Change idea: Encourage Co-Production between staff and patients

### Predictions
- Patients will feel more involved in their care
- Patients may ask for unsafe or unrealistic care plans
- Staff may be sceptical or reluctant to relieve control

### Plan
- Staff and patients will create a template for the care plans.
- It will be trialled with one patient
- If successful the QI team will create a training workshop to bring it into practice.

### Do
- Our patient sponsor created the care plan template.
- The care plans produced were realistic.
- It took the burden off staff
- Patient involvement increased

### Study
- The patient felt more involved, incidents relating to disagreements in care plans reduced and less arguments occurred.
- The core team were happy to encourage the patient.
- Patients and staff worked collaboratively

### Act
- Two different wordings were needed, one for the patient one for our notes system.
- A skills workshop is needed to make it common practice
- A review is needed on how care plans are formatted, reviewed and stored.

---

This was a really successful change. Patients feel more involved and staff worked towards patients goals. Our next step is to trial this with more patients and then introduce it as standard practice.