

Perinatal Psychiatry Masterclass Programme 2022: A HEE funded programme for senior trainees in Perinatal Psychiatry.

The application process is now open: Applications will be received from the primary constituency (England) with provision made for applicants from the devolved nations and The Republic of Ireland; detailed below.

Health Education England has agreed to fund the Royal College of Psychiatrists to deliver a masterclass programme for *senior trainees* in Perinatal Psychiatry. There are 25 places for trainees (ST4-6) who are *in perinatal training posts or doing special interest sessions* in NHSE perinatal mental health teams and *who have not been through* a previous masterclass programme; the course is free to attend for these participants, as this initiative is being HEE funded to contribute to the ongoing development of clinical expertise and provision within PMH services.

The programme is being adapted to provide an additional eight places for senior trainees in Perinatal Psychiatry who work in the devolved nations (Scotland, Wales, Northern Ireland) and the Republic of Ireland. Each of these places will require funding for individual participants. Once applications have been received and applicants are deemed to meet the criteria for receiving a place, information will be given as to how this funding can be resourced within the appropriate nation.

The course involves five days of active participation. Given recent changes to how we can deliver training and education, the majority if not all of the course will be delivered remotely with presentations, background reading, case discussions, and small group work. We have considerable experience in delivering training remotely, with positive feedback about the experience from participants. The classes will be facilitated by leaders and experts in the field.

The application process for the 33 places is now open. Successful applicants will be expected to attend ALL of the classes. One of the aims of the programme is to develop relationships between participants within the group in order to support future liaison, networking and peer support.

Applications are invited from ST4-7 psychiatrists who are currently in, (or who plan to be by January 2022) training posts or special interest sessions in Perinatal Mental Health Teams.

The applications should include the following:

- Curriculum vitae
- A personal statement setting out why the individual trainee psychiatrist should be offered a place
- Confirmation that the individual applying will attend all the classes
- Support from the employing Trust/supervising consultant to release the consultant for the training
- The **reference code MCSTJ22**

The programme will run from 17th- 21st January 2022.

Each day will start at 9.00am and finish at 4.45pm.

The content of the masterclasses will include service development, mental disorders in the perinatal period, prescribing, safeguarding, infant mental health, personality dysfunction, and lived experience.

Please send applications to Perinataltraining2022@rcpsych.ac.uk

The application **deadline (for the January programme) is the 10th November 2021**. Successful applicants will be notified by 17th November 2021.

The application process for the October programme will open in 2022.

Please forward this email to all colleagues, perinatal mental health teams, and clinical networks who will know of psychiatrists eligible to apply. Please encourage colleagues who may benefit from this opportunity to make an application.

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