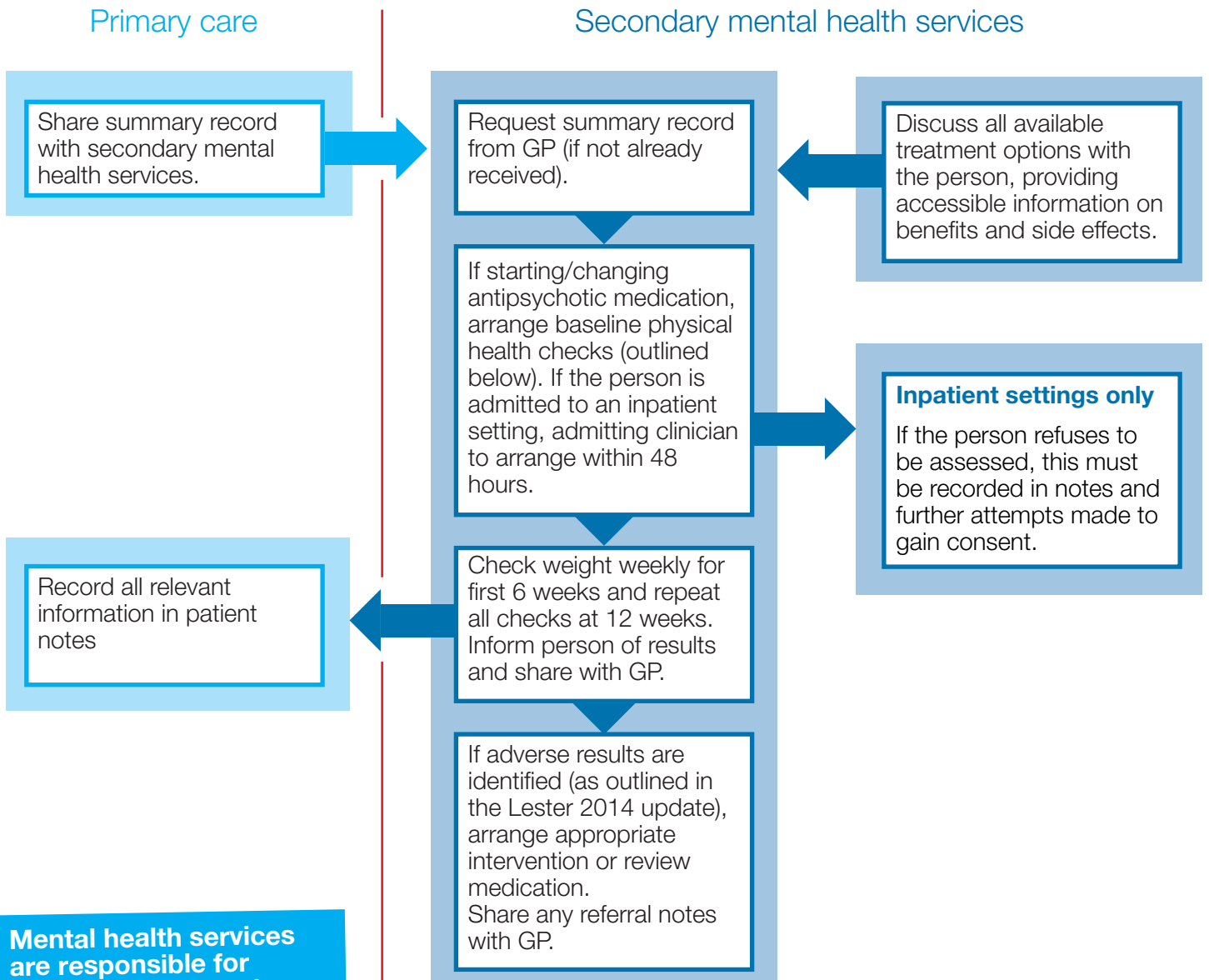


# Integrated Physical Health Pathway

Supporting the physical health of people with psychosis and schizophrenia

## Initiation of treatment or admission to inpatient setting

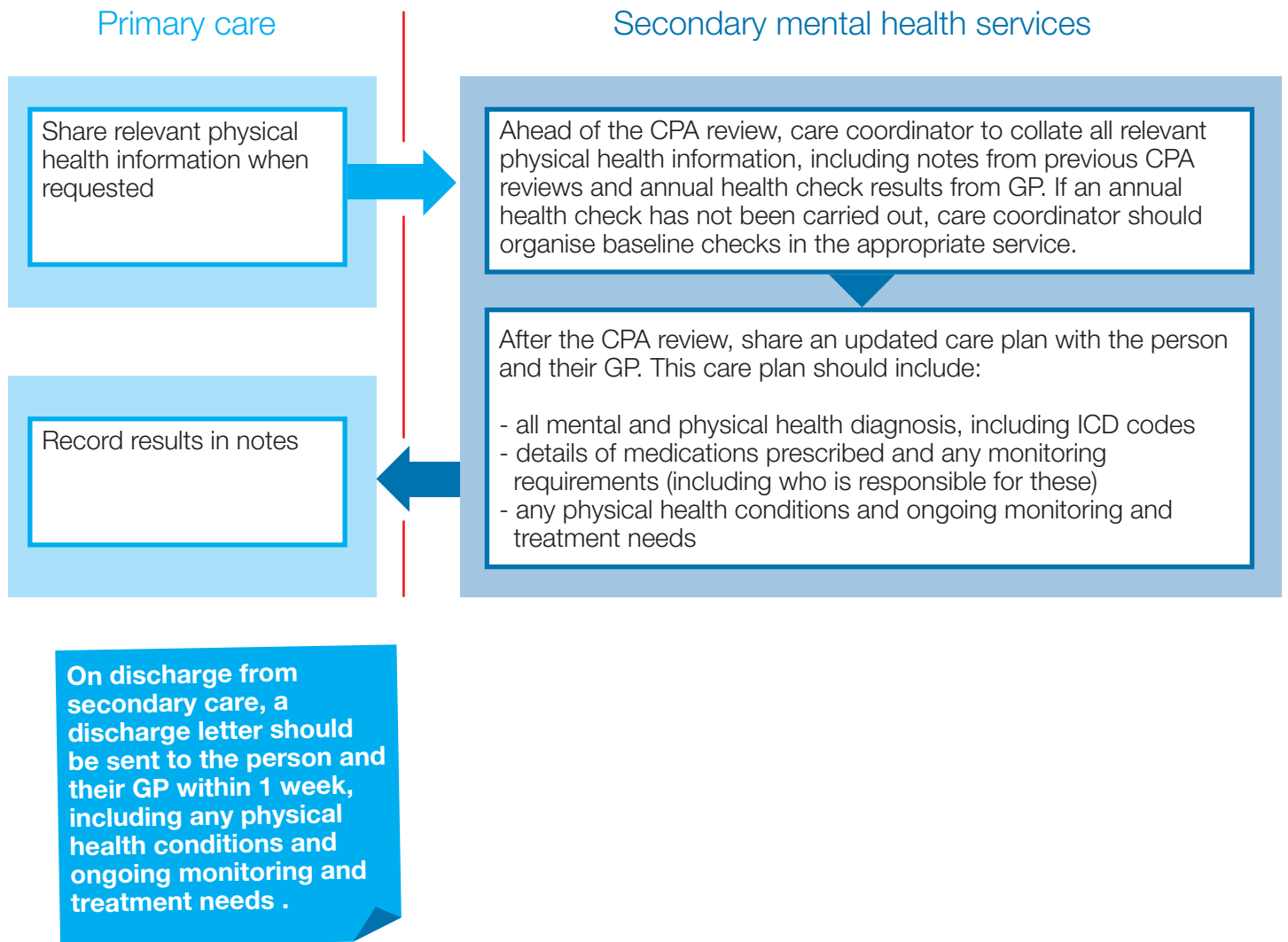


**Mental health services are responsible for monitoring physical health and medication side-effects for the first 12 months, or until the person's condition has stabilised, whichever is longer. Responsibility may then transfer to primary care under shared care arrangements.**

### Baseline Physical Health Tests

- Family history
- Smoking status, exercise and diet
- Weight and waist circumference
- Blood Pressure and pulse
- Fasting estimates of plasma glucose (FPG) and/or HbA1c,
- Lipids (total cholesterol, LDL, HDL, triglycerides)
- ECG (if the person is being admitted as an inpatient if history/family history of CVD, or if taking medication known to cause ECG abnormalities)

## Care Programme Approach (CPA) Review



## Annual health check in primary care

