Primary care training

Why did we take action?

Empower staff to respond to patients at risk of suicide

- Increase knowledge around suicide prevention

Improve support and safety planning

- Increase confidence to support someone feeling suicidal

What did we do?

Suicide awareness and response training

- Webinar training

- Connecting with People model

Delivered by 4 Mental Health

What has the impact been?

- 30 primary care staff trained in Suffolk

- 100% reported understanding value of compassion

- 100% increased knowledge of support

- 100% reported confidence to ask about suicide

Suffolk and North East Essex STP