Reducing Restrictive Practice Programme – LifeQI discussion forum

11TH MARCH 2019

NATIONAL COLLABORATING CENTRE FOR MENTAL HEALTH
LifeQI Discussion forum

- There is a wealth of work being done across the RRP Collaborative, to support continued sharing and learning a discussion forum has been created on LifeQI.
- The discussion forum on LifeQI will provide you all an opportunity to share knowledge and ideas, ask questions of your fellow teams and to provide a social space for discussions to take place.
To take part in this forum, once you’ve logged into LifeQI, click on the ‘Discussions’ button on the left hand side.
You will then see the discussion forum
Subscribing to the discussion forum

To subscribe to the thread and be kept up to date with all posts and uploaded information, please click on the ‘Actions’ button on the top right hand side and then select ‘Subscribe’. Once you’ve ‘Subscribed’ to the thread you will be alerted (by email) when a new post has been posted.
Posting on the discussion forum

- To post on the discussion forum type your message into the blank box and click on ‘post comment’.

Your post will be displayed like the example here.
Demonstration how to use the Life QI discussion forum

Where people improve healthcare, together.

Life QI is the global web platform where tools, people and data come together to make improvement happen.

Get Started

Already got an account? Sign in
You can find more information here:

- There is more information on the discussion area of Life QI on the Help Centre here: https://help.lifeqisystem.com/discussions
- Or email us at: safetyimprovement@rcpsych.ac.uk
Sharing progress on other platforms

- Since the Reducing Restrictive Practice Programme started there has been a lot of buzz around the work being carried out by wards.

- Twitter has been one of these platforms where some of the work is already being shared.

- Teams have been tweeting using the official hashtag for the programme: #MHSIP.

- We actively encourage project teams and wards to share their experiences, stories and progress on the programme thus far!
Dr Hayley Richards @AWPExec - Feb 27

Thanks so much to Gemma Rust & Theresa Tahan for a passionate and exciting account of how Bradley Brock has reduced restrictive practice and improved care in one of the most challenging environments. It’s all about leadership! 
@AmpSafepic.twitter.com/AMPHS.Psychpractice #qualityimprovement

Amber Ward @LGH_AmbayPICU - Feb 15

Stage one of our ‘Reducing Restrictive Practice’ notice board has gone up! With the help of one of our service leaders! PDSA cycles and graphs are about to watch this space! Exciting times ahead #qualityimprovement #nationalcollaborative @Nikki1138 @ZLinelar @QI_SPT

Nikki J RN (MH) @Nikki1138 - Jan 17

Great to be part of the @LGH_AmbayPICU @HealthM8 @HinaChudasama #MHSIP #ReducingRestrictiveInterventions QI project group meeting. Talking Safety crosses, generating change ideas and I think the team even came up with their first PDSA cycle! Thank you @ZLinelar
The Programme Team are on twitter too!

Amar Shah
MHSIP National Quality Improvement Lead
@DrAmarShah

Helen Smith
MHSIP Clinical Programme Director
@HSmithSafety

Tom Ayers
MHSIP Programme Lead
@TomNCCMH

Dominique Gardner
MHSIP Project Lead
@Dominiqueg_05

Kate Lorrimer
@QI_KateL

Emily Cannon
@EmilyCanQI

Zoe Linekar
@ZLinekar

Saiqa Akhtar
@SaiqaNCCMH

#MHSIP