Welcome!

Now that you are a Pre-Membership Psychiatric Trainee, here is a brief guide to your Royal College. For more information and the latest developments see [www.rcpsych.ac.uk](http://www.rcpsych.ac.uk)

Contents

Letter from the President and the Chief Executive 1
Your Pre-Membership Psychiatric Trainee benefits 2
Your College Officers 3
The Specialist Training Unit 4
The Psychiatric Trainees’ Committee 5
Serving on the Psychiatric Trainees’ Committee as a Core Trainee 8
Your College services and resources 9
Your College infrastructure 11
Your College contacts 12

Letter from the President and the Chief Executive

Dear Colleague

We are delighted to welcome you as a Pre-Membership Psychiatric Trainee of the Royal College of Psychiatrists. In this booklet we describe some of the activities and initiatives that we hope will support you and enable you through your career and development as a psychiatrist.

The Royal College of Psychiatrists prides itself on being a modern and forward-looking organisation which engages with and informs members of the many changes and developments that affect psychiatric practice and services, and you as an individual practitioner working either in the NHS or the independent sector.

The College now employs more than 190 staff, the majority of whom are based at our national headquarters in Belgrave Square in London. We also have a growing and dynamic College Centre for Quality Improvement and National Collaborating Centre for Mental Health, based in Mansell Street, close to the City of London, as well as Divisional Offices across England, Wales, Scotland and Northern Ireland.

We are often asked what the Royal College of Psychiatrists actually does. Well, the College is its members and you are now part of the College. It is an independent organisation and the Officers and staff are here to carry out the policy that you and other members of the College determine, and to support all our members in whatever way we can.

We very much hope that you will choose to play a full part in developing the College through its many committees, structures and initiatives. You will be joining a large group of colleagues in doing so – our latest research has shown that a considerable number of members are actively engaged in the work of the College.

It is important that the College and its elected Officers hear your views, and we are eager that you participate in the work of the College and help shape its future.

Sue Bailey
President

Vanessa Cameron
Chief Executive
As a Pre-Membership Psychiatric Trainee (PMPT), you are entitled to the following College benefits:

- **College journals** – free online access to the *British Journal of Psychiatry, The Psychiatrist, Advances in Psychiatric Treatment, Evidence-Based Mental Health* and, in collaboration with the Royal Australian and New Zealand College, *Australasian Psychiatry*.
- **Continuing professional development** – as well as free online access to the College’s CPD journal *Advances in Psychiatric Treatment* you qualify for discounted subscription to *CPD Online*, an unrivalled interactive educational resource developed by the College for its members.
- **Print + online** – upgrade your free online subscriptions to print + online at a substantial discount, for *Advances in Psychiatric Treatment* (£50), *British Journal of Psychiatry + The Psychiatrist* (£40) and *Evidence-Based Mental Health* (£10).*
- **Access to the members’ area of the College website** – search the online membership database, amend your personal record online.
- **Monthly eNewsletter** – keeping you up to date with the latest developments in mental healthcare, new appointments and advertisements for College Officer positions, policy consultations and new publications.
- **Support during your training** – the Dean and the Professional Standards Department provide detailed updates and advice concerning changes in medical education, and access to *Portfolio Online*.
- **The opportunity to attend College meetings and conferences.**
- **Reduced rates for the College’s International Congress.**
- **10% discount on RCPsych Publications** books and DVDs.
- **Local Division membership** with the opportunity to participate in meetings and conferences.
- **Involvement with Specialist Faculties and Sections** – opportunities to meet colleagues, network, and contribute to the development of your specialty.
- **Eligibility to become join the Friends of the College Archives.**
- **Access to your Regional Advisor and guidance on regional issues.**
- **Opportunity to join Special Interest Groups.**
- **Get involved in developing College policy through committees, working groups and consultation exercises.**
- **Eligibility for professional recognition at the annual RCPsych Awards**
- **Confidential access to the Psychiatrists’ Support Service.**
- **Access to our Library and Information Services** – literature searches and document delivery along with online access to journals, book loans and a place to work and access the internet when you are visiting the College.
- **50% reduction for private room hire** at the College’s Grade I listed Regency headquarters.
- **Opportunity to purchase College ties and other gifts.**
- **Opportunity to join the international volunteer programme.**

*Prices for mailing addresses in the UK; rates elsewhere may vary*
Your College Officers

The President – Sue Bailey (2011–2014)
Elected by the Membership for a maximum period of 3 years, the President is the public face of the College, representing the profession of psychiatry to the media, to parliamentarians, to the other medical professions via the Academy of Medical Royal Colleges and internationally. The President also chairs Council, the main decision-making body of the College.

Elected by the Membership for a maximum period of 5 years, the Registrar is the chief administrative officer of the College, responsible for the Psychiatrists’ Support Service, external relations, policy, and liaison with patients and carers. The Registrar is also responsible for the membership register, may deputise for the President, when relevant, and may be called upon to represent the College’s views to the media.

The Dean – Wendy Burn (2011–2016)
Elected by the Membership for a maximum period of 5 years, the Dean is the principal academic officer of the College. Responsible for the management of the MRCPsych examinations, the Dean also oversees postgraduate training, among other educational, research and academic responsibilities.

The Honorary Treasurer – Nick Craddock (2011–2016)
Elected by the Membership for a maximum period of 5 years, the Treasurer is the principal financial officer of the College and is tasked with ensuring the ability of the College to fund its charitable objectives in the short and the longer term.

Other College Officers and Office Holders include the Chief Examiner, the Editor, College Leads, Associate Registrars and Associate Deans, all with specific responsibilities. Some of these positions are elected by ballot of the Membership; others, by interview following advertisement in the e-newsletter and on the College website.

For further details about any of these positions, contact infoservices@rcpsych.ac.uk.
The Specialist Training Unit, Professional Standards Directorate

There are many benefits to registering as a Pre-Membership Psychiatric Trainee of the College, especially if you plan to enter advanced training in the United Kingdom leading to the award of a Certificate of Completion of Training (CCT) or Certificate of Eligibility for Specialist Registration via a combined programme of training and experience (CESR CP).

The Specialist Training Unit of the College is responsible for a range of activities in relation to training, curriculum development, quality assurance and GMC Specialist Registration.

The main responsibilities of the Specialist Training Unit are:

- Offering advice to trainees on all training issues, including confirmation of enrolment into either a CCT or CESR CP programme.
- Offering advice to trainers, Programme Directors and other local educational providers on all training issues.
- Offering career advice to specialty doctors and doctors in non-training posts, including advice on GMC Specialist Registration.
- Registering training posts at advanced and core training level.
- Registering doctors appointed to locum approved for training (LAT) appointments and Fixed Term Specialty Training Appointments (FTSTA) posts.
- Monitoring and tracking the progress of all trainees from CT1 to ST6 level, including those appointed to stand-alone training posts.
- Calculating CCT/CESR CP dates.
- Maintaining records of all Deanery trainee registration forms and Deanery ARCP forms.
- Recommending Certificates of Completion of Training (CCTs) to the GMC.
- Recommendation of Certificates of Equivalence for Specialist Registration (CESR).
- Recommendation of Certificates of Equivalence for Specialist Registration, Combined Programme (CESR CP)
- Provision of support for trainee out of programme experience towards a trainee’s CCT/ CESR CP via the Quality Assurance Committee.

Once you have registered as a Pre-Membership Psychiatric Trainee, the Specialist Training Unit will be able to monitor your training and offer advice on a wide range of training issues. Even if you decide not to seek GMC Specialist Registration via the CCT or CESR CP route at this stage, the Specialist Training Unit is happy to give advice on a wide range of career issues.

Appointment to a core training programme in psychiatry

Once appointed to a core training programme in psychiatry via open competition, you will be required to register with your postgraduate deanery by completing a Form R. Your postgraduate deanery will issue you with a Deanery training number.

You must then register your training post with the Specialist Training Unit of the College by completing the appropriate form and returning this to SpecialtyTraining@rcpsych.ac.uk

You will be required to follow the core curriculum in psychiatry for 2010. Details of the curriculum is available at: http://www.rcpsych.ac.uk/pdf/CORE%20CURRICULUM%20October%202010.pdf

Each year you will be required to take part in the Annual Review of Competency Progression (ARCP) process. This is a deanery led process and further information can be found in the MMC Gold Guide 2010, which is available at: http://www.rcpsych.ac.uk/pdf/Gold%20Guide%202010.pdf

If you have any queries related to training, including taking time out of programme, or queries related to CCT or CESR CPs, please e-mail: SpecialtyTraining@rcpsych.ac.uk

For specific queries about registration of your training and enrolment into core training, please e-mail: Claire Drummond, Specialist Training Manager at cdrummond@rcspych.ac.uk

The Specialist Training Unit, Professional Standards Directorate
The Psychiatric Trainees’ Committee
Alice Lomax, Chair (2011–2012)

Hello, I wanted to explain a bit about the College and particularly the PTC. More details can be found on the College website: http://www.rcpsych.ac.uk/specialtytraining/trainees/ptc.aspx. You can also follow us on Twitter @RCPsychTrainees and visit our Facebook page Psychiatric Trainees Committee.

The PTC consists of just over 40 members. Three are elected from each English Division (the regional subgroups that represent each area of England), three from Wales, three from Northern Ireland and two from each of the three Scottish regions. At least one member per division must be a Pre-Membership Psychiatric Trainee. There are also co-opted representatives from London, Hong Kong and Ireland, and from the armed forces, the Service Users’ Recovery Forum the Carers’ Forum. Elections are held in half of the Divisions every year, with members serving a 2-year term with the possibility of being re-elected for a further 2 years. The Committee meets at the College four times a year, and has an annual residential meeting to welcome the new committee members. It often forms small working groups to formulate ideas about particular training issues. The PTC officers (Chair, Vice-Chair and Honorary Secretary) are elected annually from within the Committee membership.

The role of the PTC

The Royal College of Psychiatrists is unique among the medical Royal Colleges in having trainee representation on all its committees, including the Council (on which, as PTC Chair, I have a seat). The PTC is a Standing Committee of Council in recognition of its status as a permanent committee performing key functions identified in the College’s Charter: to represent the interest of trainees to the College, to facilitate communication between trainees and the College and to improve the quality of postgraduate training in psychiatry.

The committee structure of the College is broadly split into two arms. The first is responsible for the overall management and control of College affairs, and is headed by the Council. The second structure formulates and ratifies educational policy and reports to the Education, Training and Standards Committee. Each Division has an executive committee that includes a PTC representative, as does each Faculty and Section (representing the different subspecialties of psychiatry) and every Special Interest Group (SIG). For more details on the faculties, sections and SIGs you can join see http://www.rcpsych.ac.uk/specialties/faculties.aspx

The PTC is represented at the Academy of Medical Royal Colleges via the Academy Trainee Doctors’ Group (ATDG). The Committee also sends a representative to the British Medical Association Junior Doctors’ Committee. Representatives of the PTC attend meetings of the European Federation of Psychiatric Trainees (EFPT) and are involved in various working groups looking at training issues across Europe. The PTC has representation on the National Psychiatry Recruitment Board and we continue to work towards ensuring that a fair and transparent process is implemented in the selection of trainees at CT1 and ST4 levels.

Recent work of the PTC

Recent years have been extremely busy for the PTC because of the changes in postgraduate psychiatric training brought about by the implementation of Modernising Medical Careers (MMC) and the new College curriculum, approved by the General Medical Council (GMC). The PTC has raised the profile of relevant training issues within the College and had input into the new curriculum and examination structure. Over the past year the PTC has pushed for reductions in exams eligibility, in order that trainees have more chances to pass exams and flexibility in terms of when exams are attempted.

The PTC has focused on improving recruitment to psychiatry, being instrumental in the development of medical school psychiatry societies and the student associate grade. This continues to be a priority of the College with which the PTC are closely involved.
Future plans

The PTC’s aims for 2012 were as follows:

- To review what is available on training schemes across the UK to support for trainees in difficulty in terms of communication and exam revision skills training, counselling services, psychotherapy and mentoring with the aim that every trainee has access to what they need.

- To work with the College on improvements in the quality of MRCPsych courses during core training and on the development of a higher training course in skills needed for consultancy.

- To improve communication between the PTC and trainees, with outreach to training rotations that are not covered by a PTC representative, ongoing development of our newsletter, and improvement of the trainee web pages.

- To continue to support the College with the recruitment campaign by maintaining close links with student societies, continuing to promote psychiatry among foundation doctors and developing strategies to highlight careers in psychiatry in secondary schools.

The PTC will also continue to represent trainees by:

- actively participating in the development of the curriculum, workplace-based assessments and the College’s Portfolio Online

- ensuring that standards of postgraduate training are maintained and continue to improve; this is crucial as the responsibility for quality assurance has passed to the GMC and the deaneries

- monitoring the effects of New Ways of Working and the European Working Time Directive on training and ensure that the needs of psychiatric trainees are considered in its local implementation, especially focusing on maintaining emergency psychiatry experience

- actively promoting attendance by trainees and student associates at College meetings, especially the International Congress of the Royal College of Psychiatrists, ensuring there is trainee-relevant content, fair pricing and lots of opportunities to present audit or research on posters.

Get involved!

Please contact your local PTC representatives about any training issues. Find out who your local representatives are at: http://www.rcpsych.ac.uk/training/trainees/ptc/ptcrepresentatives.aspx. Please also feel free to contact us with any queries on ptc@rcpsych.ac.uk

The PTC year runs from October to October – this is when newly elected representatives join the Committee and new Officers are elected. Officers sit for one year and can apply for a second term of one year. We need people like you who want to raise the standard of training in this country to get involved with the PTC.

Being elected to the PTC is what you make of it – the minimum commitment is to attend quarterly meetings and liaise with local trainees, but I have been given the opportunity to do a lot more, and I have been supported in taking my ideas further. I have learnt a huge amount, met some fascinating people, and really enjoyed the experience. I feel privileged to be part of such an enthusiastic group of psychiatrists, who work hard to represent trainees on the ground. I would thoroughly recommend you consider standing for election. I have been able to balance my clinical work with PTC commitments, though it hasn’t always been
easy. My organisational and time management skills have definitely improved! I have had the help of understanding supervisors who have appreciated the skills I have been learning with PTC, largely related to management and leadership.

Details of how to get involved with can be obtained from Charlotte Collins in the Professional Standards Division of the College: email ccollins@rcpsych.ac.uk.
Serving on the Psychiatric Trainees’ Committee as a Core Trainee

Hannah Cappleman, Honorary Secretary/North West Division PMPT Representative

I have been working on the PTC for just over a year now and I have enjoyed every minute of it. It has been a fantastic opportunity to learn more about the working of the College and to get involved in work that’s being done to try and further the cause of Psychiatry. The PTC is full of imaginative, creative and enthusiastic individuals and as a member you will find yourself involved in many of their exciting projects - or even starting your own! This year projects have including setting up a Medical Film Festival, MedFest (find more information on twitter @Medfest and www.medfest.co.uk). It involved events at universities across the country both to encourage discussion around the portrayal of doctors in film and to enthuse students about a potential career in psychiatry. Please check the website for future events. 

I have been involved in a project to produce e-learning modules for Foundation doctors to achieve their foundation competencies in psychiatry.

The PTC also sends representatives to almost every other committee in the college so the voice of trainees is really heard. In my first year I was involved in the National Psychiatry Recruitment Board which managed the nuts and bolts of the recruitment process. I also sat on the Multispecialty Working Group of the British Medical Association. It is a real privilege to represent trainees in this way and to see how your participation really can make a difference. There is also the opportunity to get involved in your local division. The North West are hosting a new three day event for Foundation doctors who are considering a career in psychiatry, which if successful may be rolled out across other regions.

This year I have been elected as secretary of the PTC. Amongst other things this will involve editing the trainee’s newsletter ‘The Registrar’ which keeps you up to date with all the latest College news relevant to trainees and is a great forum for sharing experiences. I will also be supporting the Chair and Vice Chair who represent trainee’s on the central committees at the College including Council and the Education and Training Standard’s Committee.

Balancing PTC work alongside everything else that you have to do as a trainee can be tricky but it is well worth the effort. I would encourage any keen trainees who want to be involved in shaping the future of the profession to put themselves forward in their local elections.
Your College services and resources

Your online services

You are probably already familiar with our award-winning website, which reflects all aspects of College activity and provides information to members, other mental health professionals and the general public. As a Pre-Membership Psychiatric Trainee you will receive the monthly e-newsletter and associated resources via the secure area of the site. Your pack contains information on how to register for the secure area of the site. Forthcoming events and notices are listed on the site and may be submitted and posted free of charge. You can browse the membership list online to contact colleagues and friends, and update your own details on our database, register for College conferences, search the book catalogue and buy books, respond to online surveys … and much more. You can also follow us on Twitter and join our ever-expanding Facebook group.

Your journals

As a Pre-Membership Psychiatric Trainee you receive free online access to the College’s journals.

1. *The British Journal of Psychiatry* – one of the world’s foremost publications for research in psychiatry, as well as editorials and reviews. Be sure to activate your online access to make full use of this resource.

2. *The Psychiatrist* – publishes original research and expert comment on mental healthcare service delivery, as well as education and training and current practice in psychiatry. Contributors to *The Psychiatrist* are usually members of the College – see the website (http://pb.rcpsych.org) for instructions on how to submit your work for publication.

3. *Advances in Psychiatric Treatment* – the College’s CPD journal is free online to all members. You may upgrade your subscription to print + online for a discounted fee.

4. *Evidence-Based Mental Health* – the quarterly digest of the best research, is copublished with the British Psychological Society and the BMJ group. It is free online to all members (upgrade to print + online for a small fee).

5. *International Psychiatry* – a quarterly journal, published since 2003, intended primarily as a platform for authors from low- and middle-income countries, sometimes writing in partnership with colleagues elsewhere. Submissions from authors from International Divisions of the Royal College of Psychiatrists are particularly encouraged.

Members also get free access to the online version of *Australasian Psychiatry*.

You can access journals online at www.rcpsych.ac.uk/publications/journals1.aspx once you have completed the following activation process:

1. Go to www.rcpsych.org
2. Click on the *British Journal of Psychiatry*
3. Click on ‘Subscribe’ on the right-hand side
4. Click on ‘Activate Your Member or Individual (Non-Member) Subscription’
5. Enter your membership number when prompted
6. Complete the online form, giving your email address and setting a username and password for future access.

Once you have completed this process you will receive an email confirmation. You will then be able to access the full text content of the *British Journal of Psychiatry*, *The Psychiatrist* and *Advances in Psychiatric Treatment* using your username and password (set during activation) to ‘sign in’.

Members do not need to activate the *British Journal of Psychiatry* subscription separately from *The Psychiatrist* and *Advances in Psychiatric Treatment* subscription. Any enquiries email: onlinejournals@rcpsych.ac.uk.
Your books and reports

College reports – often explaining College policy in specific areas – are available free of charge on the website (printed copies may also be purchased). You may find these useful when seeking guidance in your practice or when campaigning for resources locally.

Our book publishing programme delivers about a dozen new titles each year. We have been publishing books under the Gaskell imprint for over 20 years, but since spring 2007 all new books have been under the RCPsych Publications umbrella. Decisions about which books to publish are made first and foremost with our members in mind, and you will receive a 10% discount on all purchases. Also, you should find a £5 book token in this welcome pack, redeemable against any book on our list (www.rcpsych.ac.uk/publications/books.aspx).

Events and newsletters

Your College Division will write to welcome you and provide you with information about forthcoming events. You will have chosen the Faculties, Sections and Special Interest Groups you want to belong to and you will start to receive mailings and newsletters – if you are keen to get ahead with this, please look at the relevant pages of the College website. Faculty, Section and Special Interest Group mailings will be sent to you as they arise. If you want information in advance of these, please check the relevant section of the website.

Membership Data Office

The Membership Data Office will work to keep your personal information up to date, but for this we rely upon you to update us when your circumstances change. This enables us to deliver your key services (such as your journals and Faculty or Division mailings) to the right place and to send you information appropriate to your particular career point and path. It is particularly helpful if you can keep us up to date with an email address – the College sees email communication as the most efficient and effective in most cases, and we are also conscious that keeping postal costs down makes the best use of your College subscriptions.

You can contact us at any time by telephone, post or email, but you may find it easier to use your access to the secure members’ area of the College website to update your key details online. You will find an increasing amount of information within this area and we hope you will register as a user as soon as possible.

For further details or any help in accessing your College benefits and services, contact the Membership Data Office: membership@rcpsych.ac.uk

The Library and Information Service

The Library and Information Service is available to members. The Library itself provides broadband internet, wireless connection, access to email and literature search databases, and coffee and tea facilities. Trained Information Officers are on hand by email or telephone to provide all members with free literature searches and free photocopying from Library journals. Contact infoservices@rcpsych.ac.uk

Psychiatrists’ Support Service

The Psychiatrists’ Support Service, launched in June 2007, is a free dedicated, confidential support and advice service to psychiatrists (at all levels) who are College members. The service can also put doctors who contact them in touch with a psychiatrist colleague to discuss the issue over the telephone. Further details are provided in a leaflet included with this pack. Contact the Psychiatrists’ Support Service Manager at psychiatristssupportservice@rcpsych.ac.uk or phone directly on 020 7245 0412.
Your College infrastructure

With a staff of over 190 and a membership of more than 15,000 around the world, the College contains a great many structures that you will encounter as your career progresses. All of these are represented in detail on the website, but some are worth a brief mention here.

Public education and mental health promotion

The College produces a series of award-winning, evidence-based, illustrated leaflets on common mental health issues and treatments such as depression, bipolar disorder, self-harm, antidepressants and cognitive–behavioural therapy. Another series of leaflets and checklists were produced by the Partners in Care campaign to aid communication, understanding and partnerships between healthcare professionals, patients and carers. Many of these materials have now been translated into other languages, including Chinese, French, Hindi, Russian and Urdu, among others – see our popular mental health information pages (www.rcpsych.ac.uk/info). This important work is coordinated by the Communications and Policy Department and the Public Education Editorial Board.

The College Centre for Quality Improvement

The College Centre for Quality Improvement (CCQI) has created a new and enhanced role for clinicians and their professional bodies in raising standards. Its national initiatives engage directly with clinicians, managers and service users and support them to take responsibility for improving local mental health services.

The National Collaborating Centre for Mental Health

The National Collaborating Centre for Mental Health (NCCMH) is one of seven centres established by the National Institute for Health and Clinical Excellence (NICE) to develop guidance on the appropriate treatment and care of people with specific diseases and conditions within the NHS in England and Wales. Established in 2001, the NCCMH is responsible for developing mental health guidelines, and is a partnership between the Royal College of Psychiatrists and the British Psychological Society.

Committee structure

Council, chaired by the President, is the principal decision-making body of the College. It is advised by the Finance Management Committee, ensuring that your membership subscriptions are disbursed efficiently and in accordance with the charitable purposes of the College. A wide range of committees feed into this decision-making structure (see the College website) and we hope you will become involved with some of these later in your career.

Working parties and scoping groups

These are expert panels who report to the Central Policy Coordination Committee with the task of developing College policy on specific questions of relevance to the psychiatric profession.
Your College contacts

The London headquarters of the College is 17 Belgrave Square, London SW1X 8PG, tel: +44 (0)20 7235 2351, fax: +44 (0)20 7245 1231.

If you have an enquiry, please use one of the emails below and your message will be directed to the relevant member of staff at the London headquarters of the College.

Membership enquiries: membership@rcpsych.ac.uk
General publications enquiries: publications@rcpsych.ac.uk
British Journal of Psychiatry: bjp@rcpsych.ac.uk
The Psychiatrist: pb@rcpsych.ac.uk
Advances in Psychiatric Treatment: apt@rcpsych.ac.uk
International Psychiatry: ip@rcpsych.ac.uk
Psychiatric Trainees’ Committee: ptc@rcpsych.ac.uk
Library and Information Service: infoservices@rcpsych.ac.uk
Psychiatrists’ Support Service: psychiatristssupportservice@rcpsych.ac.uk
Specialty training enquiries: SpecialtyTraining@rcpsych.ac.uk

To contact a named member of staff at the London headquarters, the email address would be [first initial][surname]@rcpsych.ac.uk

So, Jane Smith will be jsmith@rcpsych.ac.uk

Local and international divisional office contact details are listed below. Contact names and addresses can also be found at www.rcpsych.ac.uk/college/divisions.aspx

**Eastern Division**

bfrancis@easterndiv.rcpsych.ac.uk
+44 (0)20 7977 6651

**London Division**
londondiv@rcpsych.ac.uk
+44 (0)20 7977 6650

**Northern and Yorkshire Division**
lgrice@nyorkdiv.rcpsych.ac.uk
+44 (0)113 394 4107

**North West Division**
lgrice@northwestdiv.rcpsych.ac.uk
+44 (0)113 394 4107

**Trent Division**
scorfield@trentdiv.rcpsych.ac.uk
+44 (0)121 410 2655

**West Midlands Division**
scorfield@wmidsdiv.rcpsych.ac.uk
+44 (0)121 410 2655

**South Eastern Division**
bfrancis@seastdiv.rcpsych.ac.uk
+44 (0)20 7977 6651

**South West Division**
mpcmphee@southwestdiv.rcpsych.ac.uk
+44 (0)1761 463979

**Scottish Division**
administrator@scotdiv.rcpsych.ac.uk
+44 (0)131 220 2910

**Northern Ireland Division**
nmcnairney@nirelanddiv.rcpsych.ac.uk
+44 (0)28 9027 8793

**Welsh Division**
sconway@welshdiv.rcpsych.ac.uk
+44 (0)29 2048 9006

**International Divisions**

African Division: africandivision@rcpsych.ac.uk

European Division: europeandivision@rcpsych.ac.uk

Middle Eastern Division: middleeastdivision@rcpsych.ac.uk

Pan-American Division: panamericandivision@rcpsych.ac.uk

South Asian Division: southasiandivision@rcpsych.ac.uk

Western Pacific Division: westernpacificdivision@rcpsych.ac.uk

Further information can be obtained from the International Manager: internationalmanager@rcpsych.ac.uk