

**Royal College of Psychiatrists  
Faculty of Child and Adolescent Psychiatry Annual Residential  
Meeting**



**Wednesday 17<sup>th</sup> to Friday 19<sup>th</sup> September 2014  
Swalec Stadium, Cardiff, CF11 9XR**

**Preliminary Conference Programme**

**WEDNESDAY 17<sup>th</sup> SEPTEMBER 2014**

12:00 - 1:45	<b>Registration , Lunch, Exhibition , Poster Viewing, and E-Zone</b>	
<b>Opening plenary session</b>		
1:45 – 2:00	<b>Chair’s Welcome</b> – Professor Ann Le Couteur, Academic Secretary, Faculty of Child and Adolescent Psychiatry, and Dr Alka Ahuja, Chair, RCPsych in Wales Faculty of Child and Adolescent Psychiatry	
2:00 – 2:45	<b>Autism Research: True Gains and False Promises</b> , Professor Sir Michael Rutter	
2:45 – 3:00	<b>Autism Research: a response</b> , Professor Anita Thapar, Cardiff University	
3:00 – 4:15	<b>Symposium 1</b>	<b>Symposium 2</b>
	<b>Youth Mental Health Services</b>  Chair: Peter Hindley Clare Lamb Ian Goodyer Sarah Maxwell Jon Willson	<b>Time Trends in Mental Health</b>  <b>Trends in child emotional, conduct and ADHD problems in Great Britain and their impact: 1999-2008</b> Dr Ruth Sellers  <b>A cross-cohort comparison of antenatal risk factors for child mental health problems</b> Dr Stephan Collishaw  <b>Time Trends in diagnosis rates and symptom levels of Autism Spectrum Disorder</b> Dr Ginny Russell
4:15 – 4:30	<b>Afternoon Refreshments, Exhibition, Poster Viewing, and E-Zone</b>	
4:30 – 5:45	<b>New Research Presentations 1</b>	<b>New Research Presentations 2</b>
	<b>A case control study comparing the service input and severity of mental disorders pre and post treatment of ‘Hard to Reach’ Young People who attended a new Innovations Project with a matched sample attending a Community Mental Health Team.</b> Nigel Camilleri  <b>Autistic traits in attention deficit hyperactivity disorder index clinical problems.</b> Miriam Cooper  <b>Prenatal stress, maternal stroking, DNA methylation, and emotional and behavioural problems up to age 3.5 years.</b> Jonathan Hill  <b>Abbreviating the Diagnostic Interview for Social and Communication Disorders.</b> Sue Leekam	<b>Paternal Depression in the Postnatal Period and Offspring Depression at 18 Years.</b> Leticia Gutierrez-Galve  <b>Managing Repetitive Behaviours in young children with Autism Spectrum Disorder (ASD): New Parent Group Intervention.</b> Victoria Grahame  <b>Is There Any Additional Effect Of Being Cyberbullied Over And Above The Negative Effects Of Traditional Bullying?</b> Maria Martinez-Herves  <b>Prospective investigation of risk factors for suicidal thoughts in adolescence – a developmental epidemiological perspective – the Young-HUNT study.</b> Arve Strandheim

	<p><b>Correlation between social deprivation and scores on the Strengths and Difficulties Questionnaire: data from a national population cohort'</b> Fiona Mitchell</p> <p><b>A pilot study demonstrating that a dog trainer in a non-clinical setting can effectively treat children with a dog phobia (cynophobia)</b> Annie Swanepoel</p> <p><b>Psychological symptoms in children and parents at the Non-inflammatory Musculoskeletal Pain Clinic at Great Ormond Street Hospital</b> Simon Wilkinson</p>	<p><b>The involuntary admission and treatment of children and adolescents: A systematic review</b> Susan Walker</p>
5:45 – 6:30	<p><b>Welcome Reception</b></p> <p><i>Kindly hosted by:</i></p> <p><i>Child and Adolescent Psychiatry Surveillance System (CAPSS), Royal College of Psychiatrists</i></p>	
6:30 – 7:15	<p><b>DEBATE:</b></p> <p><b>"The current model of Inpatient psychiatric care is a luxury the NHS cannot afford"</b></p> <p>For: David Skuse. Against: Brian Jacobs</p>	
7:15	<p><b>Close of Day One</b></p>	

# THURSDAY 18<sup>th</sup> SEPTEMBER 2014

08:00 - 08:45	<b>Registration, Refreshments, Exhibition, Poster Viewing, and E-Zone</b>		
08:45 – 10:15	<b>Symposium 3</b>		<b>Symposium 4</b>
	<b>Improving Access to Psychological Therapies</b> Speakers include: Margaret Murphy		<b>ASD/Anxiety</b> Chair: Professor Ann Le Couteur Professor Anita Thapar Professor Sue Leekam Professor Dale Hay
10:15 – 10:45	<b>Morning Refreshments, Exhibition, Poster Viewing, and E-Zone</b>		
10:45 – 11:30	<b>Michael Rutter Lecture</b>		
	<b>Stephen J. Suomi</b> , Chief, Laboratory of Comparative Ethology, Eunice Kennedy Shriver National Institute of Child Health and Human Development, National Institutes of Health, USA		
11:30 – 1:00	<b>Symposium 5</b>		
	<b>Biology and the consequences on development of deprivation and abuse – a symposium</b> Chair: Dr Brian Jacobs Professor Sir Michael Rutter SGDP, King's College London Dr Stephen Suomi, Director, Chief of Laboratory at NICHD at NIMH, USA Professor Dale Hay, School of Psychology, Cardiff University		
1:00 – 2:30	<b>Lunch, Exhibition Poster Viewing, and E-Zone</b>		
2:30 – 3:45	<b>Parallel Workshops</b>		
	Workshop A1	Workshop A2	Workshop A3
	<b>The use of Simulation Training in Child and Adolescent Psychiatry</b> Benjamin Baig, Daniel Hayes and Peter Hindley	<b>Paediatric Neuropsychiatry : Syndromes, Assessment, Multi-Modal Managements</b> Anjum Bashir	<b>"ADHD and..." - Managing the child or teenager with ADHD and comorbidities or life situations that can complicate treatment decisions</b> Frank Besag
	Workshop A4	Workshop A5	Workshop A6
<b>Fabricated or Induced Illness; assessment and next steps. Lessons from the literature and experience from 100 cases over 28 years</b> Christopher Bools	<b>Who's Afraid Of Section 136 Mental Health Act 1983(2007)? Achieving Best Practice</b> Ananta Dave and Anupam Gupta	<b>Weathering the turbulence of NHS changes: support to keep afloat'</b> Elizabeth Fellow-Smith	
3:45 – 4:15	<b>Afternoon Refreshments, Exhibition, Poster Viewing, and E-Zone</b>		

4:15 – 5:30	<b>Parallel Workshops</b>		
<b>Parallel Workshops</b>	Workshop B1	Workshop B2	Workshop B3
	<b>Non-epileptic seizures (NES) in children and adolescents</b> Dr Krishna Das, Prof Laura Goldstein, Isobel Heyman, Colin Reilly and Dr Daniel Stark	<b>A domains based approach to adolescent self-harm</b> Jonathan Hill	<b>Clinicians/commissioners/no more backs of envelopes</b> Nick Hindley
	Workshop B4	Workshop B5	Workshop B6
	<b>New Ways of Working – Psychiatrists as Social Entrepreneurs</b> Shirley Gracias and Deborah Judge	<b>MindEd – an e-learning resource for CAMHS and CYP-IAPT as well as those who work with children and young people</b> Brian Jacobs and Raph Kelvin	<b>An Alternative to Hospital Admission for young people in North Wales</b> Clare Lamb
5:30	<b>Close of Day Two</b>		
<p><b><u>Additional Evening Meetings</u></b></p> <ul style="list-style-type: none"> <li>• <b>Adolescent Forensic Special Interest Group</b></li> <li>• <b>RCPsych in Wales Faculty of Child and Adolescent Psychiatry Business Meeting</b></li> </ul>			
7:15/7:30pm	<p><b>Conference Dinner</b></p> <p><b>National Museum Cardiff</b>, Cathays Park, Cardiff CF10 3NP Entertainment from Debs Hancock and the Jazz Dragons</p> <p>Places are £55 per person and include a drinks reception in the Impressionist Gallery, followed by a three-course dinner with wine in the Great Hall.</p> <p>Please book your place via the registration form or online.</p>		

# FRIDAY 19<sup>th</sup> SEPTEMBER 2014

08:00 - 08:45	<b>Registration, Refreshments, Exhibition, Poster Viewing , and E-Zone</b>		
08:45- 10:15	<b>Symposium 6</b>		<b>Symposium 7</b>
	<p><b>Telemedicine</b> Chair: Paramala Santosh</p> <p><b>A model application to deliver child mental health care in remote areas through telepsychiatry</b> Professor Savita Malhotra</p> <p><b>HealthTracker</b> Dr Paramala Santosh</p>	<p><b>Emerging personality disorder and its treatment</b> Chair: Denis Ougrin. Discussant: Dr Toby Zundel</p> <p><b>Developmental Perspectives on Borderline Personality Disorder in Adolescence</b> Professor Jonathan Hill Central Manchester Foundation Trust &amp; Tavistock and Portman NHS Foundation Trust, London</p> <p><b>Personality Disorder as a Developmental Disorder?</b> Professor Michael Fitzgerald, Consultant Child Psychiatrist, Trinity College Dublin (TCD)</p> <p><b>Does non-suicidal self-injury mean developing borderline personality disorder?</b> Dr Paul Wilkinson, University of Cambridge</p> <p><b>Mentalization-based treatment for young people with self-harm: an RCT.</b> Dr Trudie Rossouw, Brookside adolescent unit, North East London NHS Trust</p>	
10:15- 10:30	<b>Morning Refreshments, Exhibition and Poster Viewing, and E-Zone</b>		
10:30 – 11:45	<b>Parallel Workshops</b>		
	Workshop C1	Workshop C2	Workshop C3
<b>Parallel Workshops</b>	<p><b>Mental Health Re-provision for the Adolescent Secure Estate in the Northeast</b> Cesar Lengua and Ms Julie Dhuny</p>	<p><b>Assessment and management of treatment-resistant early-onset psychosis.</b> Marinos Kyriakopoulos and Dan Hayes</p>	<p><b>Gypsy, Traveller and Roma communities in the UK</b> Annie Lau, Michael Ridge and Daniel Allen</p>
	Workshop C4	Workshop C5	
	<p><b>Female autism- recognition and diagnosis in childhood and adolescence</b> Dr Jacinta Tan, College of Medicine, Swansea University, Swansea</p> <p>Anne Marie McKigney, Aneurin Bevan University Health Board, Newport</p> <p>Dr Alka S Ahuja, Aneurin Bevan University Health Board, Newport</p>	<p><b>National Institute for Health Research update: Identifying Priorities for Research</b> Dr Louise Craig and Dr Alison Mortlock, National Institute for Health Research</p>	
11:45 – 12:30	Faculty Business Meeting		
12:30 – 1:45	<b>Lunch, Exhibition, Poster Viewing, and E-Zone</b>		
1:45 – 3:00	<b>Symposium 8</b>		<b>Symposium 9</b>
	<p><b>Public child mental health</b> Chair: Peter Hindley</p> <p><b>The importance of child public mental health</b> Sarah Stewart- Brown, Professor of Public Health, University of Warwick</p>	<p><b>The neuroscience of eating disorders: update and practical applications</b> Chair: Dasha Nicholls, Great Ormond Street Feeding and Eating Disorders Service</p> <p><b>Neuroimaging in Psychiatry: Current findings and</b></p>	

	<p><b>The importance of children's mental health and Wellbeing to overall health: Widening our horizons and embedding mental health and wellbeing across the children, young people and families agenda</b></p> <p>Gregor Henderson, Director, Wellbeing and Mental Health, Public Health England</p> <p><b>Interventions to promote child mental health in schools</b></p> <p>Nisha Dogra, Professor of Psychiatry Education and Consultant in Child and Adolescent Psychiatry, University of Leicester</p>	<p><b>future possibilities in Eating Disorders</b></p> <p>Steve Williams, Professor of Neuroimaging, Institute of Psychiatry</p> <p><b>What does neuroscience tell us about risk for Eating disorders?</b></p> <p>Nadia Micali, NIHR Clinician Scientist, UCL Institute of Child Health</p> <p><b>How can understanding the neuroscience of eating disorders guide treatment strategies?</b></p> <p>Kate Tchanturia, Reader in Psychology, South London and Maudsley ED service/KCL</p>
3:00	<p><b>Hot topics</b></p> <p>Chair: Peter Hindley</p> <ul style="list-style-type: none"> <li>• Dave Williams, CAMHS Advisor to Welsh Government</li> <li>• Peter Aitken, Chair, Faculty of Liaison Psychiatry - The shift from liaison psychiatry to psychological medicine</li> <li>• Anne Stewart, Consultant Child &amp; Adolescent Psychiatrist, Oxford - Liaison psychiatry from a child and adolescent perspective</li> </ul>	
3:55	<p><b>Closing comments</b> –Ann Le Couteur</p>	
4:00	<p><b>Close of Conference</b></p>	

**Venue:**

Swalec Cricket Stadium, Cardiff CF11 9XR, Wales

**Accommodation:**

Please contact our appointed booking agency 'Ellis Salsby Ltd' for prices and availability - a range of hotels are available to suit all budgets.

- **Book Hotel Accommodation Online**, or at <http://www.ellis-salsby.co.uk/forthcoming-events/royal-college-of-psychiatrists-cardiff.html>
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- Alternatively, please try the following websites:
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  - [Laterooms http://www.laterooms.com/](http://www.laterooms.com/)
  - <http://www.dhr.com/>

**Conference enquiries:**

Centre for Advanced Learning and Conferences, Royal College of Psychiatrists, 21 Prescott Street, London E1 8BB. Telephone: 020 3701 2604. Email: [csimms@rcpsych.ac.uk](mailto:csimms@rcpsych.ac.uk)

**Conference Website:**

<http://www.rcpsych.ac.uk/traininpsychiatry/conferencetraining/facultysectionconferences/childadolescent2014.aspx>

**CPD:**

*Subject to your own personal reflection and peer group approval this conference is eligible for 1 CPD hour for each hour of educational activity with the maximum per day as followed;*

**4.5 CPD points for Wednesday 17 September 2014; 6 CPD points for Thursday 18 September 2014; 4.5 CPD points for Friday 19 September 2014**