

24 September 2018

FAO:

Mr Paul Rees, Chief Executive
Professor Wendy Burn FRCPsych, President
Dr Adrian J B James FRCPsych, Registrar
Dr Kate Lovett FRCPsych, Dean
Dr Jan Falkowski TD FRCPsych MBA, Treasurer
Associate Registrars, Deans and Specialist Advisors



Dear Colleagues,

As the newly elected officers of the Psychiatric Trainees' Committee we wanted to extend our thanks on behalf of all trainees for your tireless efforts to improve our training, develop our profession and improve the quality of care and lives of people with mental illness.

Mental health is no longer in the shadows and whilst there is still much to be achieved, it is clear that the College is now, more than ever, at the heart of leading change across the UK.

We are proud to say that the Psychiatric Trainees' Committee lies at the very centre of the College and we are grateful for your time and effort in ensuring that a trainees' perspective remains at the forefront of the agenda throughout the various committees we provide representation to.

Over recent years we have been proud to share '[Supported and Valued? A trainee led review into morale and training](#)' and '[Supported and Valued? Staying Safe – A trainee led review into fatigue within psychiatry](#)' which have placed a spotlight on the improvements needed at both a local and national level to ensure that all psychiatric trainees feel safe, supported and valued.

Progressing beyond this, we are pleased to announce that on 24 and 25 January 2019 we will be holding the first Supported and Valued conference for trainees in Manchester which will embody these key values.

However, our work isn't complete. We know that our engagement both within the College and with trainees on the front line, caring for patients under immense pressure, can be improved.

This year we want to work hard to overcome this, improve our engagement and we would welcome your support, ideas for improvement and feedback to help us on this journey.

Please do not hesitate to contact us. With very best wishes,

A handwritten signature in black ink that reads 'A. Till'.

Dr Alex Till
Chair & North West
Representative
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A handwritten signature in black ink that reads 'R. Runciman'.

Dr Ross Runciman
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A handwritten signature in black ink that reads 'L. Baker'.

Surg Lt Cdr Luke Baker
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