

NCAP Physical Health and Employment Spotlight Audit 2020/21

Standards	
S1	<p>The following physical health indicators have been monitored within the past 12 months:</p> <ul style="list-style-type: none"> i. BMI; ii. blood pressure; iii. use of tobacco; iv. use of alcohol; v. substance misuse; vi. measure of glucose control; vii. lipids; viii. history of cardiovascular disease, diabetes, hypertension or hyperlipidaemia in members of the service user's family.*
S2	<p>When monitoring within the past 12 months has indicated a need for intervention, the following have been offered to the service user or the treating clinician has made a referral for the service user to receive:</p> <ul style="list-style-type: none"> i. advice about diet and exercise, aimed at helping the person to achieve and/or maintain a healthy BMI ii. treatment for hypertension; iii. treatment for diabetes; iv. treatment for dyslipidaemia; v. help with smoking cessation; vi. help with reducing alcohol consumption; help with reducing substance misuse.
S3	<p>Offer supported employment programmes to people with psychosis or schizophrenia who wish to find or return to work.</p>
S4	<p>For people who do not wish to pursue mainstream education, training or work, facilitate alternative educational or vocational activities.</p>

*History of cardiovascular disease under 60 years of age, diabetes, hypertension, or hyperlipidaemia in close (first degree) members of the service user's family.