Proactive Monitoring of Self-harm Attendances to the Emergency Department: Challenges and Successes

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Recording Self-harm Data

MCM study form used for recording self-harm in Derby

Challenges and Successes

Outcomes

<table>
<thead>
<tr>
<th>EM-SRN</th>
<th>MCM Project</th>
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<tbody>
<tr>
<td>East Midlands Self-harm and Suicide Prevention Research Network (Google group)</td>
<td>Derbyshire Healthcare Epidemiology and trends Clinical management Outcomes Pharmacoeconomics</td>
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<td>University of Oxford</td>
<td>Currently over 76,000 episodes of SH in 2000-2012 database</td>
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<td>University of Manchester</td>
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Summary of outcomes:
- Number of publications: over 20
- Results presented widely at international conferences and national meetings

Recent Publications
Below are some recent publications which have resulted from our collaboration in the MCM project:

For more publications and full references, please visit: http://cembh.warne.ox.ac.uk/csr/mcm/publications/

7 Key Messages
Communicate with context engaging in best practice — If you’ve thought of it chances are others have too.

- Make the data you’re recording compatible by using well known and standardised data categories/methods of recording e.g. ICD10 codes
- Record data electronically in a systematic and reliable way
- Prevent duplication; develop a system of recording information necessary for clinical and research purposes simultaneously
- Ensure training is delivered to all staff who will be recording data
- Be patient when system and service changes occur
- Collaborate with others and share good practice

Future Directions
Continue to share and support good clinical practice e.g. grow EM-SRN
Encourage and support others to evaluate and improve self-harm related care
Increase opportunities for patient and public involvement to both participate in research studies and develop new research proposals.