Dear Colleagues

One of the key objectives of my term as chair of the division is to enhance the membership experience. Working together with the International Office of the College we have prepared a very brief on-line survey to find what it is you value and about the division and elicit suggestions about additional activities and resources. You will all receive a link to the survey and 5 respondents will be randomly selected to receive $20 amazon vouchers as a token of appreciation for your time and contribution.

In the USA, the opioid epidemic has been dominating both medical and lay news. The Journal of the American Medical Association features a thoughtful viewpoint article by Kolodny and Frieden with 10 suggestions for preventing opioid addiction among people not currently addicted and for the care of addicted individuals. The Commission on Combating Drug Addiction and the Opioid Crisis, chaired by New Jersey Gov. Chris Christie, was also published last week and makes 56 recommendations aiming to increase federal funding for addiction prevention programs, improve coordination between all federal programs and agencies that target the opioid crisis, expand the nationwide prescription drug monitoring program to include a data-sharing hub with the Department of Justice, expand federal drug courts and devise new law enforcement strategies to reduce opioid supply and increase the development of alternative pain management treatments to replace opioids. In addition the plan envisages expanded access to telemedicine services to better serve remote locations, accelerated hiring for medical professionals working on opioids and the use of funds in programs for dislocated workers and people with HIV/AIDS to treat their addictions. Further, the commission called on the president to declare a national emergency under either the Public Health Service Act or the Stafford Act as this would release funds for treatment, access to the anti-overdose drug naloxone and for improve monitoring of opioid prescriptions.

We hope you find this information relevant to your work and as always, we are looking forward to your comments and ideas.

Sophia Frangou
Kenneth Kaufman
This and That

🔹Job Board🔹

The Job Board can be accessed at [http://jobs.rcpsych.ac.uk/home/index.cfm?site_id=16082](http://jobs.rcpsych.ac.uk/home/index.cfm?site_id=16082). The site accepts job postings from employers and allows job seekers to search for jobs and create personalized alerts based on their interests. Please note that the postings are international (not just UK) and include clinical and academic posts at all levels of seniority.

🔹 RCPsych PanAm Book club🔹 The book club features books (recommended by our members). The topic has to be relevant to psychiatry and neuroscience from either a scientific, literary or societal perspective. Self-nominations by authors who are college members are welcome. Please provide a brief comment for each recommendation but this is optional. Any ideas? Please send them in at panamericandivision@rcpsych.ac.uk! NB: Inclusion of a book in the PanAm Book Club does not imply endorsement or promotion by the RCPsych.

Book of the Month
The Unity-Based Family: An Empirical Study of Healthy Marriage, Family, and Parenting

Previously featured
Brain Apps: Hacking Neuroscience To Get There
RG Best and JM Best (Booklocker.com, 2017)

The Grey Zone: A Neuroscientist Explores Border Between Life And Death
By Adrian Owen (Scribner, 2017)

When Breath Becomes Air
By Paul Kalanithi (Random House, 2016)

Brainwashed: The Seductive Appeal of Mindless Neuroscience
By Sally Satel, Scott O. Lilienfeld (Basic Books, 2015)

The Ministry of Utmost Happiness
By Arundhati Roy (Knopf, 2017)
For all of you who love India and “The God of Small Things”

The Mask of Sanity
By Jacob Appel (Permanent Press, 2017)

Introduction to Syndemics: A Critical Systems Approach to Public and Community Health
By Merrill Singer (Jossey-Bass, 2009)

Head in the Cloud: Why Knowing Things Still Matters When Facts Are So Easy to Look Up
By William Poundstone (Little, Brown and Company, 2016)

Walking the Medicine Wheel: Healing Trauma & PTSD
By David Kopacz and Joseph Rael (Beautiful Painted Arrow)
Millichap Books/Pointer Oak, 2016

Re-humanizing Medicine: A Holistic Framework for Transforming Your Self, Your Practice, and the Culture of Medicine

The Emotional Life of Your Brain
Journeys into the Bright World
by Marcia Moore and Howard Alltounian (Para Research, 1978)

The Doors of Perception
By Aldous Huxley (Harper Perennial Modern Classics 2009)

The Age of Wonder: The Romantic Generation and the Discovery of the Beauty and Terror of Science,
by Richard Holmes (HarperCollins, 2008)

Marijuana: The Unbiased Truth about the World’s Most Popular Weed
By Kevin Phill (Hazelden 2015)

Algorithms to Live By: The Computer Science of Human Decisions
By Brian Christian and Tom Griffiths (Henry Holt and Co 2016)

Why You Love Music: From Mozart to Metallica--The Emotional Power of Beautiful Sounds
By John Powell (Little, Brown and Company 2016)

Introductory Textbook of Psychiatry, Sixth Edition
By Donald W. Black and Nancy C. Andreasen (APA 2014)
(Comment by Sophia Frangou: A good textbook for residents and students updated to reflect changes in the DSM5)

Sacred Pathways: The Brain's role in Religious and Mystic Experiences
By Todd Murphy; Foreword by His Holiness The Dalai Lama and A. Persinger; 2015

NeuroTribes: The Legacy of Autism and the Future of Neurodiversity
By Steve Silberman (Penguin 2015); Winner of the 2015 Samuel Johnson Prize for non-fiction

The Digital Doctor: Hope, Hype, and Harm at the Dawn of Medicine's Computer Age

The Well-Tuned Brain: Neuroscience and the Life Well Lived
By Peter Whybrow (WW Norton & Company 2015)

The Heart and the Bottle
By Oliver Jeffers (HarperCollins Publishers 2015)
(Comment by Sophia Frangou: An unbelievably tender book that helps children understand death and loss; it is also available as an animated film read by Helena Bonham-Carter: https://itunes.apple.com/gb/app/heart-bottle-for-ipad/id407795360?mt=8)

Gratitude
By Oliver Sachs (Knopf 2015)

A Passion for Science: Stories of Discovery and Invention
By Suw Charman-Anderson (Editor) (Kindle ebook 2015)

Furiously Happy: A Funny Book About Horrible Things
By Jenny Lawson (Flatiron Books 2015)

Brain Renaissance: From Vesalius to Modern Neuroscience
By Marco Catani and Stefano Sandrone (Oxford University Press, 2015)

Shrinks: The Untold Story of Psychiatry
By Jeffrey A. Lieberman and Ogi Ogas (Little, Brown and Company, 2015)

The Future of the Brain: Essays by the World’s Leading Neuroscientists
By Gary Marcus and Jeremy Freeman (Princeton University Press, 2014)
Drugs, Without the Hot Air
By David Nutt (UIT Cambridge, 2012)
Meeting Announcements

2017


2018

WPA Thematic Congress ‘Innovation in Psychiatry: Effective Interventions for Health and Society’, 25-28 February, Melbourne, Australia Visit the congress website for details:

European Psychiatric Association, 26th Congress, 3-6 March, Nice, France. Visit the congress website for details: http://www.epa-congress.org/

Schizophrenia International Research Society (SIRS) Conference, 4-8 April, Florence, Italy. Visit the congress website for details: http://www.schizophreniaconference.org/

XXXIII Argentine Congress of Psychiatry, 18-21 April, City of Mar del Plata, Argentina Visit the congress website for details: www.apsa.org.ar

American Psychiatric Association, 171st Annual Meeting, May 5-9, New York, NY, USA

Society of Biological Psychiatry, 73rd Annual Scientific Meeting and Convention, May 10-12, Hilton New York, New York, NY, USA. Visit the congress website for details: https://sobp.societyconference.com/conf_website/c29ic5zb2NpZXR5Y29uZmVyZ/

International Congress of the Royal College of Psychiatrists, June 24-27, Birmingham, ICC Birmingham, UK. Visit the congress website for details: http://www.rcpsych.ac.uk/congress


European College of Neuropsychopharmacology, 31st Congress, October 6-9, Barcelona, Spain, Visit the congress website for details: http://www.ecnp-congress.eu/

XXVI World Congress Of Psychiatric Genetics, Oct 11- 15, Glasgow, Scotland, Visit the congress website for details http://www.wcpg2018.org/


Please feel free to submit information on meetings or teaching events you may be organising nationally or