

# Venlafaxine

Antidepressant



## Your medication

# Venlafaxine



## What is this leaflet for?

This leaflet is to help you understand more about your medicine.

Your medicine could look different to the pictures on this leaflet.



Venlafaxine is also called Efexor.

Venlafaxine is available as tablets.



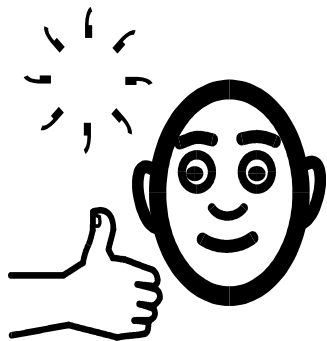
## What is Venlafaxine used for?

Venlafaxine is commonly used to treat depression.

It is also used in people having anxiety.



# Venlafaxine



## What will Venlafaxine do?

Venlafaxine should help you feel calm and relaxed.

It could take a few weeks for Venlafaxine to have its full effect.



## What are the side effects of Venlafaxine?

Side effects are the unwanted effects of any medicine on the body.

Not everyone taking a medicine will get side effects.

Many side effects will go away with time. But some side effects may last for longer.

Some side effects can be serious.

You should tell your doctor if you have any side effect.

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**Some side effects are more serious.**

You should tell someone straight away if...

- you feel dizzy
- you feel shaky
- you have problems with passing water
- you have a rash on your skin or your skin feels itchy.

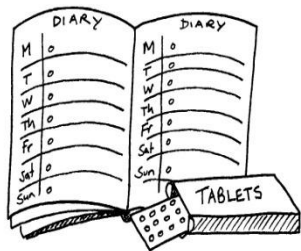


**Other side effects of Venlafaxine can be...**

- confusion
- feeling restless
- feeling sleepy or sluggish
- feeling sick
- having problems sleeping at night
- diarrhoea
- dry mouth
- headache
- changes in blood pressure



# Venlafaxine



## How and when do I take Venlafaxine?

The label on your Venlafaxine packet should tell you when and how much you should take.



## If you forget to take your medicine

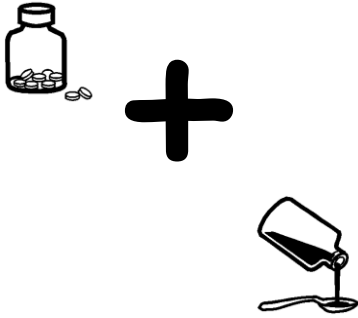
Tell your carer or doctor straight away.



## When to stop taking your Venlafaxine?

You should carry on taking your medicine unless your doctor asks you to stop.

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**Some medicines do not work well together.**

You should tell your doctor about any other medicines you are taking.



**What should I not do while taking Venlafaxine?**

Drinking alcohol when you are on Venlafaxine could make you feel drowsy.



**Doctor's comments**

# Help and support



Your doctor: .....  
Telephone Number: .....

Your Psychiatrist: .....  
Telephone Number: .....



Your Community Nurse: .....  
Telephone Number: .....

Other professionals involved:

Other resources:



[www.patient.co.uk](http://www.patient.co.uk)



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[www.leicspt.nhs.uk](http://www.leicspt.nhs.uk) - [www.rcpsych.ac.uk](http://www.rcpsych.ac.uk).

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**Please note this is not a manufacturer's information leaflet**