Dear Colleagues

This month is dominated by our divisional activities during the 170th Annual Meeting of the American Psychiatric Association (APA) taking place in San Diego, between May 20th and May 24th.

We hope that you will be able to attend the networking reception for the Division which is scheduled from 5.30pm to 7.00pm, on Saturday 20th May 2017, at the Aqua Terrace, San Diego Bay Front Hotel, 1 Park Boulevard, San Diego CA92101. It will be attended by the outgoing president, Prof. Sir Simon Wessely and Dr. Wendy Burns, our president-elect. The RCPsych registrar, Dr Adrian James, the dean, Dr Kate Lovett and the treasurer, Dr Jan Falkowski, will also be in attendance. The reception will also give us the opportunity to thank our outgoing chair, Dr Natarajan, for this dedication and service to the division as he will be stepping down in June. As seen in his picture, he has already started relaxing in casual wear and cool sunglasses!

The division is also represented within the scientific program of the APA. Our symposium (Session ID: 3135) is entitled “Defining Neurobiological Correlates of Risk and Resilience to Mood and Psychotic Disorders” and is taking place on Tuesday may 23rd, at 2:00 PM–5:00 PM, in Room 28A, Upper Level, San Diego Convention Center. The symposium features presentations by Dr. Sophia Frangou, Icahn School of Medicine at Mount Sinai, Dr Mary Phillips, University of Pittsburgh and Dr. Phillip Mitchell, University of New South Wales.

We are looking forward to seeing you at the APA and we would welcome pictures and details of other activities undertaken by our members that we can feature on twitter and on the division’s website.

As always, we look forward to your thoughts and comments at panamericandivision@rcpsych.ac.uk

Dhanapal Natarajan Sophia Frangou Kenneth Kaufman
This and That

✦ Job Board ✦

The Job Board can be accessed at http://jobs.rcpsych.ac.uk/home/index.cfm?site_id=16082. The site accepts job postings from employers and allows job seekers to search for jobs and create personalized alerts based on their interests. Please note that the postings are international (not just UK) and include clinical and academic posts at all levels of seniority.

✦ RCPsych PanAm Book club ✦ The book club features books (recommended by our members). The topic has to be relevant to psychiatry and neuroscience from either a scientific, literary or societal perspective. Self-nominations by authors who are college members are welcome. Please provide a brief comment for each recommendation but this is optional. Any ideas? Please send them in at panamericandivision@rcpsych.ac.uk! NB: Inclusion of a book in the PanAm Book Club does not imply endorsement or promotion by the RCPsych.

Book of the Month

The Mask of Sanity
By Jacob Appel (Permanent Press, 2017)
Recommended by Sophia Frangou: A gripping psychological portrayal of psychopathy authored by a leading psychiatrist (http://www.jacobmappel.com/)

Previously featured
Introduction to Syndemics: A Critical Systems Approach to Public and Community Health
By Merrill Singer (Jossey-Bass, 2009)

Head in the Cloud: Why Knowing Things Still Matters When Facts Are So Easy to Look Up
By William Poundstone (Little, Brown and Company, 2016)

Walking the Medicine Wheel: Healing Trauma & PTSD
By David Kopacz and Joseph Rael (Beautiful Painted Arrow)
Millichap Books/Pointer Oak, 2016

Re-humanizing Medicine: A Holistic Framework for Transforming Your Self, Your Practice, and the Culture of Medicine

The Emotional Life of Your Brain
By Richard J. Davidson, Sharon Begley
Avery; Reprint edition (December 24, 2012)

Journeys into the Bright World
by Marcia Moore and Howard Alltounian (Para Research, 1978)

The Doors of Perception
By Aldous Huxley (Harper Perennial Modern Classics 2009)

The Age of Wonder: The Romantic Generation and the Discovery of the Beauty and Terror of Science,
by Richard Holmes (HarperCollins, 2008)

Marijuana: The Unbiased Truth about the World’s Most Popular Weed
By Kevin Phill (Hazelden 2015)

Algorithms to Live By: The Computer Science of Human Decisions
**By Brian Christian and Tom Griffiths (Henry Holt and Co 2016)**

**Why You Love Music: From Mozart to Metallica--The Emotional Power of Beautiful Sounds**  
By John Powell (Little, Brown and Company 2016)

**Introductory Textbook of Psychiatry, Sixth Edition**  
By Donald W. Black and Nancy C. Andreasen (APA 2014)  
(Comment by Sophia Frangou: A good textbook for residents and students updated to reflect changes in the DSM5)

**Sacred Pathways: The Brain’s role in Religious and Mystic Experiences**  
By Todd Murphy; Foreword by His Holiness The Dalai Lama and A. Persinger; 2015

**NeuroTribes: The Legacy of Autism and the Future of Neurodiversity**  
By Steve Silberman (Penguin 2015); Winner of the 2015 Samuel Johnson Prize for non-fiction

**The Digital Doctor: Hope, Hype, and Harm at the Dawn of Medicine’s Computer Age**  

**The Well-Tuned Brain: Neuroscience and the Life Well Lived**  
By Peter Whybrow (WW Norton & Company 2015)

**The Heart and the Bottle**  
By Oliver Jeffers (HarperCollins Publishers 2015)  
(Comment by Sophia Frangou: An unbelievably tender book that helps children understand death and loss; it is also available as an animated film read by Helena Bonham-Carter: https://itunes.apple.com/gb/app/heart-bottle-for-ipad/id407795360?mt=8)

**Gratitude**  
By Oliver Sachs (Knopf 2015)

**A Passion for Science: Stories of Discovery and Invention**  
By Suw Charman-Anderson (Editor) (Kindle ebook 2015)

**Furiously Happy: A Funny Book About Horrible Things**  
By Jenny Lawson (Flatiron Books 2015)

**Brain Renaissance: From Vesalius to Modern Neuroscience**  
By Marco Catani and Stefano Sandrone (Oxford University Press, 2015)

**Shrinks: The Untold Story of Psychiatry**  
By Jeffrey A. Lieberman and Ogi Ogas (Little, Brown and Company, 2015)

**The Future of the Brain: Essays by the World's Leading Neuroscientists**  
By Gary Marcus and Jeremy Freeman (Princeton University Press, 2014)

**Drugs, Without the Hot Air**  
By David Nutt (UIT Cambridge, 2012)
Meeting Announcements

2017

Society of Biological Psychiatry, 72nd Annual Scientific Meeting and Convention, May 18-20, Hilton San Diego, San Diego, CA, USA

American Psychiatric Association, 170th Annual Meeting May 20-24, San Diego, CA, USA

World Federation of Societies of Biological Psychiatry, 13th World Congress of Biological Psychiatry, 18-22 June, Copenhagen, Denmark. Visit the congress website for details: http://www.wfsbp-congress.org/welcome2017.html

International Congress of the Royal College of Psychiatrists, June 26-29, Edinburgh International Conference Centre, UK. Visit the congress website for details: http://www.rcpsych.ac.uk/congress

European College of Neuropsychopharmacology, 30th Congress, September 2-5, Paris, France, Visit the congress website for details: http://www.ecnp-congress.eu/

Canadian Psychiatric Association, 67th Annual Conference, 14 – 16 September, Shaw Centre, Ottawa, Canada. Visit the congress website for details: http://www.cpa-apc.org


American Academy of Child and Adolescent Psychiatry, 64th Annual Meeting, October 23-28, Marriott Wardman Park and Omni Shoreham Hotels, Washington, DC

2018

European Psychiatric Association, 26th Congress, 3-6 March, Nice, France. Visit the congress website for details: http://www.epa-congress.org/

Please feel free to submit information on meetings or teaching events you may be organising nationally or locally and which may be of interest to the Pan American Division members to panamericandivision@rcpsych.ac.uk