

## NCAP EIP 2021-22 audit standards and outcome indicator - Ireland

| Standards |                                                                                                                                                                                                                                                                                                                                                                   |
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| <b>S1</b> | Service users with first episode of psychosis start treatment in early intervention in psychosis services within two weeks of referral (allocated to, and engaged with, an EIP care coordinator).                                                                                                                                                                 |
| <b>S2</b> | Service users with first episode psychosis take up Cognitive Behavioural Therapy for psychosis (CBTp).                                                                                                                                                                                                                                                            |
| <b>S3</b> | Service users with first episode psychosis and their families take up Family Interventions.                                                                                                                                                                                                                                                                       |
| <b>S4</b> | Service users with first episode psychosis who have not responded adequately to or tolerated treatment with at least two antipsychotic drugs are offered clozapine.                                                                                                                                                                                               |
| <b>S5</b> | Service users with first episode psychosis take up supported employment and education programmes.                                                                                                                                                                                                                                                                 |
| <b>S6</b> | Service users receive a physical health review annually. This includes the following measures: <ul style="list-style-type: none"> <li>• Smoking status</li> <li>• Alcohol intake</li> <li>• Substance misuse</li> <li>• BMI</li> <li>• Blood pressure</li> <li>• Glucose</li> <li>• Cholesterol</li> </ul>                                                        |
| <b>S7</b> | Service users are offered relevant interventions for their physical health for the following measures: <ul style="list-style-type: none"> <li>• Smoking cessation</li> <li>• Harmful alcohol use</li> <li>• Substance misuse</li> <li>• Weight gain/obesity</li> <li>• Hypertension</li> <li>• Diabetes/high risk of diabetes</li> <li>• Dyslipidaemia</li> </ul> |
| <b>S8</b> | Carers take up carer-focused education and support programmes.                                                                                                                                                                                                                                                                                                    |

| Outcome indicator |                                                                                                                                                      |
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| <b>I.1</b>        | Clinical outcome measurement data for service users (two or more outcome measures) is recorded at least twice (assessment and one other time point). |