedback. Active participation in Clinical, Educational and Psychiatric supervisory processes.	Evidence of teaching activities and feedback. Active participation in Clinical, Educational and Psychiatric supervisory processes.	Evidence of teaching activities and feedback. Active participation in Clinical, Educational and Psychiatric supervisory processes.	
Research Capabilities	HLO 9- Research & Scholarship	Evidence of involvement in critical appraisal and research.	Evidence of involvement in critical appraisal and research.	Evidence of involvement in critical appraisal and research.	