### Change Idea:

<table>
<thead>
<tr>
<th>Predictions</th>
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<tbody>
<tr>
<td>Improvement in patient engagement in meaningful activities.</td>
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<tr>
<td>Minimise social isolation and social neglect.</td>
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<tr>
<td>Improvement in patient mood and motivation.</td>
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<tr>
<td>Reduction in violence and aggression.</td>
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<tr>
<td>Improvement in patient/staff relationships.</td>
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### Plan

- Trialled on 6x Long Term Segregation (LTS) patients and 1x patient who is non LTS but is high risk of social isolation.
- 3x patients allocated for the morning shift & 4x patients allocated for the afternoon shift.
- Staffing allocations based on good rapport.
- Patients to be offered 30 minutes of open door engagement a day. Activities of the patients choice to be offered.
- To be documented on RIO by staff member completing the activity.

### Do

- Allocated each shift by nurse in charge
- Staff completed thorough risk assessment prior to offering session to ensure safety.
- Staff offered patients activity of their choice. Patients were the allocated 30 minutes to engage in the activity with staff member.

### Study

#### POSITIVES
- Staff were able to positively interact and engage with high risk patients.
- Offering more meaningful activities.
- Staff increase in confidence when working with high risk patients (this was not a predicted outcome, but has made a positive impact on quality patient care)

#### NEGATIVES
- No formal method of measurement to determine effectiveness and impact on reducing restrictive practice.

### Act

- To be rolled out for all patients on the ward. The team feel that this will positively impact on a decrease in the incidents of violence and aggression if patients are engaged in meaningful activities throughout the day.
- To find a formal method of measurement of effectiveness, rather than relying on only staff observations.

### All teach, all learn

- Improvement in reducing social isolation and social neglect.
- Positive and meaningful interactions and engagement with high risk patients.
- Better engagement could lead to the reduction of violence and aggression therefore reduce restrictive practices.