

## **INSTRUCTIONS TO CANDIDATE**

### **RELATIVE'S NAME: TOM BAKER**

You are about to see Tom Baker, the son of a 83 year old retired farmer Harry Baker who has been resident in a nursing home for about 3 months. Prior to this he was living with his wife who was also 83 years old but who had become physically unwell and unable to care for him.

Harry Baker was diagnosed with Alzheimer's disease about five years ago. He is described as quite confused, tends to be restless with a tendency to wander. This has become gradually worse since his admission. At times he stands and stares at other residents and staff. Some residents are frightened of him. Though he has not hit staff he can be intimidating and resists staff support with day to day activities despite requiring their help. He is mobile but slow and unsteady using furniture to steady himself. He is not incontinent. He has a good appetite and sleeps well at night.

He is not thought to be psychotic and is not depressed.

He also suffers from arthritis for which he takes regular paracetamol and aspirin and is on atenolol for high blood pressure. His medication has been stable for the past 2 years.

He is visited twice weekly by his sons. But his wife has not been able to visit.

Three weeks ago, he tried to hit another resident during an argument. He missed and fell over. He had had frequent arguments in the past but had never attempted to hit anybody. He has become more and more irritable and argumentative. He was started on 5mg of olanzapine following review by the mental health team.

Tom Barker wants to see you because he is very unhappy that his father has been prescribed sedatives.

- **Address the son's concerns about his father's treatment and management.**
- **Discuss alternative options with him.**