Safety Planning projects

Suicide Safer Primary Care
- Local context
- Our team
- Why do people die by suicide?
- How do we explore risk?
- How do we reduce risk?
- Safety planning

Suicide Safer Community
- Mental Health Safety Plans
- 12 sessions in 25 practices
- 200+ primary care & community staff trained

Why did we take action?

Increase GP's knowledge of suicide risk
- Improve safety planning & signposting to support

Increase safety planning in community
- Support people who do not engage with services

What did we do?

Suicide & postvention training
- GP delivered 90 minute session
- Website; safety plan resources

What has the impact been?

Feb-May 2020
- 1000+ website views; 1500+ safety plan downloads
- 150+ people trained

2018-March 2020
- 12 sessions in 25 practices
- 200+ primary care & community staff trained

Cornwall and Isle of Scilly STP