Dear Colleagues

It was lovely to see many of you at our networking reception on “Pathways to Excellence” at the Marriott Marquis on May 6th. The reception was attended by Prof. Wendy Burn, our President; Dr. Adrian James, Registrar; Dr. Kate Lovett, Dean; Mr. Paul Rees, Chief Executive; Prof. Mohammed Al-Uzri, Specialist Advisor for the Medical Trainees Initiative; Dr. Gareth Cuttle, Project Manager for the Gatsby/Wellcome Neuroscience Project; Elen Cook, International Affairs Manager.

Other notable guests included Prof. Kym Jenkins, President of the Royal Australian and New Zealand College of Psychiatrists; Prof. Jeffrey Lieberman, Chair of the Department of Psychiatry at Columbia University in New York; Prof. Norman Sartorius, President of the Association for the Improvement of Mental Health Programmes; Prof. Gin Mahli, Professor of Psychiatry, University of Sydney; Dr. Sophie Dix, Director of Research at Research at MQ; Professor Bernard Van Rensburg, President of the South African Society of Psychiatrists and Dr Tanja Svirskis, Officer of the Psychiatry Section of the European Union of Medical Specialists.

Prof. Burn talked about the Gatsby/Wellcome Neuroscience Project both at our reception and at a special lecture during the annual meeting of the American Psychiatric Association. Both were enthusiastically received. The team has produced an amazing video that gives an overview of the Neuroscience Project and how it has been received by Faculty and Trainees in the UK. The video is available at https://www.youtube.com/watch?v=VFZHGrB_Qos

Dr. James’ presentation on “Walking the walk- influencing mental health policy” was a tour-de-force on the wonderful work the College is doing to influence policy in the UK and beyond.

Scrolling further down in this newsletter you will find information about the Medical Training Initiative that allows international medical graduates the opportunity to experience training in the UK for up to two years. This year the Initiative welcomed its first graduate from the USA. It would be great if you made this initiative more widely known within your institutions in the spirit of promoting UK-USA links.

We are all looking forward to the IC2018 in Birmingham, June 24-27

See you there!

Sophia Frangou    Kenneth Kaufman    Allan Tasman
This and That

❉Job Board❉

The Job Board can be accessed at [http://jobs.rcpsych.ac.uk/home/index.cfm?site_id=16082](http://jobs.rcpsych.ac.uk/home/index.cfm?site_id=16082) The site accepts job postings from employers and allows job seekers to search for jobs and create personalized alerts based on their interests. Please note that the postings are international (not just UK) and include clinical and academic posts at all levels of seniority.

❉ Medical Training Initiative ❉

The Medical Training Initiative (MTI) is designed to enable a small number of International Medical and Dental Graduates to enter the UK to experience training in the NHS for up to two years before returning to their home country. For more details including how to apply please visit the College’s website at [https://www.rcpsych.ac.uk/workinpsychiatry/internationalaffairsunit/medicaltraininginitiative.aspx](https://www.rcpsych.ac.uk/workinpsychiatry/internationalaffairsunit/medicaltraininginitiative.aspx)

❉ RCPsych PanAm Book club ❉

The book club features books (recommended by our members). The topic has to be relevant to psychiatry and neuroscience from either a scientific, literary or societal perspective. Self-nominations by authors who are college members are welcome. Please provide a brief comment for each recommendation but this is optional. Any ideas? Please send them in at [panamericandivision@rcpsych.ac.uk](mailto:panamericandivision@rcpsych.ac.uk)! NB: Inclusion of a book in the PanAm Book Club does not imply endorsement or promotion by the RCPsych.

**Book of the Month**

Neuroexistentialism

*By Gregg Caruso and Owen Flanagan (Oxford University Press, 2018)*

Previously featured

Soul Made Flesh: The Discovery of the Brain--and How it Changed the World

*By Carl Zimmer (Atria Books; Reprint edition, 2005)*

Dreamland: The True Tale of America's Opiate Epidemic

*By Sam Quinones (Bloomsbury Press; Reprint edition 2016)*

Behave: The Biology of Humans at Our Best and Worst

*By Robert M. Sapolsky (Penguin Press, 2017)*

Against empathy: A case for rational compassion

*By Paul Bloom (HarperCollins, 2016)*

The Unity-Based Family: An Empirical Study of Healthy Marriage, Family, and Parenting

*By HB Danesh and Azin Nasseri (Cambridge Scholars Publishing, 2017)*

Brain Apps: Hacking Neuroscience To Get There

*RG Best and JM Best (Booklocker.com, 2017)*

The Grey Zone: A Neuroscientist Explores Border Between Life And Death

*By Adrian Owen (Scribner, 2017)*

When Breath Becomes Air

*By Paul Kalanithi (Random House, 2016)*
Brainwashed: The Seductive Appeal of Mindless Neuroscience  
By Sally Satel, Scott O. Lilienfeld (Basic Books, 2015)

The Ministry of Utmost Happiness  
By Arundhati Roy (Knopf, 2017)
For all of you who love India and “The God of Small Things”

The Mask of Sanity  
By Jacob Appel (Permanent Press, 2017)

Introduction to Syndemics: A Critical Systems Approach to Public and Community Health  
By Merrill Singer (Jossey-Bass, 2009)

Head in the Cloud: Why Knowing Things Still Matters When Facts Are So Easy to Look Up  
By William Poundstone (Little, Brown and Company, 2016)
Walking the Medicine Wheel: Healing Trauma & PTSD  
By David Kopacz and Joseph Rael (Beautiful Painted Arrow)  
Millichap Books/Pointer Oak, 2016

Re-humanizing Medicine: A Holistic Framework for Transforming Your Self, Your Practice, and the Culture of Medicine  

The Emotional Life of Your Brain  
By Richard J. Davidson, Sharon Begley  
Avery; Reprint edition (December 24, 2012)

Journeys into the Bright World  
by Marcia Moore and Howard Alltounian (Para Research, 1978)  

The Doors of Perception  
By Aldous Huxley (Harper Perennial Modern Classics 2009)

The Age of Wonder: The Romantic Generation and the Discovery of the Beauty and Terror of Science  
by Richard Holmes (HarperCollins, 2008)

Marijuana: The Unbiased Truth about the World’s Most Popular Weed  
By Kevin Phill (Hazelden 2015)

Algorithms to Live By: The Computer Science of Human Decisions  
By Brian Christian and Tom Griffiths (Henry Holt and Co 2016)

Why You Love Music: From Mozart to Metallica--The Emotional Power of Beautiful Sounds  
By John Powell (Little, Brown and Company 2016)

Introductory Textbook of Psychiatry, Sixth Edition  
By Donald W. Black and Nancy C. Andreasen (APA 2014)  
(Comment by Sophia Frangou: A good textbook for residents and students updated to reflect changes in the DSM5)
Sacred Pathways: The Brain's role in Religious and Mystic Experiences  
By Todd Murphy; Foreword by His Holiness The Dalai Lama and A. Persinger; 2015

NeuroTribes: The Legacy of Autism and the Future of Neurodiversity  
By Steve Silberman (Penguin 2015); Winner of the 2015 Samuel Johnson Prize for non-fiction

The Digital Doctor: Hope, Hype, and Harm at the Dawn of Medicine's Computer Age  

The Well-Tuned Brain: Neuroscience and the Life Well Lived  
By Peter Whybrow (WW Norton & Company 2015)

The Heart and the Bottle  
By Oliver Jeffers (HarperCollins Publishers 2015)  
(Comment by Sophia Frangou: An unbelievably tender book that helps children understand death and loss; it is also available as an animated film read by Helena Bonham-Carter: https://itunes.apple.com/gb/app/heart-bottle-for-ipad/id407795360?mt=8)

Gratitude  
By Oliver Sachs (Knopf 2015)

A Passion for Science: Stories of Discovery and Invention  
By Suw Charman-Anderson (Editor) (Kindle ebook 2015)

Furiously Happy: A Funny Book About Horrible Things  
By Jenny Lawson (Flatiron Books 2015)

Brain Renaissance: From Vesalius to Modern Neuroscience  
By Marco Catani and Stefano Sandrone (Oxford University Press, 2015)

Shrinks: The Untold Story of Psychiatry  
By Jeffrey A. Lieberman and Ogi Ogas (Little, Brown and Company, 2015)

The Future of the Brain: Essays by the World's Leading Neuroscientists  
By Gary Marcus and Jeremy Freeman (Princeton University Press, 2014)

Drugs, Without the Hot Air  
By David Nutt (UIT Cambridge, 2012)
Meeting Announcements

2018

International Congress of the Royal College of Psychiatrists, June 24-27, Birmingham, ICC Birmingham, UK. Visit the congress website for details: http://www.rcpsych.ac.uk/congress


RCPsych Annual Medical Education Conference 2018, Sep 27 - 28, London, UK

European College of Neuropsychopharmacology, 31st Congress, October 6-9, Barcelona, Spain, Visit the congress website for details: http://www.ecnp-congress.eu/

XXVI World Congress Of Psychiatric Genetics, Oct 11- 15, Glasgow, Scotland, Visit the congress website for details http://www.wcpg2018.org/