APPLYING TO CORE PSYCHIATRY TRAINING

HOW CAN CONSULTANTS BEST SUPPORT POTENTIAL TRAINEES IN THEIR APPLICATION

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FIRSTLY WHAT DOES YOUR PSYCHIATRY TRAINEE OFFER?

- Outside of Psychiatry placements at Medical School this is likely the trainees first time working in Psychiatric environment

- What training opportunities does the post offer:
  - Key skills for reaching foundation programme competencies/ CT1 personal specification
  - What unique training opportunities can you offer
  - Do they need a more tailored induction to your department?
  - Preparation for on calls
  - Protected supervision time and wider support from MDT- including speciality doctors, higher trainees, senior practitioners
SECONDLY WHAT DOES YOUR TRAINEE OFFER?

• Get to know your trainee 😊
• Where did their interests in Psychiatry come from?
  • Sub-speciality interests
  • Outside of Psychiatry
THIRDLY SUPPORTING THE APPLICATION PROCESS

• Be aware of the Core Psychiatry training application windows
• CT1 Psychiatry Personal Specification
• Offer Taster days for applicants who may not have a psychiatry post in their programme or learning about new sub-speciality
• MSRA preparation – trainees within Foundation Training programme have pre-allocated study leave – does your trainee have adequate time to prepare?
FINALLY THE MSRA.......

- Multi-Specialty Recruitment Assessment – already used across a wide variety of specialities including Psychiatry

- Two parts:
  - Clinical Problem Solving – based at foundation competency level
  - Professional Dilemmas (using SJT format) competencies being examined directly relate to Generic Professional Capabilities Framework outlined by GMC required capabilities of all doctors
  - Significant evidence of correlation of MSRA score resulting in trainees successfully moving through and completing core psychiatry training
  - Could your local education department fund for resources for trainees to prepare?
  - Ensure your trainee has appropriate exam leave to attend