REDUCING RESTRICTIVE INTERVENTIONS

Colne Ward – Central & North West London NHS Foundation Trust
Colne Ward is a male psychiatric intensive care unit (PICU) at the Riverside Centre, West London. It consists of 8 beds, two of which are commissioned for the IRC (Immigration Removal Centre).

Our aim is to manage and reduce the risks associated with acute episodes of mental illness. Colne Ward specialise in the assessment and comprehensive treatment of people with a broad spectrum of acute and enduring mental health needs.

We provide care and treatment to inpatients who are experiencing the most acute phase of a mental illness.
OUR TEAM

- 1 WTE Staff Grade Doctor
- Part Time Consultant Psychiatrist
- 1 WTE Ward Manager
- 3 WTE Clinical Team Leaders
- 8 WTE RMNs
- 7 WTE HCAs
- 1 WTE Activity Coordinator
- Part Time Occupational Therapist
- 1 WTE Ward Administrator
- Sessional Psychology Input
JOINING QI

- Initial application to join the QI collaborative denied.
- QI Launch in November 2018
- Accepted in December 2018-rush to get up to speed with the project due to late start.
- Weekly QI meetings
- Initial meeting with QI coach
The Graph above shows the data collected from the safety cross for the period June 2018 – August 2019.

The ward notice a drastic decreased in violence and aggression which often led to restraints and Rapid Tranquilisation when we employed an activity coordinator. This staff often works out-of-hours.
OTHER PDSA CYCLES:

- Outdoor gym equipment
- Sensory-based approaches
- Psychology intervention groups
- Safety cross implementation
- Monthly MDT community meetings
- Newspaper group
- Monthly reward system
ANY QUESTIONS?