Dear Colleagues

The RCPsych International Congress last month was a great success!

The chairs and officers of the international divisions had the chance to meet during this Congress and exchange news and ideas. All the divisions have many activities planned for the coming year. We would really like to highlight the work of the African Division who are supporting the University of Cardiff in their application to the UK Government’s Global Challenges Research Fund for research aimed at improving the monitoring and treatment of people with psychosis in (low and medium income; LAMI) countries. We also want to highlight the extraordinary work of the South Asian Division in using telepsychiatry to assist patients in remote regions of Pakistan. The South Asian Division has also translated the RCPsych booklets on Anxiety and Stress, Chronic Stress and Depression, Dementia, Post-traumatic Stress Disorder and Schizophrenia into Pushto in order to educate and support the local populations.

It was also noted at the meeting that The Medical Training Initiative (MTI) has been both popular and successful in attracting international psychiatric trainees who wish to come to the UK and train in the NHS for up to two years before returning to their home country. Professor Al-Uzri, Specialist Advisor for MTI, explained that international psychiatric trainees were being offered CT3 posts. The scheme has reached its full capacity for 2017. Trainees interested in taking part in 2018 will be able to apply in October this year. Priority will be given to applicants from LAMI countries.

Our division has been very active as you know and we are looking forward as always to your ideas and suggestions as to how to enhance members’ experience.

Sophia Frangou
Kenneth Kaufman
This and That

★Job Board★

The Job Board can be accessed at http://jobs.rcpsych.ac.uk/home/index.cfm?site_id=16082. The site accepts job postings from employers and allows job seekers to search for jobs and create personalized alerts based on their interests. Please note that the postings are international (not just UK) and include clinical and academic posts at all levels of seniority.

★RCPsych PanAm Book club★ The book club features books (recommended by our members). The topic has to be relevant to psychiatry and neuroscience from either a scientific, literary or societal perspective. Self-nominations by authors who are college members are welcome. Please provide a brief comment for each recommendation but this is optional. Any ideas? Please send them in at panamericandivision@rcpsych.ac.uk! NB: Inclusion of a book in the PanAm Book Club does not imply endorsement or promotion by the RCPsych.

Book of the Month

Brainwashed: The Seductive Appeal of Mindless Neuroscience
By Sally Satel, Scott O. Lilienfeld (Basic Books, 2015)

Previously featured
The Ministry of Utmost Happiness
By Arundhati Roy (Knopf, 2017)
For all of you who love India and "The God of Small Things"

The Mask of Sanity
By Jacob Appel (Permanent Press, 2017)

Introduction to Syndemics: A Critical Systems Approach to Public and Community Health
By Merrill Singer (Jossey-Bass, 2009)

Head in the Cloud: Why Knowing Things Still Matters When Facts Are So Easy to Look Up
By William Poundstone (Little, Brown and Company, 2016)

Walking the Medicine Wheel: Healing Trauma & PTSD
By David Kopacz and Joseph Rael (Beautiful Painted Arrow)
Millichap Books/Pointer Oak, 2016

Re-humanizing Medicine: A Holistic Framework for Transforming Your Self, Your Practice, and the Culture of Medicine

The Emotional Life of Your Brain
By Richard J. Davidson, Sharon Begley
Avery; Reprint edition (December 24, 2012)

Journeys into the Bright World
by Marcia Moore and Howard Alltounian (Para Research, 1978)

The Doors of Perception
By Aldous Huxley (Harper Perennial Modern Classics 2009)

The Age of Wonder: The Romantic Generation and the Discovery of the Beauty and Terror of Science,
by Richard Holmes (HarperCollins, 2008)
Marijuana: The Unbiased Truth about the World’s Most Popular Weed
By Kevin Phil (Hazelden 2015)

Algorithms to Live By: The Computer Science of Human Decisions
By Brian Christian and Tom Griffiths (Henry Holt and Co 2016)

Why You Love Music: From Mozart to Metallica--The Emotional Power of Beautiful Sounds
By John Powell (Little, Brown and Company 2016)

Introductory Textbook of Psychiatry, Sixth Edition
By Donald W. Black and Nancy C. Andreasen (APA 2014)
(Comment by Sophia Frangou: A good textbook for residents and students updated to reflect changes in the DSM5)

Sacred Pathways: The Brain’s role in Religious and Mystic Experiences
By Todd Murphy; Foreword by His Holiness The Dalai Lama and A. Persinger; 2015

NeuroTribes: The Legacy of Autism and the Future of Neurodiversity
By Steve Silberman (Penguin 2015); Winner of the 2015 Samuel Johnson Prize for non-fiction

The Digital Doctor: Hope, Hype, and Harm at the Dawn of Medicine’s Computer Age

The Well-Tuned Brain: Neuroscience and the Life Well Lived
By Peter Whybrow (WW Norton & Company 2015)

The Heart and the Bottle
By Oliver Jeffers (HarperCollins Publishers 2015)
(Comment by Sophia Frangou: An unbelievably tender book that helps children understand death and loss; it is also available as an animated film read by Helena Bonham Carter: https://itunes.apple.com/gb/app/heart-bottle-for-ipad/id407795360?mt=8)

Gratitude
By Oliver Sachs (Knopf 2015)

A Passion for Science: Stories of Discovery and Invention
By Suw Charman-Anderson (Editor) (Kindle ebook 2015)

Furiously Happy: A Funny Book About Horrible Things
By Jenny Lawson (Flatiron Books 2015)

Brain Renaissance: From Vesalius to Modern Neuroscience
By Marco Catani and Stefano Sandrone (Oxford University Press, 2015)

Shrinks: The Untold Story of Psychiatry
By Jeffrey A. Lieberman and Ogi Ogas (Little, Brown and Company, 2015)

The Future of the Brain: Essays by the World’s Leading Neuroscientists
By Gary Marcus and Jeremy Freeman (Princeton University Press, 2014)

Drugs, Without the Hot Air
By David Nutt (UIT Cambridge, 2012)
Meeting Announcements

2017

World Federation of Societies of Biological Psychiatry, 13th World Congress of Biological Psychiatry, 18-22 June, Copenhagen, Denmark. Visit the congress website for details: http://www.wfsbp-congress.org/welcome2017.html

International Congress of the Royal College of Psychiatrists, June 26-29, Edinburgh International Conference Centre, UK. Visit the congress website for details: http://www.rcpsych.ac.uk/congress

European College of Neuropsychopharmacology, 30th Congress, September 2-5, Paris, France, Visit the congress website for details: http://www.ecnp-congress.eu/

Canadian Psychiatric Association, 67th Annual Conference, 14 – 16 September, Shaw Centre, Ottawa, Canada. Visit the congress website for details: http://www.cpa-apc.org


American Academy of Child and Adolescent Psychiatry, 64th Annual Meeting, October 23-28, Marriott Wardman Park and Omni Shoreham Hotels, Washington, DC

2018

European Psychiatric Association, 26th Congress, 3-6 March, Nice, France. Visit the congress website for details: http://www.epa-congress.org/

American Psychiatric Association, 171st Annual Meeting, May 5-9, New York, NY, USA

Society of Biological Psychiatry, 73rd Annual Scientific Meeting and Convention, May 10-12, Hilton New York, New York, NY, USA

Please feel free to submit information on meetings or teaching events you may be organising nationally or locally and which may be of interest to the Pan American Division members to panamericandivision@rcpsych.ac.uk