

Sampling method and eligibility criteria for inclusion in the audit

Sample size

A random sample of a maximum of 100 patients per team. Where a team identifies fewer than 100 eligible patients, no random sample will be created, and all patients identified will be included in data collection for the audit.

For the EIP 2020-2021 audit we will be asking teams to include the ages, on **1 September 2020**, of all eligible patients to allow more representative sampling of under 18s with FEP.

Eligibility criteria for patients:

- Patients aged 65 years and under, who are on the caseload of the EIP team or receiving treatment for First Episode Psychosis (FEP) and open to CYPMH teams.
- If the service is part of a larger team (integrated into a CMHT, for example) please only count those on the EIP caseload.
- The patient has FEP.
- Patient has been on the team's caseload for 6 months or more at the census date (**1 April 2020**) and still on the caseload in **September 2020** when the list of patients is submitted to the NCAP team for sampling.
- Patients who are experiencing psychotic symptoms due to an organic cause, for example, brain diseases such as Huntington's and Parkinson's disease, HIV or syphilis, dementia, or brain tumours or cysts should not be included in the sample.

Please exclude patients who spend most of their time residing in a different locality due to attendance at university.

Sampling method

1. Identify all patients meeting the eligibility criteria on the census date (**1 April 2020**), and their age on **1 September 2020**.
2. Complete the Excel template provided with a list of all eligible patients and return it to the NCAP team by **14 September**. Please note that you should do this even if you don't have more than 100 eligible patients.
3. If the team has more than 100 eligible patients, the NCAP team will return your random sample by **28 September**.

4. Please note the number of patients in the Trust/Health Board who meet the eligibility criteria but have not been included in the list as they have chosen to opt-out.

For each patient on your list, you will be asked to include the following information:

- **Trust/Health Board name:** Please choose the Trust/Health Board name from the dropdown list
- **Team name:** Please choose the team name from the dropdown list. If the patient is open to a CYPMH team, please choose this option from the dropdown list.
- **NCAP ID:** Please assign each patient in this sample an NCAP ID (number consecutively from NCAP1 to NCAPn). Please do not use the patient's name, NHS number, initials or any ID that may be used to identify a patient, and do not send your list of pseudonymized IDs linked to the original patient identifiers to the NCAP team, as this may constitute a breach of patient confidentiality.
- **Age:** Please choose the option to reflect whether the patient is under 14, 14-17 or 18 or over, on **1 September 2020**.

A sampling checklist has been provided overleaf.