Sexual Safety QI on Millbrook Ward
Part of the National Sexual Safety Collaborative

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Co-Project Leads

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Rationale

This project intends to improve patient safety, patient satisfaction and patient experience

- produce a set of standards around sexual safety during the mental health and learning disability inpatient pathways (including a strategy to measure and support quality improvement)
- run a national quality improvement (QI) collaborative to support inpatient mental health teams in every mental health trust in England to use QI to improve sexual safety on their wards
- produce a library of resources, building on best practice to support the work of mental health trusts to improve sexual safety

Initial Barriers

It will require commitment from the team to implement changes. Not everyone may want to be part of the project.
Millbrook Ward – who are we?

• An acute inpatient mental health ward for patients within the ages of 18-65 years.
• 20 bedded mixed gender ward.
• We care for individuals with a range of illnesses from bipolar affective disorder, psychosis, generalised anxiety disorders and personality disorders.
• These are patients experiencing crisis who may not understand appropriate behaviours.
• We often care for those who have experienced sexual trauma.
Within our core project group, our topic experts are:
Nurses, doctors, admin staff, healthcare assistants, the ward psychologist, an occupational therapy assistant.

QI lead,
Data lead,
Patient Experience,
Project lead &
Project Sponsor

Team Millbrook
Measurements

- Datix
- Sexual Safety Feedback cards
- Qualitative feedback
- Safety Crosses
Change Ideas Tested so Far

• Safety cross
• Sexual safety notice board
• Adding project updates to team newsletter
• Fixed item agenda in monthly team meeting
• Fortnightly meetings
• Making posters with patients
• Self-pamper group

Productive team day in @OxleasNHS for the @bexleycare staff at the Woodlands, Children Safeguarding, Hypertension, Self-Compassion, Sexual Safety... agenda goes on! And what fantastic team building exercises
High admission rate, bank staff, student nurses...
How to inform everyone at-a-glance what we are doing?

P – What information is needed?
Where should the board we situated?

D – Populate the board.

S – Expected increase in reporting. Information was ripped off walls.

A – How to secure the information against vandalism
Self-pamper group

Pamper group was not able to continue due to covid restrictions. This was previously a safe space patients used to disclose feeling unsafe.

P – How to comply with restrictions?
D – Self pamper with social distancing.
S – Feedback from staff and patients.
A – Weekly self-pamper groups.

We needed a quick win!
Plans for future ideas

• Sexual safety communication cards
• Information pack laminated and accessible for patients in communal areas
• Admission packs to include boundaries and expectations
• Broset Score
• Trauma informed care training for all staff
What we learnt so far...

Teamwork makes the dream work!
Any questions?

Improving lives