

ROYAL COLLEGE OF PSYCHIATRISTS

Getting Started with 14Fish

Registration, account setup and login

Resident Doctors

YOUR RESPONSIBILITY

It is your responsibility to record your competencies, in line with RCPsych and GMC guidance on Probity and [Good Medical Practice](#).

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1. Before you start

What this guide covers

This guide focuses on the practical steps in getting yourself set up on the 14Fish ePortfolio platform as a new user. For more detailed guidance use:

- [The College Resources Page](#)

2. Registering for a new account: Resident Doctors

Core Resident Doctors and new ST4 Resident Doctors

If you are commencing core training from August 2026, you must register as a **Pre-Membership Psychiatry Trainee (PMPT)** to be eligible for a 14Fish training ePortfolio. If you are starting in Higher Specialty Training as an ST4, without having previously been in UK training, you also need to register at the College with a membership grade. This is usually as a 'member' if you have done MRCPsych. Please check with the membership team if you are unsure of which membership grade to apply for.

DO THIS: Register via the College website for your [Grade of membership](#):

3. Setting up your account

After registration you should receive an email from support@fourteenfish.com inviting you to either create a new account or link an existing FourteenFish account.

- 1 Open the invitation email. *(Not arrived? Check your junk folder, then contact us eportfoliotransition@rcpsych.ac.uk)*
- 2 Follow the link, then set your password and confirm your account.
- 3 Log in using the **same email address** the invitation was sent to.

4 Two-factor authentication

For security, you will set up two-step authentication using either an authenticator app or your mobile number.

Each time you log in, a unique code is sent to your phone or app. Enter the code to access your account securely.

TIP

If you use an app, add a mobile number as a backup so you are never locked out.

5 Getting Help

If you have trouble logging in, open the **14Fish Help** section and choose **Submit a request** (on the right-hand side of your dashboard). You can also see the history of any tickets you have raised.

Help and support

 [Help centre](#)

 [Contact us](#)

If your issue is not resolved, please contact the [RCPsych Support Team](#).

6 Key Terms

A quick reference for the abbreviations used across these guides:

Abbreviation	What it means
14F	FourteenFish platform
RDs	Resident Doctors (formerly “trainees”)
The College	Royal College of Psychiatrists
PMPT	Pre-Membership Psychiatry Trainee
CCT	Certificate of Completion of Training (date)
COT	Completion of Core Training (date)
EAs	Educational Assessments (WPBA reviews)
LLs	Learning Logs
PS	Psychiatric Supervisor
CS	Clinical Supervisor
ES	Educational Supervisor
ESR	Educational Supervisor Report
PSR	Psychiatric Supervisor Report
ARCP	Educational Supervisor Report
ACF	Academic Clinical Fellow (Core)
ACL	Academic Clinical Lecturer (Higher)
HLO	High Level Outcome